The MGH Hot Line

Boston, Massachusetts
News Office, Bulfinch 1 (2206)
January 6, 1983

CREDIT UNION OFFICE NOW OPEN

The MGH branch of the Harvard University Employees Credit Union (HUECU) officially opened for business on Monday, January 3. The office is located on the first floor of the Clinics Building. Office hours are:

Monday through Friday--
9:00 a.m. to 3:00 p.m.

Members of the Credit Union staff will be available during those hours to assist you with opening accounts, loan applications, and to answer questions. They may also be reached by calling Ext. 1631.

HELP IN KEEPING YOUR PROMISE

Did you make a New Year's resolution to stop smoking again? If so, we may be able to help you keep it. The Cancer Control Office will sponsor a seven-session Stop Smoking Program for MGH employees. The program, which begins Monday, January 17, is based on the American Cancer Society's model and will include a film, guest speaker, and group discussions. If you have tried to quit on your own but were unsuccessful, group support may be your answer. For more information, call the Cancer Control Office, extension 5130, or stop by Cox 231. The registration deadline is 4:00 p.m., Thursday, January 13.

WE'VE MOVED

The Administrative Offices of the Ambulatory Care Division on MEEI 13 and Bartlett 4 have merged into one office on the first floor of the old Clinics Building. Those employees who have moved include:

ACD ADMINISTRATION

Diane DeTorio.....Ext. 2110
Mary Farrell.....Ext. 2680
Myle Holley.....Ext. 2110
Danguole Kasper.....Ext. 2680
Donna Muffoletto.....Ext. 2681
Hilda Warren.....Ext. 2682

ACD NURSING ADMINISTRATION

Virginia Donahue.....Ext. 2770
Linda Jaffe.....Ext. 2770
Mildred Johnston.....Ext. 2770
Mary Ryan, R.N.....Ext. 8709
Diane Smith, R.N.....Ext. 2793
Kathleen Tracy, R.N.....Ext. 2770

In addition, the offices of David Masters (Ext. 2684) from MEEI 13 and Tom Kelly (Ext. 2275) from Charles River Plaza have relocated to Clinics 1.

HEALTH CARE INFORMATION LECTURE

Hypothermia will be the subject of the next MGH employees' health care information lecture sponsored by the Office of Training and Development and the Staff Clinic. The lecture will be held on Wednesday, January 19, from 12-1 p.m. in the Bigelow Amphitheatre, White 3A. Dr. Peter Gross of the MGH Emergency Services will be the featured speaker. Hypothermia is a condition marked by abnormally low internal body temperature. Accidental hypothermia may occur in anyone who is exposed to severe cold without enough protection. In addition, prolonged exposure to relatively mild cold, 60-65° F, may be dangerous to the elderly, infants, the chronically ill, or people taking certain drugs.

MORE RECENT RETIREMENTS

Charles Reynolds, Security; 13 years

Vincent Zaloga, Security; 12 years

Edward H. Lee, Sr., Maintenance; 11 years

Norma G. Kelly, R.N., Blood Transfusion Service; 10 years

John R. Peterkin, Building Service; 10 years

Anthony Giovanelli, Building Service; 9 years

Melvin Savage--Transport supervisor--7 years

Irving L. Baron--Information Desks Supervisor--5 years

AROUND MGH

Dr. Verne S. Caviness, Jr. has been named the first Joseph and Rose Kennedy Professor of Child Neurology and Mental Retardation. The Professorship, which was created last summer for Harvard Medical School by the Joseph P. Kennedy, Jr. Foundation and members of the Kennedy family, will be based at the MGH. Dr. Caviness has been Associate Professor of Neurology at the MGH and, since 1976, has been Director of Research at the Southard Laboratory of the Eunice Kennedy Shriver Center for Mental Retardation in Waltham. The Kennedy Professorship, the first of its kind at the MGH, initiates a major clinical and research effort in the field of mental retardation. The Kennedy Professor is charged with coordinating research and clinical activities on mental retardation at the MGH, the Shriver Center, and McLean Hospital. In addition, the endowment will help expand the Joseph P. Kennedy, Jr. Laboratories of the Neurology Service at the MGH.

Dr. Edward W. Webster, Director of Radiation Safety at the MGH, recently served as the first Verstandig Distinguished Visiting Professor at the College of Medicine, University of Tennessee. He also presented the Verstandig Lecture entitled, "The Effects of Low Doses of Ionizing Radiation."

Dr. Henry J. Mankin, chief of Orthopaedic Surgery at the MGH, was recently presented the "Harry Andler Memorial Award" given by Project R.O.F.E.H., the medical wing of the New England Chassidic Center of Brookline. The award, given to an area physician who exemplifies a philanthropic spirit, was presented to Dr. Mankin "because of his outstanding humanism, his openness to his patients, combined with his unchallenged professional excellence." For many years, Dr. Mankin has been involved with Project R.O.F.E.H., in helping patients who come to Boston's medical centers from all over the world.

Thomas W. Kelly has recently been named the MGH's Director of General Support Services. Mr. Kelly, who has served as Director of Purchasing for the last five years, replaces Randall McDonnell. Mr. Kelly's new responsibilities will include the Materials Management Services, Parking, Dispatch, Transport Services, the Printing Office, and the Purchasing Department.

Marie Smith has recently been named Supervisor of Information Desks, replacing Irving Baron, who recently retired. Her responsibilities include supervision of the White, Baker, and Warren Building Information Desks. Ms. Smith may be reached at Ext. 2281.

Dr. Avery D. Weisman, a member of the MGH Department of Psychiatry, was recently honored with the First Arthur M. Sutherland Award, at an international conference in New York. Dr. Weisman was cited for his work in the field of psychosocial oncology. Dr. Sutherland, now deceased, founded and developed psychiatric services at the Memorial Sloan Kettering Cancer Center. Dr. Weisman has been Principal Investigator for Project Omega, a study of how patients cope with cancer and its psychosocial ramifications. Earlier this year, a scholarship fund was set up in his name which, Dr. Weisman hopes, will ultimately support research and clinical investigators in psychosocial oncology.

MGH IN THE MEDIA

Dr. Lloyd Axelrod, a member of the MGH's Diabetes Unit, was interviewed recently for an upcoming segment of the program "Say Brother," telecast on WGBH-TV (Channel 2). Dr. Axelrod discussed the possible dangers in the excessive use of sugar.

Dr. Randall Zusman, Director of the Hypertension Unit, was a guest recently on WERS-FM. He discussed Hypertension Diagnosis and Treatment.

The MGH Hot Line

Boston, Massachusetts
News Office, Bulfinch 1 (2206)
January 13, 1983

REVERE HEALTH CENTER ACQUIRED BY MGH

The MGH has formally acquired the Revere Health Center (RHC), a neighborhood medical facility that the hospital has managed since February, 1981. The action comes at a time many neighborhood health centers around the country are in financial difficulty. Despite the difficult times, the MGH Board of Trustees thought it was important for the people of Revere that the health center be maintained.

"The hospital's acquisition of the Revere Health Center will allow us to provide continuous, high-quality medical care to the people of Revere where they live without having to travel outside the city for their care," said Dr. Roger H. Sweet, Medical Director of the Neighborhood Health Center Group of the MGH.

The RHC provides specialists in adult medicine, pediatrics, obstetrics and gynecology, podiatry, nutrition, and social services. All physicians at the Health Center have staff privileges at the MGH and appointments to the faculty of Harvard Medical School. The RHC operates as a private medical group practice, and each patient has a private physician. The patient continues to receive medical attention from his or her private physician if a hospital stay at the MGH is required. Revere is the fourth neighborhood health center to become part of the MGH. The others are the MGH clinic at Logan International Airport, opened in 1963 to serve airport employees, visitors, and travelers; the MGH-Bunker Hill Health Center, launched in 1968, and the Chelsea Memorial Health Center of the MGH, which began operation in 1971.

PATIENT TEACHING FAIR

The MGH Patient Teaching Committee is sponsoring the second annual Patient Teaching Fair, to be held on Wednesday, March 23. The purpose of the Fair is to recognize those nurses who have developed effective teaching techniques or visual aids for patients. These will be exhibited as table displays at the Fair. There will also be a poster contest. If you would like to participate, please describe your project for exhibition and send it by February 15 to M. Donovan, R.N., Radiation Medicine, Cox Basement (Ext. 8650).

HOSPITAL DIRECTORIES NOW AVAILABLE

The new MGH telephone directories have been received, and an initial mailing has been made to each hospital department. Departments needing additional copies and not yet having received the initial mailing are instructed to check with the person responsible for obtaining your directories. Departmental representatives may then obtain additional copies at the Communications Office, White 13.

ENGLISH AS A SECOND LANGUAGE

Another English as a Second Language class begins on January 24. Classes meet every Monday and Wednesday afternoon from 3:30-5:00 in the Patio Room. To register, please contact Elaine Beaulieu or Pat McGurty at extension 2216.

DONATIONS

The Graduate Program in Nursing at the MGH Institute of Health Professions has received a donation of $250 from the MGH Nurses Alumnae Association, Class of 1952, and a $125 donation from Ms. Ruth Sleeper, former Director of the MGH School of Nursing.

NEW PRICES IN CAFETERIA

Selected prices in the Cafeteria will be going up beginning Monday, January 17. Among the price adjustments will be an increase in the price of all small beverages to 35¢ each.

PICK UP YOUR ORNAMENT

If you donated blood to the Blood Transfusion Service during its "Tree of Life" campaign, please pick up your ornament before January 15. Thank you for your participation.

AROUND MGH

Mrs. R. Morton (Jane) Claflin, a trustee of the MGH, was the recent recipient of the American Cancer Society National Division Bronze Medal Award, one of two given by the organization. The award is the highest tribute that can be paid to a volunteer in recognition of distinguished service in the achievement of the Cancer Society's goals. An active volunteer with the American Cancer Society since 1966, Mrs. Claflin was instrumental in forming the Society's first Boston Unit. In making the presentation, Dr. Harold Amos, President-elect of the Massachusetts Division, said that Mrs. Claflin has been a leader in the adoption of an interdisciplinary approach to cancer management at the MGH.

Dr. Lewis B. Holmes, chief of the Embryology-Teratology Unit and associate pediatrician at the MGH, has been awarded a second-year grant of $7,500 from the National Easter Seal Research Foundation. The grant will enable Dr. Holmes to continue his research into malformations associated with taking the drug diphenylhydanto during pregnancy. According to the National Easter Seal Society, the grant may be extended an additional year based upon progress and funding availability.

Three members of the MGH recently participated in a conference entitled, "Comfort and Care in Advanced Cancer." This conference, held in Boston and sponsored by the Harbor Hospice of Massachusetts, Inc., was concerned with the special needs of dying patients and their families. Dr. J. Andrew Billings, Medical Director of the MGH-Chelsea Hospice/Home Care Program and Harbor Hospice of Massachusetts, talked about "Principles of Pain Control and Control of Common Symptoms Other Than Pain." Dr. Edwin H. Cassem, Chief of Psychiatric Consultation/Liaison Services at the MGH, discussed "Working with the Terminally Ill--Death and Growth in Contemporary Society." And Dr. Donna B. Greenberg, an Assistant in Psychiatry and Medicine, talked about "Advances in the Management of Nausea and Vomiting--Pharmacological and Behavioral Techniques."

Psychiatric Nurse Clinicians Anne Locke, R.N., M.S., Rosalie Tyrrell, R.N., M.S., and Gail Pisarcek-Lenahan, R.N., M.S., were the featured speakers recently at a regional symposium of the Association of Practitioners in Infection Control (APIC), held in Sturbridge, Massachusetts. At the two-day workshop, Ms. Locke discussed Systems Negotiations, Ms. Tyrrell talked about Stress Management, and Ms. Pisarcek-Lenahan spoke on Writing for Publication.

Dick Smith has recently been named Manager of Systems and Programming at the MGH. Mr. Smith previously worked in Fiscal Affairs and most recently was Manager of Information Systems Planning. He has extensive experience as a manager and consultant for hospital data processing. His extension is 2175.

MGH IN THE MEDIA

Dr. Reginald Greene, a Radiologist at the MGH, recently appeared on the CBS Morning News, telecast locally on WNEV-TV (Channel 7). He talked about new guidelines in the use of chest X rays.

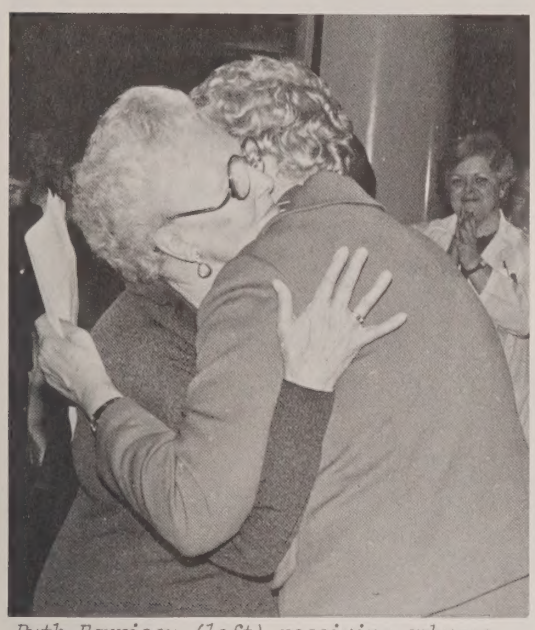
Dr. Jeffrey Podlas, a gynecologist, was interviewed recently by WROR-FM on the subject of Toxic Shock Syndrome.

Dr. Fred Sonstein, an Assistant in Neurology, was interviewed recently by WCVB-TV (Channel 5) for a story concerning head injuries suffered in boxing. Dr. Sonstein is a former physician for the Massachusetts Boxing Association.

Dr. Dorothy H. Kelly, codirector of the MGH's Pediatric Pulmonary Lab, was interviewed recently by the Lowell-Lawrence-Dracut cable television channel on the subject of Sudden Infant Death Syndrome for a program called "Health Alert."

The MGH Hot Line

Boston, Massachusetts • News Office, Bulfinch 1 (2206) • January 20, 1983



Ruth Farrisey (left) receiving embrace from Mary Macdonald during recent retirement party

Pat Brown Named 1983 Black Achiever

Ms. Pat Brown, Head Nurse, Baker 9 South Wing, has been named a Black Achiever for 1983 by the Greater Boston YMCA. She will receive the award tomorrow night (January 21) in ceremonies at the Boston Park Plaza Hotel.

Ms. Brown is the ninth MGH employee to be honored by the "Y" since the program began eight years ago.

A Boston native, Pat Brown is a graduate of Mount St. Joseph's Academy in Brighton and Boston University, where she earned a Bachelor of Science in Nursing degree.

After graduation she went into the field of pediatric nursing. But upon arriving at the MGH in 1977, she became interested in orthopedics and is now assigned to a unit having primarily orthopedic patients. Ms. Brown has been Head Nurse on Baker 9 for the past two years.

"I originally came here just to gain experience," she said. "But I liked my job

(continued on page 4)

Dr. Fitzpatrick Honored

A Special Symposium in honor of Dr. Thomas B. Fitzpatrick, on the occasion of the beginning of his 25th year as Chairman of the Department of Dermatology, Harvard Medical School, and Chief of the Dermatology Service at the MGH, was held recently in Boston.

It was sponsored by the Harvard-MGH Dermatology House Officers' Association, an organization formed by physicians trained in Dermatology under Dr. Fitzpatrick. The group has a membership of 112, and the great majority of these former trainees returned to Boston, and the MGH, for this event, one of which the Dermatology Department is justly proud.

To quote Dr. John A. Parrish, President of the Association..."Everyone of us feels Tom Fitzpatrick is a part of his development. He is a teacher, motivator, leader, and inspirer, responsible for focusing much talent into dermatology."

The one and one-half day Scientific Program featured the presentation of papers by 15 former trainees and two guest lecturers. These papers will be published in a special issue of the

(continued on page 4)

The Capital Campaign Update

More than $3 million was raised toward The Capital Campaign during December of 1982. That makes December the most successful fund-raising month at the MGH since February of 1981 when Arthur O. and Gullan M. Wellman announced their pledge of $15 million.

(continued on page 4)

It's Not Good-Bye but See You Soon

When is a retirement party not a retirement party? Probably when the person retiring is not really retiring. Confused?

Well, that happens to be the case with Ruth Farrisey, who recently *retired* as Associate Director of Nursing for the Ambulatory Care Division. Although she stepped down from that position, she is staying at the MGH as a faculty member in the Nursing program at the Institute of Health Professions.

Miss Farrisey began work at the MGH in 1938, after graduating from the hospital's School of Nursing. She was assigned to the Baker Building floors but left the MGH the next year to work for the Boston Visiting Nurse Association.

In 1950 she returned to the MGH as a Public Health Coordinator and four years later became Executive Officer of the Clinics of the MGH and the Mass. Eye and Ear Infirmary, and Assistant Director of the MGH's Ambulatory Nursing Service.

Commenting on Miss Farrisey's career in Ambulatory Nursing, Miss Mary Macdonald, Director of Nursing, said, "I would mention first her organizational and negotiating prowess...uncanny at times, controversial on other occasions, but always demonstrative of a sharp, cutting edge, logical thinking in the interest of the clients and patients committed to care on her nursing service...Secondly, I would mention her indefatigable energy to establish creative and innovative programs in Ambulatory Nursing Care--the Adult and Pediatric Nursing Practitioner Program--the Logan Medical Station--the Bunker Hill Health Center--and Chelsea and Revere satellites. Ruth, as circuit rider, kept the nursing input afloat and in good order...Thirdly, I would call your attention to her unselfish support and devotion to her staff and friends--devoting many hours of her own time to home visits, personnel rights, and MGH obligations to our employees."

(continued on page 4)

Pat Brown (third from left) giving report with other nurses on Baker 9

What's Wrong With this Picture?

Have you noticed during the past few months that the Indian on the MGH Flag is upside down? Well, there's a simple explanation for it. It's not the flag that's wrong; it's the pole! "The flag was meant to be attached to an upright or vertical pole," said Bob Rhodes, Assistant Director of Building Services. "And that's the position it was in when the flag was flying from the top of the White Building. But when we put it on a different kind of pole just above the main entrance to the hospital, the Indian seems to be standing on his head." However, Mr. Rhodes assures us that other flags have been ordered, ones that should put the Indian back in his proper place. "We usually order two MGH flags each year because they take tremendous punishment from the wind and the weather." So rest easy. The MGH Indian will once again be flying in the breeze with his head held high, standing on his own two feet.

Christmas: The Season for Giving, Living, Sharing, and Caring

Leukemia Fund Marks Successful First Year

"There is something beyond the grave. Death does not end all."--Sextus Propertius

On December 3, 1981, Charley Davidson died. But his death also proved to be a beginning of sorts...the beginning of an effort by some concerned and caring people to help the MGH try to find a cure for those forms of childhood leukemia that lack one.

Two-and-a-half year-old Charley was a victim of acute lymphocytic leukemia. He fought the disease unsuccessfully for more than half his young life.

In that short time Charley made many friends. However, his adoptive parents--Bert and Toby Davidson of Lexington--felt it was important for Charley's memory to live on with those who did not know him, specifically those children who in the future will be stricken with leukemia. Thus, the "Charley Davidson Memorial Leukemia Fund" was started.

"When we lost our little boy about a year ago," explained Mr. Davidson, "we decided the day he died to set up a foundation in his name." The fund-raising effort began in Lexington where Charley lived. "Despite his age, he loved the high school football games, where he made a lot of friends. And he is also remembered by local store owners."

At first, the contributions came in slowly. But when the effort started to grow, so did the money. Recently the Davidsons presented a check to Dr. John T. Truman, Charley's physician and chief of the hospital's Pediatric Hematology-Oncology Unit. So far, the fund has raised $31,000. Many of the contributions were for small amounts of money donated at a raffle and a walkathon.

"A lot of the money is being used in the form of research," said Dr. Truman. "I am increasingly optimistic about the role of bone marrow transplantation for leukemia. Unfortunately, much work still needs to be done especially for children, like Charley, who do not have a compatible brother or sister as a bone marrow donor. Another part of the money is being used on amenities for the children who are receiving treatment. This includes toys, games, circus tickets, balloons, and parties, anything to make the difficult times for our children a bit easier. The remainder of the money will be kept in reserve so that by the year 2000 the capital should be very substantial."

According to Mr. Davidson, much of the credit for the success of the fund-raising effort should go to four of Charley's teenage friends--Robin Neiterman, Robin Alper, Julie Hansen, and Rachael Werrick. Ms. Neiterman, a former babysitter for Charley and a senior at Lexington High School, also does an internship at the MGH one day a week.

Charley Davidson

"How great it is in a society where the name of the game is 'Be good to yourself' to have such friends as these young people who are so concerned about helping those less fortunate than themselves," asserted Mr. Davidson.

Ms. Neiterman and Ms. Alper were the ones who organized the walkathon held in Lexington on October 17. More than 300 people participated in the event, which raised about $17,000. The walkathon was also covered as a news story by WBZ-TV (Channel 4) and WNEV-TV (Channel 7), thanks in large part to 14-year-old Rachael Werrick, who was in charge of publicity. In addition, a raffle was held on November 20.

"We all look forward to Charley's continuing influence here at the MGH through the 'Charley Davidson Leukemia Fund,'" said Dr. Truman. "Though Charley's life may have been short, his name could outlive all of us. Charley was a wonderful boy, and it was a great honor for me to be his doctor. I pray that the 'Charley Davidson Leukemia Fund' will provide a suitable, living memorial to a remarkable child. I am reminded of that wonderful aria in Handel's Messiah, 'O death, where is thy victory, O grave where is thy sting.' Thus, may Charley Davidson live on."

Donations to the fund may be sent to the Charley Davidson Leukemia Fund, in care of the MGH.

The Medical Records Department made Christmas a little brighter for many people during the holiday season with donations of items to the Pine Street Inn and Rosie's Place. Each year, Medical Records contributes to a charitable organization. Here, some members of the department pose with many of the items donated.

Gerald Ashby, a Senior Dietary Aide on Bigelow 7, listens as India Seay tells him what she wants for Christmas. India is the daughter of James Seay, a Dietary Service Aide on Bigelow 7. Mr. Ashby played Santa at the Department of Dietetic's Christmas party.

Dr. John T. Truman (left), Director of the Pediatric Hematology/Oncology Unit, receiving a donation to the Charley Davidson Leukemia Fund. Presenting the check are Charley's mother Toby, father Bert, and babysitter Robin Neiterman.

The MGH HOT LINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

J. Robert Buchanan, M.D.
General Director
Martin S. Bander
Deputy to the General Director (News and Public Affairs)
Scott G. Davis, *Editor*
Doris G. Schreckengaust, *Copy Editor*
Patricia Conlon, *Typist*

Psychiatric Nurses Share Christmas With Patients

Christmas in the inpatient psychiatric unit of the MGH also has its traditions. The nursing staff put special effort into making the holiday as full of activity as possible for the patients there.

On Christmas Eve there was a group walk to the Boston Common to view the Christmas lights. Carols were sung along the way.

On Christmas morning, the nursing staff prepared a special holiday brunch for the patients. Later in the day, Santa arrived bringing gifts for all. The presents were bought by a committee of patients with special funds. The Christmas dinner, prepared and served by the Department of Dietetics, was shared by patients and staff together.

Evita Cast Sings Here

The hills aren't the only places alive with the sound of music. At the MGH, the halls, corridors, and patients' rooms reverberated last month with the sound of Christmas carols.

On Tuesday, December 21, several members of the cast of the musical *Evita* volunteered their time to come to the hospital to perform carols in the ACC.

Also during Christmas week in the ACC the MGH Band led patients and employees in singing. Chaplain Robert Horstman and Father Alan Caparella were the carol leaders. The musicians included Joe Stukas, Dorothy Farese, Donna Nickerson-Reti, Dr. Ben Z. Pilch, Loukia Mourikis, Dr. F. Richard Bringhurst, Cindy Johnson, Donna Weber, and Holly Vautier. Al Henderson and Rita Monahan were the soloists.

Students from the Beaver Country Day School and the Winsor School Glee Club also sang carols on patients' floors.

Several cast members from the musical "Evita" singing their way into the hearts of MGH patients and employees

This is no ordinary Christmas tree. It's a "Tree of Life." The tree, which was located outside the MGH Blood Transfusion Service, was decorated with ornaments bearing the names of 122 employees who donated blood during the holiday season. Hanging the bulbs are (left to right) Dr. Charles E. Huggins, Director of the Blood Transfusion Service; Linda Manning, Senior Technical Assistant; and Emily Hajar, Clerical Supervisor.

Piano Teacher Leaves $300,000 to Arthritis Clinic

An 84-year-old Somerville woman, who despite crippling arthritis became a well-known Boston piano teacher during a 70-year career, has left $300,000 to the MGH Arthritis Clinic.

The Esther Hewes Arthritis Clinic honors the memory of the benefactor whose gift represented nearly her entire estate.

Many of Miss Hewes' friends and former students attended the dedication of the clinic held recently in the hospital's Ambulatory Care Center.

Miss Hewes, who died two years ago, had an attack of rheumatoid arthritis as a child and began coming to the MGH in the early 1900s. Her records with the Arthritis Clinic itself date to May, 1934, when an acute attack of rheumatoid arthritis caused her hospitalization.

Miss Hewes was one of nearly 300 patients gathered by the MGH in the 1930s for a long-term study on rheumatoid arthritis. Information collected in the 25-year investigation gave physicians important data on the course of this inflammatory joint disease. "Miss Hewes was a very faithful patient and a tremendous help to us," said Dr. Charles L. Short, an MGH arthritis specialist. "She was a very friendly person, very popular with everyone here, and it was always a pleasure to see her."

Esther Hewes overcame painful and crippling episodes of rheumatoid arthritis to become one of Boston's most popular piano teachers; she was extraordinarily devoted to her students and her family, and they to her.

"If someone were to ask me to name the kindest, most remarkable and gracious woman I ever met, I'd say Esther Hewes," said Kim Michelson of Brookline, who along with her children took lessons from Miss Hewes.

She began teaching piano at the age of 13 to very young children. She continued teaching to pay her way through the New England Conservatory of Music. After earning her degree, she did graduate work at the Conservatory for 11 years.

Miss Hewes died on January 4, 1981. The long-time piano teacher left instructions for her belongings to be sold at auction and the proceeds to go to the MGH "for the use in the treatment of arthritis."

Patients on Burnham Floors Remembered during Holidays

Former Boston Bruins' star Bobby Orr paid a visit just before Christmas to the children of the MGH's Burnham Building. Here, Mr. Orr signs an autograph for Burnham-4 patient Joseph Gavin, obviously a big Bruins fan.

Many of us spent the days before Christmas making cakes or pies for our families. But some students of the Wittier Regional Vocational High School in Haverhill spent their time making a house to give to people from other families...specifically the children on Burnham 5. The house was actually made out of gingerbread, frosting, and candy. It took 15 students in the senior class three days to create it. And what they couldn't make to decorate it, such as landscaping and toys, they bought with their own money. Here, some of them pose with the finished product. Why did these students do this? As one of them put it, "We wanted to do something nice for the children who would have to stay in the hospital over the holidays."

Dr. Tim Fischell of the MGH (right) is checked over by an ambulance attendant after winning the 4.7 mile Colonnade Doctors' Run for the American Heart Association. Dr. Fischell is a second-year resident in Medicine.

Farrisey *(continued from Page 1)*

Dr. John D. Stoeckle, who for many years worked with Miss Farrisey as Chief of Medical Clinics, cited many of her achievements in the area of Ambulatory Care Nursing. Among them: The establishment of the Office of the Admitting Physician that we know today as the Ambulatory Screening Clinic or Medical Walk-In Unit, the introduction of charging rather than cash in advance of patient visits, the creation of the first adult nurse-practitioner work in a hospital O.P.D., the organization of nursing practices at all the MGH Health Centers and the launching of their early administration, and the organization of nurse practitioner education in the Department of Continuing Education.

"Ruth Farrisey has both advanced the role, status, and work of the nursing profession in its care of ambulatory patients and has also improved that care by efficient and humane administration," said Dr. Stoeckle.

The professional qualities exhibited by Ruth Farrisey are only one part of the story. The personal side, of course, is the other.Mary Macdonald talked about "the loss of our silver-throated orator, master par excellence of the English language, and of her eclectic historical prowess presented in the most articulate, humorous, but meaningful style."

And Mr. Lawrence E. Martin, Associate General Director of the MGH, put it this way at Miss Farrisey's party: "Ruth Farrisey is a special person to the MGH and represents an era in medicine which stressed the increasing emphasis which this hospital and indeed the medical profession itself has placed on

Ruth Farrisey with one of her many gifts

Ambulatory Care....Ruth has been an example to us all as a pillar of strength in crisis situations, a demanding leader in matters of professional performance, a team player for the good of the whole, a confidante, a friend, and most of all, a real professional leader in the health field. Ruth, I am delighted you are not going far."

Fitzpatrick *(continued from Page 1)*

Journal of Investigative Dermatology, to be dedicated to Dr. Fitzpatrick.

The Scientific Presentors were: Howard P. Baden, MGH and Harvard Medical School; Richard A. Clark, National Jewish Hospital; Arthur Z. Eisen, Washington University; Peter Elias, San Francisco VA; Irwin M. Freedberg, New York University Medical Center; Barbara A. Gilchrest, Harvard Medical School and Beth Israel Hospital; Lowell A. Goldsmith, University of Rochester School of Medicine; Gerald S. Lazarus, University of Pennsylvania Medical School; Martin C. Mihm, Jr., MGH and Harvard Medical School; John A. Parrish, MGH and Harvard Medical School; Madhukar A. Pathak, MGH and Harvard Medical School; Makoto Seiji, Tohoku University School of Medicine; Arthur J. Sober, MGH and Harvard Medical School; Nicholas A. Soter, Harvard Medical School; and Michael M. Wick, Harvard Medical School and Sidney Farber.

The clinical program for the symposium consisted of case presentations by 12 additional former trainees, these cases to be published in the Journal of the American Academy of Dermatology.

All of these participants trained here, and the program included a visit to the MGH, a tour of the new Ambulatory Care Center, and dedication of the Maurice M. Tolman Teaching Room.

Dr. Thomas B. Fitzpatrick (in middle of first row) with those attending the symposium held in his honor

Campaign *(continued from Page 1)*

All the money donated to The Campaign is to be used to improve patient care areas, for the construction of a new research building, and to endow the Institute of Health Professions.

As 1982 drew to a close, The Campaign approached the $54 million mark. It has an interim goal of $65 million by the end of 1983 toward a long-range goal of $114 million.

Brown *(continued from Page 1)*

so much that I decided to stay. I really enjoy the people I work with, and I think we make a very good team...and nursing really is a team effort."

In addition to caring for patients, Ms. Brown is responsible for directing clinical care, time planning, performance evaluations, and some instruction. "I find teaching new nurses to be very rewarding," said the Head Nurse, whose mother was an L.P.N. in the Navy. "I get a lot of satisfaction from teaching nurses because it wasn't that long ago that I was being taught and appreciated all the help I got."

The Black Achievers' Award is aimed at providing role models and support for urban minority youth, and recipients are expected to spend up to 40 hours in a community service project during their recognition year.

"I was surprised and very humbled when I was told about the award," explained Ms. Brown. "I didn't even know that I had been nominated until Ms. Mary Kiernan, my clinical nurse leader, told me that Mary Macdonald, the Director of the Department of Nursing, had sent in my name. It was something I had never expected."

But Ms. Kiernan believes Pat Brown was certainly a most worthy nominee. "Pat is outstanding in her ability to verbally interact in a positive, tactful manner. She is a strong stabilizing force on her unit. She is intelligent, mature, and reliable. She is a true professional and is seen as a role model by many people with whom she works."

The Black Achievers' program annually recognizes black men and women who have attained levels of excellence in their vocational fields. The achievers are chosen from the professional, managerial, clerical, and skilled work force of the city's many business, legal, educational, and medical institutions.

Previous recipients of the award from the MGH include: Victoria Hubbard-Berryman (1982), Robert Dixon (1981), Cherryl Ringgold (1980), Raymond Hawkins (1979), Louis J. Green and John Bufford (1978), Veetlyn Forde (1977), and the late Jimmy A. Young (1976).

The MGH Hot Line

Boston, Massachusetts
News Office, Bulfinch 1 (2206)
February 3, 1983

HOLDING UNIT AT CHELSEA TO CLOSE

The 10-bed Holding Unit of the MGH-Chelsea Memorial Health Care Center will close February 28 for financial reasons, according to an announcement from Dr. Roger H. Sweet, Medical Director, and Vincent Cucchiara, Administrative Director of the MGH Neighborhood Health Center Group. No employees will lose their jobs as a result of this action. Employees currently working in the Inpatient Unit will be offered other positions at the Chelsea Center or the MGH, or in some instances, retirement.

"We will continue to provide maximum possible support for the people of Chelsea," said Mr. Cucchiara. "In fact, the money saved by closing the Inpatient Unit will be used to rescue for the community other services threatened by cutbacks in federal funding."

The reason the Inpatient Unit is forced to close can be traced entirely to the financial difficulties confronting all Massachusetts hospitals, said Mr. Cucchiara. Last October the Massachusetts Legislature adopted a bill, called Chapter 372, designed to control hospital costs. The legislation has created the same kind of budgetary problems for hospitals as Proposition 2½ caused cities and towns. In addition to budget cuts required by Chapter 372, the federal government has decreased its funding of the Health Center's special programs for children and youth, nutrition, and mental health services. In order to stay within a budget greatly reduced by state and federal measures, Health Center administrators were forced to decide which programs to eliminate. Serving only 288 patients in 1982, the Holding Unit was highly underutilized. As a condition of closing the unit, Chelsea Memorial Health Center administrators decided that the money saved would, in turn, be used to maintain some of the very services threatened by federal cutbacks. "These are indeed difficult economic times for all of us," said Dr. Sweet, "but we want to assure the people of Chelsea that we are committed to them and are seeking ways of continuing to extend services for the people of this community."

COFFEE SHOP TO REOPEN

The Coffee Shop on Baker 1 officially reopens on Monday, February 7, at 8 a.m. The painting and hammering and the installation of vending machines is now completed, although the new booths, tables, and chairs will not be in place for a few more weeks. The Coffee Shop will be open 24 hours a day, seven days a week. Attendants will be on hand to keep everything well supplied and in good working order. The facility will offer a wide selection of sandwiches, snack items, candy, hot beverages, cold beverages, milk, and ice cream. The sandwich machines, all the latest models, will allow the Coffee Shop to offer sandwiches to you in the best possible way. Special attractions will be the Grand Gourmet Machine and the availability of microwave ovens for dinners, and toasters for bagels and English muffins. The food in the Grand Gourmet will be freshly made and packaged here at the hospital. Among the foods that can be put into the microwave are fish, meat, poultry, and casserole items with vegetables. These meals will generally take two to three minutes to heat. In addition, hot meal sandwich deli plates and fresh salad bowls will be prepared daily. The Department of Dietetics looks forward to your participation in this latest food program. Your comments and suggestions are also welcome.

FLOWERS FOR YOUR VALENTINE

Valentine's Day is fast approaching. It's also the busiest day of the year for the MGH Flower Shops. Please, please order early. This year, the shops are featuring a new special perfume bottle with a flower arrangement in it. Roses are available in the new ACC shop.

WOULD YOU LIKE TO VOLUNTEER?

Volunteers are needed in the MGH Flower Shop on Wednesday and Friday evenings from 5-7 p.m. If you are interested, please contact the Volunteer Office at Ext. 8540.

HABLA ESPAÑOL

Ever wish you could speak Spanish or were more fluent with patients and visitors? If so, stop in at CLINICA HISPANICA (Spanish Language Clinic) on Wednesday, February 9, between 12:00 and 1:30 p.m. in the Patio Room. CLINICA HISPANICA is an open house designed to focus attention on the opportunity to study Spanish for Health Care at the MGH. Instructor Armando Zapata will provide mini-class demonstrations at 12:15 and 1:00 p.m. There will be plenty of time to ask him questions, and to talk with MGH students who have been in the program for the past several semesters. A 15-week course, Spanish for Health Care begins on Tuesday, February 15. Here is the schedule:

Level 1, 5-6 p.m., Tues. and Thurs.
Level 2, 6-7 p.m., Tues. and Thurs.
Level 3, 5:30-7:00 p.m. Wed.
(Level 3 is a new offering.)

Classes meet in Patio Room A. The cost is $110 plus the cost of a textbook. (Tuition is reimbursed if eligible for tuition assistance.) To register, please call Training and Development, Ext. 2230, or register at CLINICA HISPANICA on February 9.

NEW BEAUTY SHOP HOURS

The MGH Beauty Shop, located on Phillips 1, will now be open for men and women Monday through Friday, from 8 a.m. to 7 p.m. Employees, as well as patients and visitors, are welcome.

NEW HOURS

The Dietary Service Center counter hours have been changed. The new hours are 9:30-11:30 a.m. daily. The purpose of the change is to provide smoother, more continuous service at the counter.

AROUND MGH

Maryellen Shachoy, Assistant Director of the Volunteer Department, was recently invited by President Ronald Reagan to speak at the National Workshop on Voluntarism, held in Philadelphia. Ms. Shachoy spoke about the MGH's Student Volunteer Program.

Dr. Roslyn R. Elms, Professor and Director of the Graduate Program in Nursing at the MGH Institute of Health Professions, recently delivered a paper at the American Public Health Association Convention in Montreal. It was entitled, "The Preparation of Clinical Specialists for Public Health Nursing." The paper was coauthored by Professor Elizabeth Grady, Ph.D. R.N.; Professor Judith Sitzman, D.N.Sc., R.N.; and Assistant Professor Patricia Geary Dean, R.N. M.S.N., C.A.G.S.

MGH IN THE MEDIA

Dr. Roman W. DeSanctis, Director of Clinical Cardiology, was recently interviewed by WEEI Radio about ways of avoiding overexertion that could lead to a heart attack. This came in the aftermath of last month's snowstorm.

Martha Leland, a Recreational Therapist on Burnham 5, was a guest recently on the WSBK-TV (Channel 38) program "Daytime" to talk about her job at the hospital.

Mike McGuinness of the Electric Shop and Allie Robinson of Orthopaedic Research appeared recently on a sportscast of WNEV-TV (Channel 7) prior to participating in the Jingle Bell Run, a race held in Boston to benefit the Special Olympics.

Dr. Thomas J. Brady and Dr. Jeffrey Newhouse, Radiologists at the MGH, recently appeared on the nationally telecast CBS Morning News, seen locally on WNEV-TV (Channel 7). They discussed Nuclear Magnetic Resonance.

Dr. S. Ward Casscells, a Fellow in Cardiology at the MGH, was recently interviewed by media both locally and nationally concerning the use of lethal injections as a means of putting criminals to death. Dr. Casscells, a staunch opponent of this procedure, appeared on several local television stations and also on the NBC TODAY SHOW. He was also quoted in several publications.

Dr. J. Philip Kistler, Assistant Neurologist and Chief of the Clinical Stroke Service, was interviewed recently by WCVB-TV (Channel 5) about strokes, for a segment on the nationally syndicated program "Health Beat."

The MGH Hot Line

Boston, Massachusetts
News Office, Bulfinch 1 (2206)

February 10, 1983

NAME CHANGES

In an effort to reduce the risk of confusion especially involving code calls, the names of two MGH units are being changed. What has been known as "Bulfinch 7" will now be called the Inpatient Psychiatric Unit located on Bulfinch 3. And "Bulfinch 4" will now be known as the Mallinckrodt Clinical Research Center located on Bulfinch 1. These name changes officially go into effect on March 1.

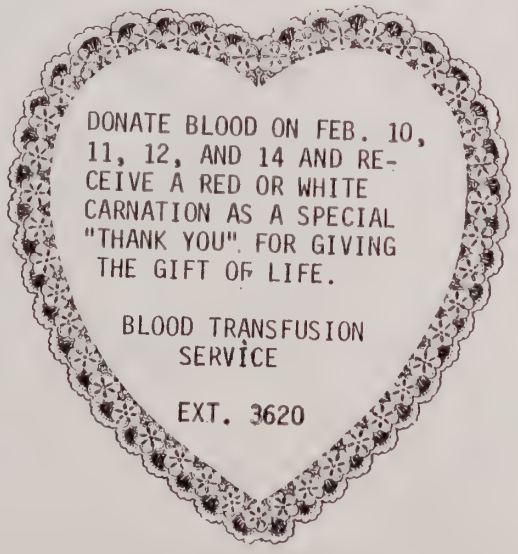
VACCINE AVAILABLE

A program has been announced making the Hepatitis B vaccine available free of charge to hospital employees whose work makes them more susceptible to acquiring Hepatitis B. A committee headed by Dr. Morton Swartz, Chief of the Infectious Disease Unit, has identified a number of employees who fall into this category. They will be screened to determine whether or not they already have natural antibodies that protect them against Hepatitis B. Those having natural protection will have no need for the shots. The more susceptible employees lacking protection will be eligible for the vaccine, but its use will be optional. The vaccine is administered in a series of three shots. However, employees will not be required to participate if they choose not to. Before recommending the program, Dr. Swartz's group investigated carefully any potential risks from adverse side effects. "Although there is an unknown and probably small risk," said Dr. Swartz, "I would recommend that employees who do not have natural protection obtain the vaccine. For them, the benefits seem to clearly outweigh the risks."

SPORTS MEDICINE AND NUTRITION

The MGH Roadrunners Club will be presenting the second in its series of lectures on Wednesday, February 16, from 12-1 p.m. and again from 5-6 p.m. in the Walcott Room--ACC Level 1. This month's featured speaker will be Carolyn Crimmins, R.D., a runner herself and Coordinating Dietitian of the Nutrition Service in the Ambulatory Care Center. She will be talking about nutrition and running.

BE SOMEONE'S VALENTINE


DONATE BLOOD ON FEB. 10, 11, 12, AND 14 AND RECEIVE A RED OR WHITE CARNATION AS A SPECIAL "THANK YOU" FOR GIVING THE GIFT OF LIFE.
BLOOD TRANSFUSION SERVICE
EXT. 3620

HEALTH INFORMATION PROGRAM

Family Living in '83 or How to Deal with our Present-Day Stresses is the subject of the next MGH Employees Health Information Lecture, sponsored by the Office of Training and Development and the Staff Clinic. Dr. Martin Cohen of the Department of Psychiatry will be the featured speaker. The program will be held on Wednesday, February 16, from 12-1 p.m., in the Bigelow Amphitheatre, White 3A.

ENTER THE COMPUTER AGE

Bewildered by the increasing use of computers around you? Unsettled by changes in your job role by word processors and minicomputers? Confused by computer terms and concepts? COPING WITH COMPUTERS IN A HEALTH CARE SETTING is designed for you. This one-day workshop on Monday, March 14, will take the mystery out of computers.
The course will familiarize you with special terms and concepts commonly used, concepts and features of word processing, how to plan and analyze data preparation as computer input, practical steps to cope with common problems, and how to communicate with computer

(continued on page 2)

DO YOU KNOW SOMEONE WHO NEEDS A *LIFELINE*?

LIFELINE is a personal emergency response program provided as a community service by the MGH. Its aim is to help people live independently by providing reassurance to the users and their families that help is available when needed. It is particularly useful to frail, elderly, and handicapped people who live alone. *LIFELINE* consists of three parts: 1) Electronic equipment located in the home. A portable help button and home unit are linked to the telephone in order to summon emergency assistance. 2) An emergency response center, located in our Emergency Ward, where personnel provide coverage 24 hours a day. 3) People called "responders" who are friends, relatives, or neighbors of the *LIFELINE* subscriber and who have agreed to respond to a call for help. These responders are called immediately in the event of an emergency.

Participants in *LIFELINE* carry a small, wireless help button in their pocket or clipped to their clothing. Whenever help is needed, they can push the button to contact the energency response team in our E.W. This home unit can work even if the phone is off the hook or during a power failure. At the hospital, personnel in the E.W. will immediately try to reach the *LIFELINE* subscriber by phone to see what help is needed. If that person is unable to be contacted, "responders" will be called. Upon arriving at the home, the "responder" signals the hospital by resetting the *LIFELINE* unit. Someone from the hospital will then call the "responder" to see what kind of help is needed. If it's medical help, the "responder" can either take the person to the hospital or have an ambulance sent to the home. *LIFELINE* can also signal the hospital for help even if the person cannot use the help button. The home unit includes a timer that can be reset automatically every time the telephone is used. If the person becomes unconscious, or otherwise unable to reset the timer, *LIFELINE* automatically calls the hospital and starts the emergency response procedure.

The cost for the program is $20 a month, with reduced fees for needy patients. At the MGH, referrals are made to the Department of Social Service. At the MGH *LIFELINE* will run for one year on an experimental basis. After that time, it will be evaluated and a decision made as to the future of the service. If you think you could be helped by the program, or know somebody who can, please call the Social Service Department at either extension 2605 or 2653 for more information.

COMPUTERS (continued from page 1)

experts. Taught by Thomas W. Kelly, Director of General Support Services, the course costs $75 and includes all handout materials. This program offers 6 contact hours for CEU credit and is eligible for MGH tuition aid through the Tuition Aid Office (Ext. 2230). To register, or for more information, contact Bette Covington, Continuing Education, Bartlett 5, or call Ext. 8010.

CHAPEL CONCERT

Al Henderson, a member of Building Service, will be the featured soloist at a Chapel Concert to be held on Wednesday, February 23, at 3 p.m. Mr. Henderson, who for many years has sung Christmas carols here at the hospital, is a student at the New England Conservatory of Music. At a recent school performance at Jordan Hall, Mr. Henderson was given high praise by a reviewer for the Boston Globe.

MGH IN THE MEDIA

Dr. Henry J. Mankin, Chief of Orthopaedic Surgery, is scheduled to appear on the WBZ-TV (Channel 4) program "Evening Magazine" on Monday, February 14, at 7:30 p.m. Dr. Mankin will be interviewed along with his patient, Deborah Atchison, a bone transplant recipient.

AROUND MGH

Michael Biales, an operator in the Communications Department, is having his art work displayed in an exhibition at the Cohen Art Center of Tufts University. The exhibition runs from February 9 to 25, with a reception on February 14. MGH employees are invited to attend.

The MGH Hot Line

Boston, Massachusetts • News Office, Bulfinch 1 (2206) • February 17, 1983

Wellman Research Building Topped-off

The gloves came off, and the hard hats went on as ceremonies were held on January 21 for the "topping-off" of the Wellman Research Building.

The gloves had to come off despite subfreezing temperatures so that MGH Trustees and guests could sign the last beam before it was put into place high atop the building.

The topping-off ceremony celebrated the completion of the building's framework. An evergreen tree and an American flag were placed on either end of the beam, painted white for the occasion, as a good luck omen for the building and its future occupants.

According to construction lore, the topping-off ceremony has its origin from the ancient belief that a building was inhabited by spirits, and the structure was considered no more solid than the building's standing with those spirits. So in order to discourage the evil spirits and befriend the good ones, it became customary to attach an evergreen tree when a building's ridgepole was placed. American construction workers eventually adopted this rite, adding the U.S. flag as a symbol.

The research building will house the scientific activities of such fields as photomedicine; cellular and molecular biology; metabolism, endocrinology and nutrition; neurosciences; aging, growth, and development; and technology assessment.

(continued on page 4)

Up . . .

The last beam beginning its ascent to the top of the Wellman Research Building

The beam being raised under the watchful eyes of construction workers

And Away . . .

The beam arrives at its destination

The Capital Campaign Update

Mrs. Louise C. Riemer has been named Chairman of the Brookline-Chestnut Hill-Newton Committee of The Capital Campaign. "We are extremely pleased that Mrs. Riemer has joined our efforts," said Mrs. Judy A. Paige, Chairman of the Special Gifts Campaign. "Her devotion to the MGH over the years makes her the perfect person to present campaign needs and goals to the people in these communities."

Mrs. Riemer has taken a keen interest in fund-raising activities for the hospital for years. A member of the MGH Corporation, she cochairs the Medicine Visiting Committee and is also a member of the Major Gifts Committee of The Capital Campaign. Many on the MGH staff know her for her work with the Ladies' Visiting Committee in which she has been active since 1953, directing the volunteers who work in the Coffee Shop.

(continued on page 4)

CCU Nurse Named Nurse of the Month

How fitting that a Coronary Care Unit nurse at the MGH was chosen the Massachusetts Nurses Association's *"Nurse of the Month"* for February, which just happens to be National Heart Month.

Alberta Bennett was honored by the MNA for clinical excellence. A staff nurse in the Phillips House Coronary Care Unit for the past eight years, Ms. Bennett was cited for her "outstanding performance in the delivery of direct patient care."

The MNA award is intended to recognize the outstanding performance of staff nurses whose work consistently reflects high standards of practice.

In a letter of support for Ms. Bennett,

(continued on page 3)

SNOW USE. Even the MGH sign outside the Warren Building is not spared from the brunt of last month's snowstorm.

Harts and *Roses* On Valentine's Day

We have *Harts* at the MGH, but no *Flowers*, except for some *Roses*. There are no *Kisses*, though, or any *Cupids*. However, we do have *Love*.

And since this is Valentine's week, along with national heart month, what better time to think about feelings that come from the heart. Or in this case, *Hart*.

So THE HOT LINE asked some employees whose last name relates in some way to the holiday to tell us what Valentine's Day means to them and if a special Valentine's Day stands out in their minds And here's what they had to say:

MAUREEN VALDAY--Staff Nurse, Warren-Baker 12: "Valentine's Day reminds me of how important it is to have people close to me--people whom I love."

NORMA LOVE--Volunteer: "It's a time to remember your loved one. I've been married for nearly 40 years, so I think of my husband. For Valentine's Day, before we were married, he gave me a bouquet of violets with a rose in the center. And it still has special meaning for me."

(continued on page 4)

For Elaine Watkins, Spring is always in the Air

So it's the dead of winter. Many of you are probably just counting the days until spring, right? But it's hard to get into the spirit of the new season when the old one seems so long.

That's why there is probably no better time than now to read about flowers and a very talented woman who grows them.

The flowers are dahlias, and the woman is Elaine Watkins, Resident Supervisor in Bartlett Hall, and an award-winning grower. Her latest triumph was winning first prize for dahlias at last year's Topsfield Fair, an award she has won two of the last three years. The official name of the prize is the Thomas Galvin Award, named for the person who just happened to be Ms. Watkins' mentor.

Elaine Watkins with some of her award-winning dahlias

"I met him at the Fair about 10 years ago," she explained, "and he more than anyone else inspired me to grow flowers. I came from a family that liked to grow things anyway, but he was the one who gave me the confidence to display what I did."

Ms. Watkins grows her flowers in what some may consider to be a very unlikely setting: in Cambridge right by Porter Square. And the urban garden has not gone unnoticed. "About five years ago, the city of Cambridge honored me with a Beautification Award for the rose, peony, and clematis bushes I have near my house. It was something I will always remember."

Elaine Watkins also tries not to forget her philosophy on planting: What you take out of the earth, you must put back into the earth.

"I really believe people can have a green thumb if they remember that," she remarked. But she added it might also be helpful to keep in mind some other things. "To grow dahlias, I actually start in the fall by fertilizing the soil with bone meal. In the spring after I plant the dahlias, I use more fertilizer along with manure water. I also stake the flowers when they're a foot high. They usually grow to about five or six feet."

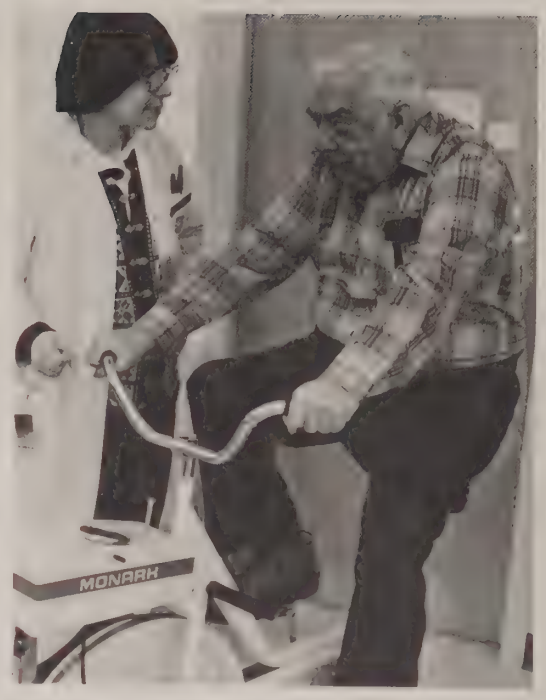
But these are only some of the tips Ms. Watkins has for successful planting. "Well, I do talk to my flowers," she admitted. "I tell them how beautiful they are. You'd be surprised what just a little attention can do."

Ms. Watkins, who is a member of many flower organizations including New England dahlia societies and the American Rose Society, said the process can be time-consuming, with all the watering, pruning, and tying. "But it's really a labor of love," she added. "Most nights I can't wait to go home to see the garden. I'm always surprised by what I find. And if they turn out well, I'll just give away most of the flowers to hospital employees and patients."

Since planting is primarily a seasonal hobby, Ms. Watkins has found other interests, especially in winter. "I was recently installed as president of the Massachusetts chapter of the Women's Army Corps. And in winter I spend a lot of my time cooking. I even catered a wedding last year for 150 people."

But growing flowers is her first love. "I must admit I can't wait for spring to arrive."

Elaine Watkins may not be the only one.



Physical Therapist Terry Michel (left) giving encouragement to John Watson on the exercise cycle. Mr. Watson is one of the outpatients enrolled in the new Pulmonary Rehabilitation Program.

New Program offered In Chest Physical Therapy

The Chest Physical Therapy Department is sponsoring a Pulmonary Rehabilitation Program for outpatients only, designed to help people live comfortably with chronic lung disease. The program, which began on January 25 and runs until March 18, is based on exercise conditioning and psychological support mechanisms.

Outpatients meet three times a week (Monday, Wednesday, and Friday) in the Physical Therapy Gymnasium and engage in several activities during the three-hour session. These include: relaxation exercises, breathing exercises, techniques of energy conservation, and strength and endurance exercises.

Also discussed with chest physical therapists are such topics as how to cope with chronic lung disease, how lungs function, the proper use and maintenance of oxygen equipment, medications and nutrition.

Any person who suffers from chronic lung disease is eligible to join the group. Before starting, the patient will be seen by a team of professionals from Physical Therapy, the Department of Dietetics, Social Service, and the Institute of Health Professions, who will evaluate his or her needs. Each person's activities will then be geared toward meeting those needs.

If you would like more information, you can call the Pulmonary Lab at extension 1718.

Now You Don't Have to be Left Out in the Cold

You can put away your coats. You don't need them anymore...at least to travel from the White or Gray Buildings to Bartlett Hall.

A temporary tunnel has now been completed. It begins in the basement of the Gray Building. You walk down that long corridor and look for a sign on the left-hand side indicating the entrance to Bartlett Hall. You walk up a few steps, and there you are, right in the lobby by the entrance to the Treadwell Library.

You'll avoid going through the construction area and also avoid the cold air outside.

Dr. Ronald W. Lamont-Havers (left), Deputy to the General Director for Research Policy and Administration, and Mr. Lawrence E. Martin, Associate General Director, do the honors officially opening the Bartlett Hall tunnel.

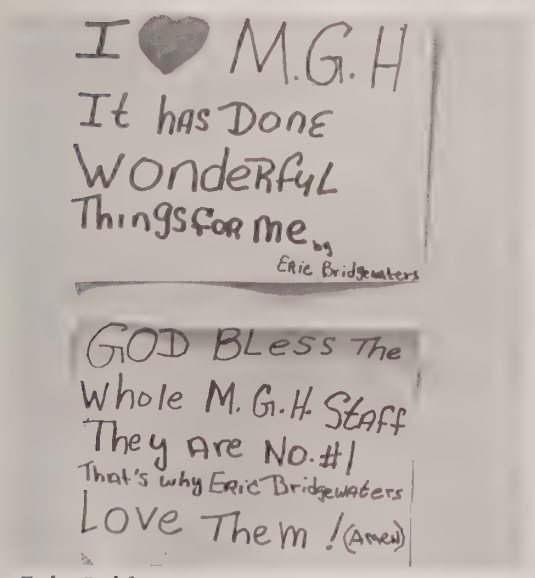
Ferdinand (Bob) Strauss (right) receiving best wishes from Emergency Ward Administrator Harry Harding at a recent retirement party for Mr. Strauss, who was Deputy to the General Director for Special Projects. At far right is a gift presented to Mr. Strauss from the E.W.

Nurse *(continued from Page 1)*

Mary Macdonald, Director of Nursing at the MGH, wrote, "Ms. Bennett demonstrates the ability to practice the art and science of nursing and applies requisite scientific principles in a mature and self-directed manner....Ms. Bennett's practice is such that she is recognized as a clinical role model not only by her immediate nursing peers but by hospital colleagues."

Ms. Elizabeth Sheehy, Nurse Administrative Officer, Phillips House Nursing Service, recognized Ms. Bennett's award with a dozen red roses. "I am sure this recognition by the MNA Commission on Nursing Practice is even more meaningful having been initiated by her peers for recognized excellence in clinical practice," said Ms. Sheehy.

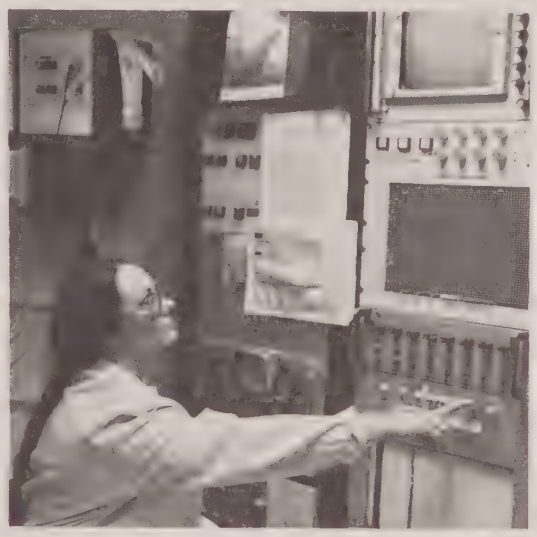
The award consists of an official letter of recognition from the President of the MNA, public recognition in the MASSACHUSETTS NURSE, and an invitation to be a guest of honor at the Awards Dinner at the annual MNA Convention. Dr. Adolph Hutter, Clinical Director of the Coronary Care Unit, also will host a party for the CCU staff at which Alberta Bennett will be honored.



Eric Bridgewaters may just qualify as the number-one member of the MGH fan club. Here, the former patient expresses his appreciation to the hospital with a couple of signs now hanging on Burnham 4, where Eric stayed.

The MGH HOT LINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

J. Robert Buchanan, M.D.
General Director
Martin S. Bander
Deputy to the General Director (News and Public Affairs)
Scott G. Davis, *Editor*
Doris G. Schreckengaust, *Copy Editor*
Patricia Conlon, *Typist*



Alberta Bennett using an LEC Machine, an eight-channel recorder for hemodynamic pressure monitoring

Patient Teaching Fair

"Most impressive!" "Excellent!" "Very well done." "Interesting and informative." "Very creative." "Good idea." "Fantastic!"

These were just some of the comments made following last year's first Patient Teaching Fair. This year's Fair will be held on Wednesday, March 23, from 7 a.m. to 5 p.m. in the Walcott Room on ACC 1.

The Fair is designed to recognize those nurses who have developed effective teaching techniques or visual aids for patients. Nurses thus would be able to learn about new resources available to them as well as have the opportunity to exchange ideas and suggestions that could be utilized in the treatment of their patients. Projects will be exhibited in the form of table displays and posters.

If you would like to participate, there is still time. The original deadline for submitting project ideas has been extended from February 15 to February 22. Ideas should be sent to M. Donovan, R.N., Radiation Medicine, Cox Basement.

A Look Back at 41 Years

There are only four major buildings that still exist from the day when Betty Cote began work here at the MGH--the Bulfinch, the Phillips House, Baker Memorial, and the then newly opened George Robert White Building.

The physical appearance of the hospital, however, is just the beginning of the changes seen by Ms. Cote, who recently retired after 41 years as a nurse anesthetist at the MGH.

"Some people think that because I've worked here for so long I must have seen it all," said the senior staff nurse anesthetist in the O.R. "But I don't think I've seen everything, although sometimes I feel I saw most of it just one year after I started here."

What Betty Cote is referring to is a tragedy that still lives in the minds and hearts of many people, even 40 years later...the Cocoanut Grove Fire.

"I had just left the Shubert Theatre with some friends when we heard sirens and saw scores of ambulances racing by us. I even remember seeing cars with people's feet hanging out the windows. I was hoping for the best, but I knew by the looks of it to expect the worst."

And Ms. Cote's worst fears were confirmed when she got a call at 1 a.m. telling her to come into the hospital because she was needed.

"The White Building had a revolving door at that time," recalled Ms. Cote, "and I remember entering to find bodies literally piled on top of each other on all sides of the lobby and corridor. There was just no other place to put the dead. But there was no time for me to personalize what I was witnessing because there was too much work for me to do to help the living."

Betty Cote

And work she did...for the next three days and nights, almost nonstop. Ms. Cote assisted in the treatment of hundreds of patients.

"The success we had with some of them actually opened the doors to many medical advances," she said, "and not just in the treatment of burns." The nurse explained that at that time the hospital had no recovery rooms, had

(continued on page 4)

Some of the exhibits from last year's Patient Teaching Fair. This year's Fair is expected to be even more successful.

Topping-off *(continued from Page 1)*

Among those signing the beam was Mrs. Gullan M. Wellman, who along with her husband, Arthur, donated $15 million for construction of the 150,000-square-foot building.

Others taking part in the ceremony included MGH General Director Dr. J. Robert Buchanan; Associate General Director Mr. Lawrence E. Martin; Chairman of the Board Mr. Francis H. Burr, Esq.; and other members of the Board of Trustees.

The building will consist of nine research floors and three other levels, and its large, open laboratories will be adjacent to support facilities. It is expected to be completed by late summer of 1984.

In addition to the $15 million gift designated for the research building, Mr. Wellman recently marked his 88th birthday by pledging $700,000 to build first a temporary, then a permanent laser laboratory. The Wellmans have also pledged $1 million to complete the Wellman Laboratories in the new research building, bringing to $16.7 million the sum the Wellmans have pledged to the MGH's Capital Campaign.

Mrs. Gullan M. Wellman is the first to sign the last beam before it is raised to the top of the new research building named for her and her husband, Arthur. Looking on are (from left to right) Mr. Francis H. Burr, Chairman of the Board; Dr. J. Robert Buchanan, General Director; and Mr. Lawrence E. Martin, Associate General Director.

All the money donated to the Campaign will be used to construct the research building, to improve patient care areas, and to endow the Institute of Health Professions.

The MGH branch of the Harvard University [illegible], located on the first floor of the Clinics Building, is now open. Its hours are [illegible] a.m. to [illegible] p.m., Monday through Friday. The extension is [illegible].

Harts, etc. *(continued from Page 1)*

DANIEL HART--Computer Center: "Unfortunately, it doesn't mean that much, except that chocolate candy is on sale in most stores after the holiday. I remember in grade school we used to exchange cards. But now if you're single, it's hard to meet people. Maybe the hospital should have some organized activity where single people can meet."

ANTHONY ROSE--Building Service: "As a kid in school, Valentine's Day was great. It was something to look forward to."

BARBARA ROSE--Medical Art: "I just think Valentine's Day means candy, flowers, and love...especially love."

DR. MARY ANN ROSE--Radiation Medicine: "I think it's a time to show someone that you love and care about that person. When I was an Intern, I will never forget the Valentine's Day a patient gave me a box of candy hearts while I was working at night. I was really touched by that. And I still am."

41 Years *(continued from Page 3)*

little in the way of respiratory therapy and monitoring devices, and administered anesthesia in a rather rudimentary way.

"In the 1940s the Operating Rooms seemed to be in every nook and cranny of the hospital," she recalled. "We did anesthesia while constantly on the move, and we used to have to mix many of our own drugs, such as pentothal and morphine. We did this near the staircase behind the White Building O.R. desk."

At that time the nurses in Anesthesia outnumbered the doctors. "We had more duties on the whole then," said Ms. Cote, "which meant we even had to repair some of the equipment. We were really jacks of all trades. But I would also like to think that we were certainly masters of one...administering anesthesia."

Today, the 15 nurse anesthetists at the MGH are still masters of their trade, although they now have the advantage of working with the latest in equipment that medical science has to offer.

"In some ways our job today is a bit easier than it was 40 years ago," admitted Ms. Cote. "But I wouldn't have traded anything for the experience I got at that time. I'm happy with the work I've done, and I think there's a certain satisfaction in putting a patient to sleep and having that person wake up and say thank you."

And Betty Cote has put many patients to sleep under anesthesia in her 41 years at the MGH. "I never found it dull," she said, "because no two patients were alike. Each person's body reacts differently under anesthesia. And all patients need constant vigilance."

Ms. Cote estimated that she has been involved in anesthetizing more than 21,000 people since 1941, and she is very proud of her success. She was honored recently by addressing the Anesthesia Grand Rounds, one of the few nurses ever to do that.

But Ms. Cote quickly balanced her achievements with a surprising admission...for someone who had taken part in so many operations. "I'm actually very squeamish," she conceded. "I could stand to look at a broken bone, but when it came to some other surgery...well that was a different story. I guess even though so many things around me changed, I never really did."

And a lot of people at the MGH are glad for that.

Campaign *(continued from Page 1)*

The Capital Campaign marks its two-year anniversary this month with more than $54 million raised toward an interim goal of $65 million. The long-range goal is to raise $114 million to be used to improve patient care buildings, for the construction of the Wellman Research Building, and to endow the Institute of Health Professions.

If you had as many injuries as this poor individual, you'd really need a hospital too. Actually, it's a model made to teach residents about the different kinds of traction used at the MGH. Here, John Booker, an Ortho. technician in the White 5 Plaster Room, puts the finishing touches on the skeleton, which took about a half an hour to assemble.

The MGH Hot Line

Boston, Massachusetts
News Office, Bulfinch 1 (2206)
March 3, 1983

ART DISPLAYED IN ACC

The first floor level of the Ambulatory Care Center has a bright new addition. It's an art exhibition, the first of its kind in the history of the MGH. Twenty-three works of art are currently on display. All of them were done by students of the Museum School of the Boston Museum of Fine Arts. The works were selected for exhibit by a panel of independent judges, including three members of the MGH's Committee on Decorations--Mrs. William Constable, Mrs. Nelson Aldrich, and Mrs. Stephen Paine. Mr. Gary Kitchline and Mr. Jim Field, faculty members at the School, helped organize this first MGH exhibit, which will be up for two months. "We're very excited about the display," said Dr. Walter Guralnick, who initiated the project while he was Executive Director of the Ambulatory Care Center. "We think it utilizes the space, which is a natural gallery, in the best way possible. People may like the paintings and pictures, or they may not like them. But at the very least we think they'll find a contemporary art exhibit interesting. We hope the area will continue to be used to exhibit 'live' art," added Dr. Guralnick. "We plan to have shows displayed on a rotating basis. The art can be enjoyed by patients, visitors, and employees alike, and will certainly add to the attractiveness of the area."

MEEI FLOORS ARE RENUMBERED

Triskaidekaphobiacs should be pleased. The Mass. Eye and Ear Infirmary floors have been renumbered to eliminate the number 13. What had been the 13th floor (or the top floor) is now the 12th floor, the 12th floor is the 11th, the 11th is the 10th, the 10th is the 9th, the 9th is the 8th, the 8th (cafeteria floor) is the 7th, the 7th is the 6th, and the 6th is "S" for Surgical. All other floors have remained the same, with the Ground floor now called the Lobby.

UNITED WAY GRANTS

The Chelsea Memorial Health Care Center of the MGH was one of 11 agencies to receive the first grants from the United Way of Massachusetts Bay's 1983 Economic Conditions Response Fund. A total of $125,000 was distributed to the 11 agencies and an additional $61,850 to three emergency food programs, selected on the basis of their experience and skill in serving low-income neighborhoods. The fund was established to help individuals and families adversely affected by the economy.

RADIATION PROTECTION COURSE

A Basic Radiation Protection Course for Laboratory and Hospital Personnel will be given beginning Wednesday, March 9, from 3-5 p.m., on Bartlett 9. This course, comprised of 10 2-hour lectures, is intended to provide basic information relative to radiation safety, nuclear physics, radiation biology, nuclear instrumentation and dosimetry. Part 1 (5 2-hour lectures) is intended for those desiring a general training in the field (satisfies MGH Radiation Safety Committee requirements). Parts 1 and 2 (10 2-hour lectures) are intended for those desiring a permit (satisfies the NRC requirement in Radiation Safety). For more information, please call Dr. Frank P. Castronovo, Jr., Radiation Safety, Ext. 8328.

EXERCISE FOR SPRING

Are you interested in getting in shape? Do you feel you need a structured exercise regime because of having medical problems, being deconditioned, or being overweight? The Physical Therapy Department is offering a 6-week exercise class, Monday and Thursday evenings, from 5:30 to 6:30 p.m. in the ACC Physical

(continued on page 2)

(continued from page 1)

Therapy Gym, starting later this month. The hour session will include conditioning, nutritional and postural education in conjunction with actual exercise. Participants will be required to obtain a physician's referral from their own doctor or from staff clinic. Class size is limited to 20. Applications can be obtained at the Training and Development Office, MEEI 12. A fee of $25.00 is required for the six-week session.

CHAPEL CONCERT

The Melisande Trio will be performing in a Chapel Concert on Wednesday, March 9, at 3 p.m. Leslie Silverfine will play the violin, Marianne Bisio, the piano, and Kirsten Fedje, the cello. All three women are professional musicians and have graduate degrees from the Boston University School of Fine Arts. They have been playing together in the Greater Boston area for the past two years. They will play from the piano trio repertoire, which consists of works by such diverse composers as Dvorák, Fauré, and Haydn.

AROUND MGH

Dr. A. Everette James, Jr., Sc.M., J.D., a 1966-69 housestaff member, was the leader of the American delegation for the first U.S.-India Radiology Conference held in New Delhi and Bombay.

Dr. John T. Potts, Chief of General Medical Services, has been appointed to a four-year term on the National Arthritis, Diabetes, and Digestive and Kidney Diseases Advisory Council. As a member of the Council, Dr. Potts will help to advise and make recommendations concerning grants and awards for biomedical research. An endocrinologist, Dr. Potts is a former Chief of the MGH's Endocrine Unit.

Dr. Dean Ornish, a second-year resident in Medicine, has written a book entitled, STRESS, DIET, & YOUR HEART, published by Holt, Rinehart, and Winston. The book is based on research carried out by Dr. Ornish at Baylor College of Medicine. The Foreword was written by Dr. Alexander Leaf, former Chief of Medical Services at the MGH and presently Chairman of the Department of Preventive Medicine and Clinical Epidemiology at Harvard Medical School. Dr. Leaf was also quoted on the jacket of the book along with Dr. Roman W. DeSanctis, Director of Clinical Cardiology at the MGH, as well as other physicians.

MGH IN THE MEDIA

Boston Bruins forward Terry O'Reilly was interviewed by WNEV-TV (Channel 7) and WCVB-TV (Channel 5) during his recent stay at the MGH following knee surgery performed by Dr. Bertram Zarins, team Orthopaedist for the hockey club.

Dr. Alan J. Gelenberg, an MGH Psychiatrist, was recently interviewed by WCVB-TV (Channel 5) for a segment on "Health Beat." He talked about food and how it affects behavior.

Dr. Robert Schooley, a member of the Infectious Disease Unit, was interviewed recently for a segment on "Health Beat," telecast on WCVB-TV (Channel 5). He discussed current research being done on AIDS.

Dr. Alan B. Weitberg, a member of the MGH Cox Cancer Center's Hematology-Oncology Unit, was interviewed recently by the news media about an article published in the New England Journal of Medicine. The study, of which Dr. Weitberg was the principal author, concluded that white blood cells, normally the body's disease fighters, are capable in certain circumstances of causing genetic damage that may lead to cancer in mammalian cells. Other MGH physicians collaborating with Dr. Weitberg were Dr. Thomas A. Stossel, Chief of the Unit, and oncologist Dr. Sigmund A. Weitzman. Among the stations that carried the story were the CBS Evening News with Dan Rather, the CBS Radio Network, the NBC Radio Network, the Public Radio Network, Mutual Radio, AP Radio, the Australian Radio Network, WEEI, WRKO, WPOP in Hartford, Connecticut, and a number of newspapers including The Boston Globe, The Boston Herald, and The Wall Street Journal.

The MGH Hot Line

Boston, Massachusetts
News Office, Bulfinch 1 (2206)
March 17, 1983

SAY YES TO LESS

March is National Nutrition Month. The theme is SAY YES TO LESS--less fat, less salt, less sugar... a health plus. Each day, a SAY YES LUNCH will be available in the cafeterias. The SAY YES LUNCH will be a special selection containing less fat, less salt, and less sugar. Registered Dietitians are the key people at the MGH who provide nutritional care and direct the complex food service operators for patients, staff, and visitors. The Registered Dietitian has a bachelor's degree from an accepted college or university plus successful completion of an approved, supervised, professional experience such as an accredited dietetic internship. Many of the MGH Registered Dietitians have an advanced degree in some area of food, nutrition, public health, or management. Let National Nutrition Month be your opportunity to get to know better the dietitians and Department of Dietetics and its staff.

CREDIT UNION OPEN HOUSE

The Directors and staff of the Harvard University Employees Credit Union invite all MGH employees to an Open House on Thursday, March 24, from 3-5 p.m., in the Walcott Room. There will be giveaways, drawings, and light refreshments.

GRADUATE COURSES BEING OFFERED

The MGH Institute of Health Professions is offering a number of graduate courses which are open to dietitians, physical therapists, social workers, speech-language pathologists, and other health professionals who may enroll as Special Students. The courses are eligible for tuition aid through the Tuition Aid Office (Ext. 2230). Term III (April 25-August 5) courses include:

Daytime Courses

Working with Groups, Health and Social Policy, Introductory Statistics, Long-Term Care

Late Afternoon & Evening Courses

Ethical Issues in Health Care, Human Resource Management, Intensive Care Management in Physical Therapy

For more information on these courses, please fill out the form below and send to Special Student Admissions, Bartlett 5, or call Ext. 8010.

Please send me information on Special Student status:

Name_____

Profession_____

Department_____

Location_____

INSTITUTE GRANT

The MGH Institute of Health Professions' Graduate Program in Nursing has received a $50,000 grant from the Educational Foundation of America. The money will be used for program development and student financial aid.

LINDEMANN LECTURE

The annual Lindemann Memorial Lecture will be given on Thursday, April 7, at 7:30 p.m., in the Revere Room, second floor (West Wing) of the Erich Lindemann Mental Health Center, 25 Staniford Street, Boston. The speaker will

(continued on page 2)

LECTURE (continued from page 1)

be Dr. Oliver Cope, Senior Surgeon at the MGH and Professor of Surgery Emeritus at Harvard Medical School. His topic will be: EDUCATING THE PHYSICIAN: WHO COMES FIRST--THE PATIENT OR THE DISEASE? The Lindemann Lecture honors Erich Lindemann, Ph.D., M.D., Chief of Psychiatry at the MGH from 1954-1965, and Professor of Psychiatry at the Harvard Medical School. He died in 1974.

HOLY WEEK AND PASSOVER SERVICES

Holy Week and Easter services for patients and employees will be held in the MGH Chapel. The following is a schedule of services:

Holy/Maundy Thursday, March 31--
Prayer Service at 12:15 p.m.; Mass at 4:00 p.m.; Protestant Communion Service at 6:30 p.m.

Good Friday Service, April 1--
Prayer Service at 12:15 p.m.; Catholic Service at 4:00 p.m.

Holy Saturday, April 2--
Easter Vigil Mass at 7:00 p.m.
(No 4:00 p.m. Mass)

Easter Sunday, April 3--
Easter Worship Service at 11:00 a.m.
Easter Mass at 4:00 p.m.

Passover Yizkor Service will be held for patients and employees on Tuesday, April 5, at 12:45 p.m. in the MGH Chapel.

CHAPEL CONCERT

The Weston Wind Quintet will be performing at the next MGH Chapel Concert on Wednesday, March 23, at 3 p.m. The Quintet features Norman Letvin, M.D., clarinet; Laurie Cassel, flute; Barbara Knapp, oboe; Cyrus Stewart, horn; and Frank Belvin, bassoon. Dr. Letvin is an immunologist, who trained at the MGH. He is on the faculty of Harvard Medical School and works at the Dana Farber Cancer Institute and the New England Regional Primate Center. Ms. Cassel and Ms. Knapp are professional musicians in the Boston area. Mr. Stewart is a freelance computer programmer. And Frank Belvin is a computer executive. The Quintet will perform works by Mozart and Richa.

AROUND MGH

Anne Carll, R.N., M.S., a Psychiatric Nurse Clinician in the Ambulatory Care Division of the MGH, recently spoke before a Parents' Discussion Group in Charlestown about predictable changes in life that an adult must face in order to mature. Ms. Carll, who works in the West End Alcohol Clinic, also spoke recently to nurse practitioners at the fourth Regional Conference of Nurse Practitioners in Boxboro on the subject of Women and Alcohol.

Dr. John E. Mack, Professor of Psychiatry at Harvard Medical School and on the staff of Cambridge City Hospital, was the guest speaker at the fourth annual Oliver Cope Lecture, held on January 18, in the Ether Dome. Dr. Mack discussed, "Some Psychological Effects and Causes of the Nuclear Arms Race."

MGH IN THE MEDIA

Dr. John T. Truman, Chief of Pediatric-Oncology at the MGH, appeared recently on "Chronicle," telecast on WCVB-TV (Channel 5). Dr. Truman discussed leukemia in children. Also appearing on the program were 11-year-old Lauren Belyea of Norwell, who has leukemia, her parents, Terry Elio, a former patient of Dr. Truman's who has recovered from the disease and is a star tennis player at Winchester High School, and Terry's mother. Dr. Truman was also interviewed by Lexington Cable Television regarding the Charley Davidson Fund (see January 20 HOT LINE). In addition, he was interviewed by WBZ-TV (Channel 4) for a program dealing with "Medical Miracles."

Dr. Robert H. Rubin of the Infectious Disease Unit recently appeared on WNEV-TV (Channel 7) to talk about AIDS.

March 24, 1983

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Hospital Cited for Building Strong Culture

"The MGH Way" Lauded

The MGH was given high praise in an article published in the January/February edition of HOSPITAL FORUM MAGAZINE.

Entitled, *How to Create an Outstanding Hospital Culture*, the article cited the MGH for what it described as "The MGH Way" in building a strong culture within the hospital. Authors Terrence E. Deal, Allan A. Kennedy, and Arthur H. Spiegel III cited some of the elements of the culture. They included:

"An elitist view of itself as a leading institution on a world stage. Mass. General prides itself on attracting the 'best and brightest' for its staff. Internal competition is intense but focused on excellence in its professional role.

"The 'MGH Way.' Mass. General has procedures and rituals for all the activities it carries out. People who work at the hospital are proud of their affiliation with it and bring real intensity to their application of the MGH Way.

"Stories. Within the hospital and even in the broader Boston community there are hundreds of stories told about what it is like to be part of Mass. General. Famous people treated and cured, exotic diseases diagnosed and cured, the intensity of the residency experience, the awards and prizes earned and won by the staff.

"Ceremonies and celebrations of key events. It is almost impossible to visit the hospital without seeing some form of recognition of achievement on display--notices on bulletin boards, parties or award ceremonies, write-ups in the national press."

(continued on page 4)

The MGH now has even more to be proud of in the construction of the Ambulatory Care Center.

Ambulatory Care Center Wins Building Award

The MGH's Ambulatory Care Center can now be called the *award-winning* Ambulatory Care Center.

The hospital, Walsh Brothers, contractor for the building, and Skidmore, Owings, and Merrill, the architect, recently received the annual "Honor" Award. It was given by the Associated General Contractors of Massachusetts, Inc., based upon excellence in project concept, design, and construction.

In its statement about the building, the selection committee wrote, *"The nine-story Ambulatory Care Facility meets the objectives of the hospital which included a facility that would simplify patient access and provide a single standard of care. It also improved circulation with a new entrance away from the regular emergency entrance....Use of the team approach to the project enabled completion two months ahead of schedule and very close to the budget set in 1973."*

Mr. Lawrence E. Martin, Associate General Director of the MGH, who supervised the project, expressed his appreciation: "I am delighted," said Mr. Martin, "that the results of an enthusiastic effort by so many people over a period of 10 years have been recognized by this award. We are grateful to the General Contractors Association."

Look-Alikes Story Gets Quick Response From Boston City Hall

An interesting letter was sent recently to one of those MGH employees featured in the story on Look-Alikes *(Dec. 16, 1982 HOT LINE)*. And we would like to share it with you:

CITY OF BOSTON
OFFICE OF THE MAYOR
CITY HALL BOSTON

KEVIN H WHITE

February 23, 1983

Joe Johnston
Security Offices
Massachusetts General Hospital
Fruit Street
Boston, MA

Dear Joe,

What you didn't say in the newsletter was whether looking like Kevin White was a blessing or a curse. Some would have it as a mixed blessing at best.

If I may voice an opinion, I think you're a fine looking fellow and I wish you the very best.

Sincerely,

Kevin H. White
Mayor

KHW/nm

The Name is the Same—the Look is Not

We decided to make a few changes in the HOT LINE. So we began right at the top with the masthead.

Designed by Robert Galla of the MGH Medical Art Department, the new masthead reflects our new lively image.

Also in the monthly HOT LINE, we are introducing a new feature on Nutrition, which we think will be of interest to anyone who likes to cook or likes to eat.

In the shorter version of the HOT LINE, which is published at least twice a month, you won't even have to look at the masthead to see the difference.

We hope you like our new look and welcome your comments and suggestions.

The MGH HOT LINE (formerly called THE WORLD) as it has looked through the years

ALSO IN THE HOT LINE THIS WEEK

Refilling by telephone.....Page 2

Sports wrap-up Page 2

Family Waiting Area.....Page 3

One fan thinks Johnny's the Most.....Page 4

The regular season action in the MGH Basketball League was fast and furious, and the playoffs promise to be more of the same.

Boston Milk Run Scheduled Next Month

More than 3,000 runners, including several from the MGH, are expected to participate in the second annual BOSTON MILK RUN, to be held on Sunday, April 10.

One of the highlights of this year's race is a Hospital Teams competition. All employees from the MGH are invited to join a team and compete against other hospital employees from all over Massachusetts. A special award will be presented to the winners at a ceremony following the 10 kilometer road race, which begins at Emmanuel College in the Fenway section of Boston.

Ms. Beth Cornell, a Registered Dietitian at the MGH, is scheduled to conduct a Pre-Race Nutrition Clinic on Saturday, April 9, in the Emmanuel College Library She will discuss *"Sugar and the Sweet Tooth."*

Refilling a Prescription as Easy as Dialing Phone

Two-Five-One-Four (2514).

Those are four very important numbers to remember if you ever need a refill on a prescription. That's the telephone extension for the MGH Telephone Prescription Express Service for Employees.

"The main purpose of this service is convenience," explained William Madden, Supervisor of the Ambulatory Care Pharmacies. "It allows employees to phone in their refills without ever having to leave their desks. And when they're ready to pick up their prescription, it will be ready for them at the Pharmacy in the basement of the Clinics Building. There's no waiting."

If you would like to refill a prescription, you can call the Pharmacy between the hours of 9 a.m. and noon, and 1 p.m. and 4 p.m., Monday through Friday. If you call before 9:30 a.m., you may pick up your refill after 1 p.m.

"There are other advantages to using this service besides convenience," added Mr. Madden. "We offer very reasonable prices, and we maintain a drug profile for employees filling their prescriptions here."

Among those who can take advantage of this service are all MGH employees, Mass. Eye and Ear employees, retired MGH workers, House Officers, Fellows, and patients who are being discharged.

All Ambulatory Care patients should use the Pharmacy located in the basement of the ACC Building.

"I think employees have found it very convenient," said Mr. Madden. "And it's as easy as two, five, one, four."

MGH Pharmacist Beth Harmon will be the person you will often see when you go to the Pharmacy, located in the basement of the Clinics Building, to pick up a prescription.

The MGH HOT LINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

J. Robert Buchanan, M.D.
General Director
Martin S. Bander
Deputy to the General Director (News and Public Affairs)
Scott G. Davis, *Editor*
Doris G. Schreckengaust, *Copy Editor*
Patricia Conlon, *Typist*

It's Playoff Time

The regular season is over, and the playoffs are beginning in the MGH Basketball League.

Six teams are vying to be this year's champion, following a 12-game regular season which saw Rico Cox of the White Kitchen Warriors the scoring leader averaging 22½ points a game.

The final standings going into the playoffs are as follows:

Royals (Linen)	*9 wins 3 losses*
Warriors (White Kitchen)	*7 wins 5 losses*
Tarheels (Baker Kitchen)	*6 wins 6 losses*
Bulldogs (Personnel)	*6 wins 6 losses*
Majestics (Mat. Mgt.)	*5 wins 7 losses*
Wildcats (mix of depts.)	*3 wins 9 losses*

All games are played at the Dorchester House, on Dorchester Avenue. For playoff dates and times, please contact Larry Curtis at Ext. 8202.

Roadrunners Lecture

The MGH Roadrunners Club presents "Running and Training," the third in a series of lectures being sponsored by the group.

It will be held on Tuesday, March 29, at noon, in the Walcott Room, ACC 1.

The featured speaker will be Dr. Tim Fischell, a second-year Resident in Medicine and winner of the 1982 Doctors Run. All levels of running, ranging from the occasional jogger to the long distance marathoner, will be discussed.

Golf Season Set to Begin

It's time to dust off those drivers and putters. The MGH Golf League is about to begin a new season.

And you don't have to be another Jack Nicklaus to compete.

A preseason meeting will be held on Thursday, March 31, at noon, in the Patio Room, for all old and new members.

If you can't attend this meeting but would like to join, please contact Jim Candito, club president, at Ext. 2086. See you on the links!

Soccer Players Needed

The MGH Soccer Team is looking for experienced players for its second year of competition in the M.U.S.L. If you are interested, please contact either Orazio at Ext. 2415, or Ralph at Ext. 2419.

Dispatch Service and Radiology Transport employees recently participated in a program designed to assist them in the transportation of patients. Here, Beverly Brooks (with hat), instructor for the course, explains the body mechanics involved in sitting in a wheelchair. Forty-eight people participated in the ten-hour course, which was created through the efforts of Marc Cooper of Radiology, Harvey Simons of Dispatch, and William Jay of the Phillips House.

An Area to Wait, A Place to Hope

Oh, how agonizing it is to wait sometimes! Especially when you're anxious, concerned, fearful, excited, or just plain uptight, minutes can seem like hours. And hours can seem like an eternity.

This is certainly true for the families of surgical patients. While their loved ones are undergoing operations, these family members must wait for news... any kind of news.

"I often think that operations are a lot harder on family members than they are on the patients themselves," remarked Ida Walker, a nurse receptionist in the Family Waiting Area, located in the lobby of the Gray Building. "The patient is under anesthesia, but the families must try to relax and be patient as they wait to hear some news. And that often is a difficult thing to do."

Ms. Walker. "For example, we tell family members when the patient has left surgery and entered the Recovery Room, or if the patient has been taken to one of the intensive care units. We can't tell them anything about a patient's condition. That information has to come from the surgeon."

But the other information pertaining to the patient's location is transmitted by means of a Telautograph machine. Personnel from the Recovery Room, the Gray Acute Care Unit, the Surgical Intensive Care Unit, and the Respiratory Intensive Care Unit can quickly inform a patient's family as to the whereabouts of that patient simply by writing it on a roll of paper, which is automatically transmitted to the Gray 1 waiting area.

"At least the family knows if the patient has left surgery," said Ms. Walker, "and even that information sometimes makes the wait easier."

Ida Walker (right on telephone) plays an integral role in the Family Waiting Area.

But the Family Waiting Area tries to make it a bit easier. Here, the minutes may not go by any faster, but they can be spent in comfort and without any unnecessary distractions.

Looking around the room, decorated with brightly colored wall hangings and furnished with various kinds of chairs, one can see that no two people wait the same way. Some are engaged in quiet conversation. Others are reading. A few may be knitting. And some others are just staring out the window, wanting to be alone. A small room off the lobby is also provided for additional privacy for the families.

But the Family Waiting Area is more than a place to wait. "We also provide updates on the whereabouts of surgical patients," explained

The Family Waiting Area was begun in January of 1976, originally proposed by Mary Macdonald, Director of Nursing at the MGH. Supervised by the Intensive Care Nursing Service, the area is open from 8:00 a.m. to 8:30 p.m., Monday through Friday. Magazines are available for reading, and soft music is played. Coffee and tea are also served. Services to the families are also provided by the Volunteer Department, the Department of Pastoral Services, the Department of Social Service, and Psychiatric Nurse Clinicians.

Ms. Walker stated that between 10 and 20 families a day use the facility, with more than 10,000 family members having waited there between October 1, 1981 and September 30, 1982. Approximately 75,000 family members have used the area since it opened.

(continued on page 4)

Dorothy Hall (right) from the Gray Building Admitting Office receives gift from Austin Holzer, Director of Admitting. The occasion was a retirement party held recently for Ms. Hall, who has worked at the MGH for 10 years. For Ms. Hall it's been a family affair. Her son Stephen Hall works in the Bacteriology Lab, her son-in-law Wayne Rollins is employed in the Pharmacy, and her granddaughter Debra Rollins is in the Hypertension Unit.

Nutritional Highlights

Smart investment in sound nutrition practices requires an awareness of the stock that you are buying.

The Salad Bar in Line "3" and the opening of the ACC Cafeteria provide opportunities for a variety of choices with a wide range in calorie value. Do you know how much of an investment you are making -- in a salad? -- frozen yogurt?

Fresh vegetable salads can provide a large volume of food and nutrients with a moderate number of calories. But the "extras" available at salad bars -- the chick-peas, cottage cheese, croutons and dressing, are not necessarily "low calorie."

DID YOU KNOW:

FOOD	*AMOUNTS*	*CALORIES*
Chick-peas	½C	120
Cottage Cheese	½C	120
Macaroni Salad	¼C	84
Pickled Beets	½C	75
Seasoned Croutons	¼C	50
DRESSINGS		
Blue Cheese	1 tbsp.*	76
French	1 tbsp.	66
Oil & Vinegar	1 tbsp.	69
Diet Dressings	1 tbsp.	7-30

* 1 ladle at the Salad Bar is 2 tbsp.

A salad with 1 cup mixed lettuce and spinach, 5 mushrooms, ½ tomato, ¼ cucumber, ¼C chick-peas, ¼C croutons, ¼C macaroni salad, and 1 ladle (2 tbsp.) of French dressing is 380 calories. A turkey sandwich made with 2 slices of bread (nondiet), 2 oz. of mayonnaise is 360 calories--about equal to the salad. If you use mustard instead of mayonnaise, you reduce the sandwich calories by 100 calories!

With the availability of the delicious frozen yogurt in the ACC Cafeteria, ice cream lovers may think they have found a healthy, low calorie substitute. You are right.....and wrong.

	CALORIES	*CHOLESTEROL*	*FAT*
Sm. Frozen Yogurt (4 oz.)	150	11 (mg)	2 (g)
Lg. Frozen Yogurt (7 oz.)	260	20	4
MGH Ice Cream (4.0z.)	150	25	8

The yogurt has less fat and cholesterol than ice cream, but more sugar. The extra sugar explains the extra calories.

We are lucky that we have so many choices for lunch. Any diet now can have variety. Enjoy these new foods, but, always, be moderate and aware of what you eat.

A Message...

To Richard Savickas of Somerville, Johnny Most is THE MOST! So when Mr. Most, announcer for the Boston Celtics, was hospitalized recently in the Phillips House, Mr. Savickas, an MDC worker, decided to send Johnny a get-well message. Only the message didn't come by way of the U.S. Postal Service but instead was written in chalk on the football field directly across from the MGH. "I did the same thing for John Wayne when he was a patient," explained Mr. Savickas. "They are both my heroes." Johnny Most (right) was able to see the message from his window overlooking the field. "I'm really touched by the whole thing," said the Celtics announcer. "Just reading it has lifted my spirits tremendously."

MGH Way (continued from Page1)

The authors also recounted the record of accomplishment at the MGH such as early understanding of the role of the thyroid gland, first work with radioactive isotopes, discovery of lead poisoning, and some of the most important early research on the liver and heart, and in hematology.

"It's a record of accomplishment," the article said, *"that continues undiminished to this day."*

Vincent Show set for April

The 1983 Vincent Show, for the benefit of the Vincent Memorial Hospital, will be held from April 6-9, at New England Life Hall in Boston. Show time is 8:15 p.m.

This year's production is called *"Illegal Tender."* For ticket information, please call the theatre box office at 536-9606, or Dr. James Nelson's office at the MGH, Ext. 3001.

A Party...

It's a little unusual for a person to be a master. And it's even more unusual for a patient in a hospital to be a master for nurses on a particular floor. But Edward Daniels is no ordinary patient. And Baker 6 is no ordinary floor. Mr. Daniels, a resident of New Hampshire, had been a patient at the MGH since November 23, when he was admitted suffering a heart attack. Before leaving the hospital in March, the staff of Baker 6, where Mr. Daniels was a patient, got together to give him a surprise send-off party. "He was actually our master staff person," said Mariann Walko, one of his nurses. "During a bad snowstorm this past winter, he even helped deliver trays and the mail and assisted other patients in adjusting psychologically to their heart monitors." Mr. Daniels could do all this because for much of his stay on Baker 6 he was not sick enough to stay in bed but not stable enough to go home. "In many respects," added Ms. Walko, "he did more for us than we did for him. And we wanted to show him how much we appreciated that."

A Gift...

Helen Jones (left) being presented with a letter by Dr. John Crawford informing her of the creation of the Helen Stantial Jones Fund

Helen Jones was honored recently at a surprise 80th birthday party. As a gift to her, family and friends established the Helen Stantial Jones Fund to support the research efforts of the Endocrine-Metabolic and Gastrointestinal Units of the Children's Service at the MGH.

Ms. Jones, a graduate of Simmons College and the University of Toronto, where she received her B.S., M.A., and Ph.D., was involved in pediatric research for more than 30 years under the direction of Drs. Allan Butler, Nathan Talbot, John Crawford, and Allan Walker.

She still is active at the MGH, serving as a volunteer in both the Infectious Disease Unit, headed by Dr. Morton N. Swartz, and the Gynecology Research Lab of Dr. Janet McArthur.

"We thought this would be the best gift we could give her," said Mary Ann Waldron, Ms. Jones' daughter, who also works at the hospital as a Technical Specialist in charge of the Parasitology Lab.

And Mrs. Waldron was right. "This hospital has been very good to me," remarked Ms. Jones, "and I'm glad that in a small way I can return it."

Waiting Area (continued from Page 3)

Ms. Walker, along with Philip Oliver, who works as the evening receptionist, orient families to the services and facilities within the hospital and to ICU visitor policies. They also prepare families for what they can expect when they visit patients in the ICU.

"We are very careful to select just the right people for the receptionist position," explained Ms. Elizabeth Heckathorne, Chairman of the Intensive Care Nursing Service. "Ida and Philip are extremely kind people...people who are sensitive to the needs of others. And that's a very essential part of the job."

But Ida Walker believes she may be too sensitive for her own good. "Many times I know I bring the job home with me at night. I guess it's because when I was on Warren-Baker 12 as an L.P.N. I was directly involved in helping the patient. Sometimes I feel kind of helpless now."

However, Ms. Heckathorne thinks Ms. Walker and Mr. Oliver provide a vital service to the families. "Having a family member undergo surgery is a very frightening thing. We're glad to have someone with the families: to be with them...to care about them."

THE MGH HOT LINE

April 14, 1983

News Office, Bulfinch 1, Ext. 2206

MGH NIGHT AT THE MUSEUM OF SCIENCE

MGH Night at the Museum of Science will be held on Tuesday, May 24, from 5:30-8:30 p.m. All MGH employees, their families, or guests are invited to attend. Tickets are free and cover admission to the Museum, all regular exhibits, and some special shows. If you have not received a ticket request form, you may pick one up in the Personnel Records Office, Bulfinch 2, or call Donna DeOrio at Ext. 2214.

MGH NIGHT AT THE BOSTON POPS

The 19th annual MGH Night at the Pops will be held on Wednesday, June 22, at 8 p.m., in Boston's Symphony Hall. Approximately 742 floor seats will be available to the hospital this year. All tables seat five people. This year a picnic box supper, including wine, will be available, along with transportation from the MGH to Symphony Hall and back. Concert tickets are $17.00 and $15.00 per person. The supper is $5.00 per person, and the transportation is $3.00 per person. Tickets will be issued in the order in which applications are received, so please order early. No tickets or reservations will be sold after May 25, and no exchanges or refunds will be made. All tickets will be mailed by June 1. Order blanks are available through Personnel.

DIABETES RESEARCH CENTER

The MGH has recently opened a Diabetes Research Center at 10 Emerson Place. The center is investigating innovative methods of controlling diabetes including the use of insulin pumps. Diabetes is the third leading cause of death in the United States, and currently more than 5½ million Americans have diabetes. The complications of the disease are far-reaching, and the research center is studying the effects of optimal blood sugar control in preventing complications. The center is involved in two research projects comparing conventional once-a-day injection therapy with insulin pump therapy. One study is using implantable insulin pumps in adult-onset diabetes, while the other project is employing external insulin pumps in juvenile-onset diabetes. It is hoped that both research projects will have a major effect on the future management of diabetes and the control of its complications. Presently both studies are actively recruiting candidates for participation. If you are interested in further information, call the Diabetes Research Center at Ext. 1847.

GROUP FOR "CARETAKERS"

The MGH's Social Service Department is now offering a group for the "caretakers" of elderly patients. The group will be held weekly for six-week periods. This time-limited approach, with an option to sign up again, has proven useful in other settings. The goal is to provide professional and mutual support in dealing with the stress created by caring for chronically ill and aging family members. Caretakers could be offspring, in-laws, siblings, friends--whoever is experiencing the burden of this life task. And definitely included are those who are not actually living with the elderly person. If you would like further information, please call Miss Kay Dolezal at Ext. 2634.

ATTENTION MARATHONERS

Again this year, the HOT LINE will be publishing the names and finishing times of those MGH employees running in this year's Boston Marathon. Please call the News Office (Ext. 2206) with the information, or send it to us (Bulfinch 1). The names and times will be published in a future edition of the HOT LINE.

ALLEY WARS

It was the Seniors against the Juniors as the MGH Bowling League held its first Seniors vs. Juniors tournament on March 10. The Seniors, in this case, included all those 40 years of age and older. The Juniors were all those under the age of 40. Both teams went into the match with an identical 508 team average. The first string saw the Juniors take an early 25-pin lead after six frames. But with their backs against the wall, the Seniors came on strong in the second string, taking a 13-pin lead into the third and final string. But in that string it was the Juniors who took command, going on to a 52-pin victory, 550-498, to capture the tournament. The scores were:

JUNIORS

Bob Pappas, Blood Trans.Serv.	359
Larry Curtis, Mat. Mgt.	352
Ron Baptist, Dietetics	313
Al Carter, Dietetics	304
Ralph Bouvier, Bldg. Serv.	270

SENIORS

Joe Blanchard, Purchasing	341
Dan Caufield, Electric Shop	326
Steve Bell, Electric Shop	321
Lenny Givens, Computer Cent.	270
Peter Pappas, Transp. Serv.	264

A rematch has been scheduled.

CHAPEL CONCERT

Mary Murphy, a volunteer in the Emergency Ward, and Dorothy Farese, an MGH employee, will present a program of piano music for four hands by Franz Schubert at a Chapel Concert on Wednesday, April 20, at 3 p.m. Ms. Murphy graduated with highest honors from the New England Conservatory of Music. She is presently studying organ under Robert K. Love and is preparing an organ concert to be given at The First Baptist Church in Malden. Ms. Farese earned an Associate Degree in Music from Lasell Junior College and graduated from The Chandler School, where she completed the Executive Secretarial Course. As a volunteer, she gives an organ concert every Thursday at 1 p.m. in the MGH Chapel. She is a Senior Secretary.

AROUND MGH

Israeli President Yitzhak Navron and his wife were recent visitors to an Israeli journalist hospitalized in the Phillips House. Joseph Waxman suffered a heart attack while covering the recent visit to the United States of President Navron. The journalist was treated in the Phillips House for three weeks. While Mr. Waxman was still in the Coronary Care Unit, the Israeli President and his wife made separate visits. Mr. Waxman was very high in his praise for the care he received from the entire health care team here. He is a political and parliamentary writer for MA'ARIV, often considered the New York Times of Israel.

Five members of the MGH recently participated in a Consensus Development Conference on Critical Care Medicine, sponsored by the National Institutes of Health. Sally Millar, R.N., C.C.R.N., Dr. George Thibault, Dr. Henning Pontoppidan, Dr. David Cullen, and Dr. Albert G. Mulley joined other health professionals and consumers to evaluate and review the scientific soundness of a health or health-related technology. The NIH Consensus Development Conferences brought together investigators in the biomedical sciences, practicing physicians, and the public to provide a scientific assessment of medical technologies and to develop a consensus statement on their safety and effectiveness. Among the topics discussed were which patients are most likely to benefit from intensive care, what skills are essential for personnel in a critical care unit and how should they be trained, how is a hospital's critical care delivery system best structured, and what direction should critical care research follow.

MGH IN THE MEDIA

Dr. Richard Erbe, chief of the Genetics Unit in the Children's Service, was a guest recently on the "Hubert Jessup Show," broadcast on WHDH Radio. Dr. Erbe discussed aspects of genetic diagnosis in care, especially ethical issues in genetic screening.

April 21, 1983

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

MGH General Director Dr. J. Robert Buchanan offering congratulations to Doreen Gardner (left), recipient of the Trustees Award, and Judy Paige (right), who was given the Jessie Harding Award, during ceremonies yesterday honoring MGH volunteers

MGH Honors Volunteers for Service to Hospital

As part of the National Volunteer Week, the MGH's volunteers were honored yesterday in award ceremonies in the Walcott Room.

The Jessie Harding Award was given to Judy Paige, a member of the Ladies Visiting Committee. The fourth Trustees Award was given to Doreen Gardner, Clinical Nurse leader on the Neuro-surgical Units.

The citation for Ms. Paige read in part, *"For the last 11 years you have dedicated your time and energy to this hospital, often working more than a 40-hour week. You have worked for the joy of the work itself and given it here, because of your love for the Massachusetts General*

(continued on page 3)

Historic Operation Performed

MGH surgeons have transferred the right hand of a Concord, Massachusetts photographer to replace the left hand blown off six years ago by a Revolutionary War cannon.

Because of a severely injured right arm, the hand was useless on the right side. Now William Anderson, 35, is learning to use the right hand as a left hand. Only six weeks after the operation, he was beginning to hold and release objects with his new left hand. In place of his now amputated right arm, Mr. Anderson can already do far more with a newly fitted artificial arm than he could with his injured right arm.

(continued on page 2)

Major Donation Announced

The Knight Foundation of Akron, Ohio, and Mr. James L. Knight of Miami, Florida, recently announced a joint gift of more than $3 million to the MGH. The Foundation's contribution honors its founder, John S. Knight and his brother, James, who together built a single newspaper into a nationwide communications company. Today, Knight-Ridder Newspapers owns and operates 33 daily newspapers, four VHF television stations, 12 suburban newspapers, and several subsidiary companies.

John Knight, who died in 1981, was a Renaissance man: entrepreneur; reporter; sportsman; business executive; publisher; philanthropist; Pulitzer Prize winning columnist--but first and last an editor who was hailed as a "visionary of journalism." John Knight served his profession, his country, and his community with equal zeal. He and the Knight Foundation, which he established in 1940 in memory of his father, contributed generously to many worthy causes throughout the United States, particularly supporting education, the arts, and health care.

Today, James Knight carries on the family traditions both in publishing and in philanthropy. He is the former Chairman of the Board of Knight Newspapers. He is now Director of Knight-Ridder Newspapers, Inc. and the Knight Publishing Company, is Chairman of the Knight Foundation, and creator of the James L. Knight Charitable Trust. His generosity throughout southern Florida is legendary.

The donation from the Knight Foundation has been designated specifically to be used for an entire floor for surgical inpatients at the MGH and a surgical research floor in the hospital's new Research Building. These gifts constitute a major addition to The Capital Campaign currently being conducted by the MGH to improve its patient care and research facilities.

(continued on page 3)

John S. Knight (left) and James L. Knight standing in front of the Miami Herald

Fiscal Crisis Seems Widespread

Reports indicate that fiscal crises faced by other Boston hospitals are at least as severe as those being encountered by the MGH.

Since the April 7 HOT LINE, the problems of other hospitals under the state's new cost-control law (Chapter 372) have been coming to light.

"I want to thank the many employees who have been struggling to keep costs in line," said MGH General Director Dr. J. Robert Buchanan. "You have been doing a marvelous job under often difficult circumstances. It's a real tragedy that highly unfair aspects of Chapter 372 have us facing a loss in spite of your efforts." Dr. Buchanan reemphasized that despite the fiscal crunch there are no plans to layoff or dismiss employees:

"We'd do that only as a last resort, and we certainly haven't come close to reaching that point. We're looking at all other available options."

Media Appearance Today

Dr. Robert J. Boyd is scheduled to make a live appearance on the CBS Morning News this morning (April 21) on the subject of chymopapain for treatment of low back pain and disc related disorders.

For Some Nurses, It's All a Matter of MENtality

(First of a 2-part series)

One MGH nurse likes to tell the story of an incident that occurred in the hospital last year. The story is both amusing and poignant.

"A pediatric patient was seen in Pediatric E.W.," said the nurse. "The child thought nothing of having an exam but seemed to be confused by something else he saw in the Emergency Ward. For lack of a better term, he was just 'blown away.'"

What surprised the seven-year-old boy was, in effect, a stereotype being shattered before his young eyes. You see, the patient's doctor was a woman. And his nurse was a man.

(continued on page 4)

Warriors Crowned Champs

After a second place finish in the regular season, the White Kitchen Warriors were crowned the MGH Basketball League champion for the 1982-83 season. The Warriors defeated the Royals in three straight games.

Rico Cox, averaging 30 points a game in the playoffs, was named the most valuable player in postseason play.

Hand (continued from Page 1)

This is believed the first time that a hand has been transferred from one arm to another in a nonemergency procedure. The only other two known instances of hand transfers occurred the day of the injury itself.

It was Memorial Day, 1977, that Mr. Anderson suffered his accident. A member of the historic Concord Independence Battery, he was taking part in a memorial ceremony in a Concord cemetery.

As he rammed the charge into a Revolutionary War cannon, the black powder preignited. The explosion ripped off his left hand, leaving his thumb. Coincidentally, on the right hand he lost only his thumb; but the arm suffered a devastating nerve injury (brachial plexus) which left the hand useless.

At nearby Emerson Hospital in Concord, surgeons covered his wounds including deep cuts and burns to his face. He remained hospitalized for nearly two months.

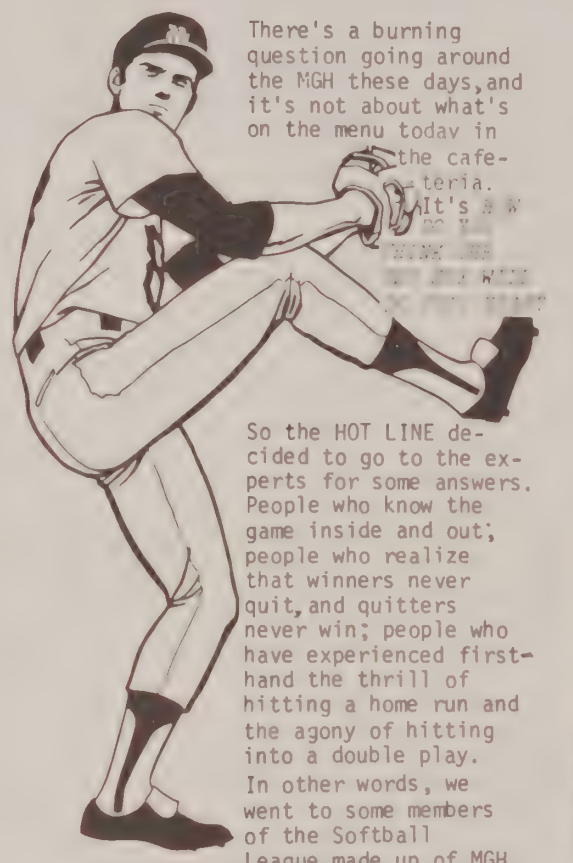
By improvising, Mr. Anderson managed to return to photography. He could pick up his camera by hooking the lens into his right hand and operated controls with his left thumb. To load the camera, he used teeth and lips.

When it became clear that the arm would never regain function, Mr. Anderson and Dr. James W. May Jr., Chief of Plastic Surgery, decided on the hand transfer--a procedure they first considered in 1977. On February 22, the eight-member surgical team performed the complicated and arduous procedure. Simply transferring the hand would have given Mr. Anderson the right length fingers in the wrong places. So they adjusted each finger to the desired length. They made the original little finger relatively longer and the original index finger shorter. Then they made the little finger of the right hand the index finger of the left hand. What was the index finger of the right hand became the little finger of the left.

There are no guarantees. But ultimately the surgeons anticipate that his new left hand will probably have significantly better function than as a right hand. "We can't predict the future," said Dr. May. "But if the nerves grow back the way we hope, Mr. Anderson should be able to use his photographic skills in a less makeshift way."

The MGH Golf League begins its 18th season on April 24. Here League President Jim Candito presents golf hats to General Director Dr. J. Robert Buchanan (right) and Associate General Director Mr. Lawrence E. Marsden.

It's Time to Play Ball!



There's a burning question going around the MGH these days, and it's not about what's on the menu today in the cafeteria. It's

So the HOT LINE decided to go to the experts for some answers. People who know the game inside and out; people who realize that winners never quit, and quitters never win; people who have experienced firsthand the thrill of hitting a home run and the agony of hitting into a double play. In other words, we went to some members of the Softball League made up of MGH employees. And here's what they had to say:

Jim Lynch--Materials Management--*"They will probably finish either fourth or fifth. I just don't think their pitching will hold up."*

Orazio Martinello--Electric Shop--*"They need a whole new management. Without it, they're not going anywhere. They're just not spending enough money to get good players."*

Bill Constantine--Electric Shop--*"Third place. Too little pitching."*

Steve Searles--Refrigeration--*"I think they're a depressing team. The Red Sox have no excitement, and it's been that way for the last few years. They've made baseball boring. I'd get rid of the owners."*

Gary Kalajian--Personnel--*"I think they'll finish third. The jury is still out on their pitching."*

John Schena--Electric Shop--*"They have a strong bullpen, but questionable starters. They have one of the best outfields in baseball, and if they hit, they'll win games."*

Mark Shepard--Maintenance--*"I'm an optimist, so I think they're going to win it all. Four games in October."*

Frank Kelly--Refrigeration--*"I can't see them doing too well this year. There's no real talent on the club."*

Tom Rothwell--Personnel (and Cubs fan)--*"I think they'll finish near the bottom of their division, although the addition of Tony Armas will help. But I'd say the Cubs will do better than the Sox as far as won-loss record."*

Frank Martins--Electric Shop--*"I don't think they're that bad a team. They may do better than a lot of people think."*

Neil Finlayson--Refrigeration--*"Wait till next year. Still no pitching."*

Jeff Davis--Personnel--*"Probably third. Their pitching wasn't that effective in spring training. But the one thing I am certain of is that the 'Bulldogs' will finish first in the Softball League this year."*

Speaking of softball, teams from the Paint Shop, Refrigeration Shop, Electric Shop, Personnel, and a team of doctors begin their new season on April 29. All games are played Fridays at the MDC field across from the hospital. Games begin at 5:00 p.m. The season runs through September.

Representatives from newspapers, national magazines, wire services, radio, and network television filled the Ether Dome for the announcement that the right hand of William Anderson of Concord was transferred to replace his left hand. Here Mr. Anderson and Dr. James W. May, Jr. answer questions for the media.

New Director of Dietetics

Helen Doherty, R.D., has been named Director of the Department of Dietetics. She had been serving as Assistant Director, Food Service Management, within the department.

Ms. Doherty is a graduate of Temple University with a degree in Food and Nutrition.

Prior to coming to the MGH in 1982, she was associated with the Stouffer Management Food Service Corporation for 17 years. Her last position was that of Director of Technical Services at Stouffer.

Nutritional Highlights

by the MGH Nutrition Service

Two red pills and one blue capsule today. One green and three white tablets tomorrow. Drug abuse? Not exactly. But perhaps mineral abuse--something many people do in the search for better health.

Common minerals we hear about are the "macrominerals": calcium, phosphorus, magnesium, iron, zinc, and iodine; and the "trace minerals": copper, manganese, fluoride, chromium, and selenium. Researchers are actively studying the trace minerals, trying to define human needs as well as identify deficiency states and toxic or fatal amounts. We know we need minerals for life and health, but we are uncertain how minerals interact with each other and how much is toxic.

Although requirements differ from person to person, a healthy individual should be able to achieve the recommended dietary allowance through consumption of a well-balanced, nutritious diet without taking supplements.

Inadequate intakes of certain minerals have been associated with some chronic diseases and health problems. For example, low intakes of calcium over a lifetime may contribute to osteoporosis (bones becoming softer and breaking easier) in later years. Low zinc levels reduce wound healing and the sense of taste. Selenium deficiency has been associated with mortality from a type of heart disease. Chronic chromium deficiency over many years may explain some adult onset diabetes. Even more interesting--too much of one mineral may cause a relative deficiency in another mineral. For example, too much zinc (somewhere over 15 milligrams per day) may cause a relative deficiency in copper. Too little copper has been associated with heart disease.

Before reaching for the zinc tablets or magnesium pills, ask yourself: 1) Could I get what I need from my diet? 2) Do the supplements contain more than is safe? 3) How do I know I am not creating an imbalance if I take one mineral and not another? The following chart lists selected minerals and food sources:

MACRO MINERALS

Calcium...milk, cheese, leafy greens, tofu

Magnesium...whole grains, dried beans

Iron...liver, meats, green leafy vegetables, dried beans, dried fruit, whole grain cereals

Zinc...meat, fish, milk, whole grains

TRACE MINERALS

Copper...liver, shellfish, whole grain cereals, (breads & cereals or bran; brown rice) nuts, dried beans (kidney beans, pinto beans black eyed peas)

Manganese...bran, nuts, peas, dried beans

Chromium...whole grain cereals; brewer's yeast, molasses

SAY YES TO LESS was the theme of National Nutrition Month held in March. The highlight of the MGH activities was the distribution of balloons (above) and the creation of a special fruit dessert prepared by members of the Department of Dietetics (below). The dessert was given to patients on March 16.

Volunteers (continued from Page 1)

Hospital. This commitment and creative imagination is manifest in the dauntless way in which you perceive possibilities and move in to make these realities.... To every endeavor you bring the best in the creative energy long associated with volunteer activity, combined with a clear understanding of systems and management by objectives. Judy, we salute you as the epitomy of the professional volunteer. You serve as an inspiration to us all."

Among Ms. Paige's accomplishments were the initiation of the needlework program, plant therapy with patients in the rehab unit, the opening of the Flower Shop, the expansion of the General Store, the revitalization of the Beauty Shop, and her efforts on behalf of the Special Gifts Committee for The Capital Campaign.

Doreen Gardner was presented the Trustees Award for an employee who has made a significant contribution to the effective deployment of volunteers in the hospital.

Her citation read, *"Because of the quality of the orientation, training, and supervision that Mrs. Gardner ensures they receive, the volunteers assigned to the Neurosurgical Unit are able to function effectively. The patients benefit from the extra attention that a nonprofessional can legitimately offer. At the same time they are privileged to observe how a dedicated supervisor can set the tone and standard for an entire unit....The acuity of the physical distress of the patients...makes the dedication and quality of caring demonstrated by the nursing staff even more remarkable, and the volunteers who observe this become excellent ambassadors for the hospital."*

The following volunteers received special picture awards in recognition of significant contributions in the quality or importance of the service they give to the hospital:

Donation (continued from Page 1)

The Knight contributions are also in recognition of Dr. W. Gerald Austen, Chief of the General Surgical Services at the MGH. In announcing the gift, Mr. James Knight said, "Dr. Austen's personal interest and friendship has always been very much appreciated. Perhaps now we can reciprocate in some measure."

Dr. J. Robert Buchanan, General Director of the hospital, said, "We are exceedingly grateful for this generous gift which will help us to renew our physical plant so that it is consistent with the tremendous advances in health care offered here. We are especially pleased that this gift acknowledges the important partnership between modern patient care and innovative research at the MGH."

The MGH has played a major role in the medical care of the Knight family. Physicians at the hospital who have participated include: Drs. Roman W. DeSanctis, Stephen E. Hedberg, Walter S. Kerr, Jr., Barry W. Levine, Henry J. Mankin, James W. May, Jr., George L. Nardi, Leslie W. Ottinger, and Charles A. Sanders.

Judith Doe, Marie Gallagher, Rosamond Gifford, Virginia Gray, Evelyn Jones, Nancy Morss, Evelyn Wyman, Mary Page, Theresa DiPaoli, Elizabeth Smith, Mirtha Contreras, Nancy Olson, David Dockterman, Angelo Montemurro, Dorothy Fishman, and Myra Luzinski.

The Volunteer Department would also like to thank the many MGH employees who volunteer time to the hospital. They are: Joseph Stukas, Rosemarie Stukas, Elizabeth Honey, Nancy Novak, Loretto McGowa, Ann Bitzer, Patricia Galvin, Maryann Slowik, Jennifer Dubois, Mary Dineen, Nancy Yuu, Stephen Tringale, Tierney Murphy, Elizabeth Keene, Marlene Wise, Kathleen Lentz, Amy Cronister, Kristin Ahlman, Florence Dell'Orfano, Louise Hotz, Rebecca Potter, and Ruth Blodget.

A Poetic Tribute to Secretaries

In honor of National Secretaries' Day, which this year is Wednesday, April 27, the poem below is dedicated to all the secretaries of the MGH:

Puts up with almost everything

Appreciates the little joys life brings

Tries smiling when people are antagonizing

Impresses others when every telephone rings

Exercises control in all situations

Needs little help finding information

Covers up discreetly for the boss's protection

Excels greatly in white-out corrections

John Favorito, R.N., head nurse in the Neonatal Intensive Care Unit

Male Nurses (continued from Page 1)

But this story told by MGH Pediatric Nurse Joe Proulx typifies the reaction of many people--young and old--who first witness a man working in a field dominated by women, and visa versa.

"You couldn't blame the kid," remarked Mr. Proulx. "After all, he was brought up to expect that men are doctors, and women are nurses. It's just how society is."

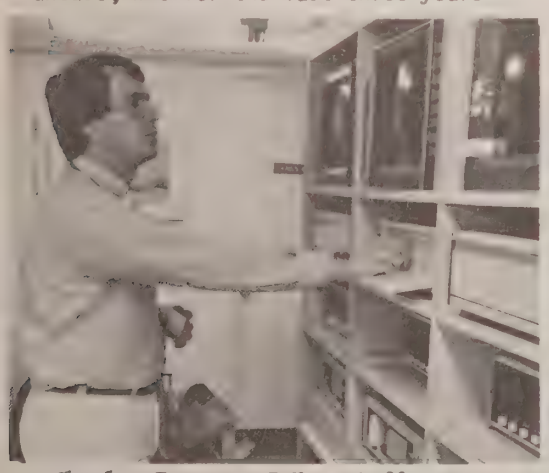
But it's something that male nurses have had to get accustomed to over the years...like taking blood pressure, taking temperatures, and giving out medication; it's all part of the job.

"Many of my patients still call me *doctor*," said Ed Garrigan, a registered nurse on White 7. "And when they find out I'm their nurse,they ask me why I didn't become a doctor."

Mr. Garrigan explained that he became a nurse because, for him, nursing is separate from medicine. It fills the gap that medicine leaves behind.

Mike Taylor, R.N., head nurse, Bigelow 10

Nevertheless, most male RNs interviewed insisted that the constant references to being a doctor don't bother them anymore. "I'm not as sensitive to it now as I was when I first started here," said Steven Mancuso, who for the last three years



Charley Freeman, R.N., staff nurse, Warren-Baker 12

has been a head nurse on Bigelow 11. "But I must admit that dealing with people's prejudices and stereotypes about male nurses is something I had to get used to, especially in nursing school."

"People's prejudices go very deep," remarked John Favorito, the head nurse in the Neonatal Intensive Care Unit. He said that the way society views male nurses affected him so much that he actually took a year off from school to think about his career choice.

"When I told people I was in nursing school, I think many of them thought there was something wrong with me. I especially remember the reaction of my in-laws when my then future wife introduced me to them. They asked what I did, and when I told them I was a nurse, there was a deadly silence. They just didn't know what to say. And what makes it even more ironic is that their daughter is a nurse!" (Mr. Favorito's wife is Felicia Favorito, a nurse in the Gray Acute Care Unit.)

Ed Garrigan, R.N., White 7

But sometimes it's even difficult for a male nurse just getting to that stage in a relationship when he meets the parents of a girl friend.

"I was in a Boston night spot a few years ago when I started talking to a woman," recalled Michael Taylor, head nurse on Bigelow 10. "We were carrying on a very nice conversation until she asked me what I did for a living. I hesitated for a moment and then told her I was a nurse. I will not forget the pained expression which spread over her face, and all she could say was, 'Oh.' She then walked away."

Mr. Taylor said he's now learned not to volunteer information about his occupation so early in a conversation outside the hospital, at least until he has a chance to get to know the other person a little better.

Dale Robinson, R.N., Baker 5

However, even when you know the people involved, a man announcing that he is going to be a nurse can often be difficult.

"I really didn't get a lot of support from my family or friends when I told them I was planning to attend nursing school," said Dale Robinson, a registered nurse on Baker 5. "I think part of the problem was that my brother is a doctor, and my parents could never understand why I didn't want to be one as well."

For Mr. Mancuso, the decision to become a nurse was directly related to the death of his father. "I first became exposed to medicine when I was visiting my father in the hospital. I decided then that I wanted to go to nursing school. But I also realized that my father would never have understood my decision. So I didn't enroll in school until after my father died."

Most of the nurses interviewed explained that although they have essentially the same duties as their female counterparts, their approach may be a bit different because of their gender.

"I think men definitely handle certain situations differently from women," said Paul Craigie, a nurse on Bigelow 8. "Male nurses, for instance, may care about their patients the same as women but often don't show it as much." However, at least one nurse believes that as men and women nurses continue working together, those differences may be narrowed. "I really believe a male nurse loses some of a man's perspective

Steven Mancuso, R.N., head nurse, Bigelow 11

as far as nursing goes," asserted Charley Freeman, a staff nurse on Warren-Baker 12, whose wife Mary Connolly is a nurse on Phillips 4. "But I suppose if there were several nurses on the floor who were men, some women could eventually adopt a man's way of looking at some things as well."

(Part 2 next month)

THE MGH HOT•LINE

April 28, 1983

News Office, Bulfinch 1, Ext. 2206

NURSE RECOGNITION DAY

The third annual Nurse Recognition Day ceremonies will be held on Thursday, May 12. The theme of this year's activities is *THE ECONOMY AND ITS IMPACT ON NURSING.* The schedule for the day is as follows:

7:00-9:30--Breakfast--East Cafeteria

10:45-12:00--Health Care: Policy and Politics. Walcott Room
Lawrence Martin, Associate General Director of the MGH, and Commissioner, Public Health Council
Sandy Fenwick, Vice-President of Clinical Services, Deputy Director, Beth Israel Hospital
Charles Donahue, Executive Director, Health Planning Council for Greater Boston

1:30-3:00--Nursing Moving Along: Legislation, Credentialing, and Reimbursement. Walcott Room
Virginia Tay, RN, MSN, Assistant Professor, MGH Institute of Health Professions

5:00-6:30--Ethical Decision-Making: Scarce Resources. Walcott Room
Christine Mitchell, RN, MSN, MTS, Long-term Care Nursing Consultant, Staff Development and Research, Children's Hospital

BETTER SPEECH AND HEARING MONTH

To coincide with Better Speech and Hearing Month, the three units of the Speech-Language Pathology Department of the MGH are offering free hearing-speech-voice screenings to hospital employees in the month of May. The schedule for the month is as follows:

ACC 637:
Tuesday, May 10, 11:30-2:30

Chelsea Memorial Health Care Center
Thursday, May 12, 12-1

Bunker Hill Health Center
Monday, May 9, 12:30-1:30
Thursday, May 19, 12-1
Tuesday, May 24, 12-1

Photographic exhibits will be on display throughout the month in the ACC Lobby, the White Building Lobby, and at the health centers.

SAIL TO THE ISLANDS THIS SUMMER

Steamship Authority discount coupons for MGH employees are now available in the Personnel Records Office on Bulfinch 2. Ferries travel to Nantucket and Martha's Vineyard from Woods Hole, and to Nantucket from Hyannis. Rates and schedules are also available in Personnel Records.

EDUCATION OPEN HOUSE

Who said completing a degree part-time takes a "lifetime?" A number of innovative degree programs are now recognizing that living is an education. If you feel you might benefit from intensive, practical education which interconnects work and school, plan to come by the Education Open House on May 5 between 2:30 and 5:30. The following institutions will be represented: Boston University Metropolitan College (Accelerated Bachelor's Degree); Lesley College, Programs in Management for Business and Industry (M.S. in Management) (B.S. in Organizational Behavior); UMASS Boston College of Public and Community Service (B.A. Degree). Current employee-students of these programs are encouraged to drop by to share their experiences with interested employees.

WOULD YOU LIKE TO VOLUNTEER?

Volunteers are needed in the General Store and the ACC Shop. The hours are Monday through Friday, 9:30 a.m. to 12:30 p.m., or 12:30 p.m. to 5:00 p.m. For more information, please call the Volunteer Department at Ext. 8540.

CHANGES

Here are some new numbers and changes that should be entered into the MGH Telephone Directory:

Page 28, change Cooper, Jeff... Ext. 1636

Page 30, change Daily, Ann... Ext. 2653

Page 33, change Dietary Department Director...Ext. 2522, Ms. Doherty, GRA-B

Page 40, change Galbraith, Annie L. Ext. 8005, MGH Institute of Health Professions, BAR-4

Page 44, add Hanson, Harry... Ext. 3382, Radiology, GRA-1

Page 46, add Hodge, Andrew W.,M.D., Ext. 3556, Ortho Surgery, ACC-4

Page 46, change Holmes, Cynthia, Ext. 8521

Page 60, add Mann, Walter, M.D., Ext 3529, Psychiatry CRP-E

Page 68, change Newbower, Ronald Ext. 1635

Page 91, add Stachiewicz, Danuta M.D., Ext. 3580, Psychiatry, ACC-7

Page 96, add Travel Agency, Ext. 1800, Administration CRP-E

AR[illegible] MGH

Dr. Michael Holick, a member of the Endocrine Unit and Director of the Vitamin D Laboratory, is this year's winner of the Mead Johnson Award for Research in Nutrition. The award recognizes an investigator under 40 years of age who has done outstanding research in the field of nutrition. Dr. Holick has combined the skills of a nutritionist, biochemist, physiologist, and clinical investigator to achieve national and international recognition for his research in the chemistry, metabolism, and photobiology of Vitamin D.

Dr. M. Edward Keenan, a pediatrician at the MGH, was recently elected vice-president of the Board of Bridge Over Troubled Waters, a multiservice youth agency in Boston. Dr. Keenan is one of the founders of the organization, which has been helping runaways and street youth in the Boston area for 12½ years.

United States Representaive Claude Pepper of Florida was the keynote speaker at a Geriatric Medicine Postgraduate Course sponsored by the MGH and the Harvard Medical School. The course director is Dr. Edward W. Campion, Chief, MGH Geriatrics Unit. Congressman Pepper spoke in the subject of Medicare and its future.

MGH IN THE MED[illegible]

MGH General Director Dr. J. Robert Buchanan was interviewed recently by Christian Broadcasting Network talking about hospital costs.

Dr. Robert W. Carey of the MGH's Cox Cancer Research Center appeared recently in the WBZ-TV (Channel 4) program "People Are Talking." He was accompained by many patients treated at the Cox Cancer Center whose current good health demonstrated the great progress made in the treatment of many forms of cancer.

Dr. William Wood, Director of the Cox Cancer Research Center and codirector of the Surgical Oncology Unit, was interviewed recently on the nationally syndicated program "Health Beat," telecast locally on WCVB-TV (Channel 5) about cancer research.

Dr. Howard P. Baden, an MGH Dermatologist, was interviewed recently by WNEV-TV (Channel 7). He discussed *Cis*-retinoic acid, or Accutane. It's a synthetic of Vitamin A used to make skin smooth. Dr. Baden also appeared on "Health Beat" talking about baldness.

Dr. Randall Zusman, Director of the Hypertension Unit, also appeared on "Health Beat." He discussed high blood pressure.

THE MGH HOT LINE

May 5, 1983

News Office, Bulfinch 1, Ext. 2206

SYMPOSIUM ON NEUROFIBROMATOSIS

The MGH is hosting a one-day symposium on Wednesday, May 18, from 8:00 a.m. to 5:00 p.m., in the Shriners Auditorium, to discuss clinical care and research in the field of Neurofibromatosis. The purpose of the symposium, which is sponsored by the National Neurofibromatosis Foundation, is to bring together health professionals and scientists who are involved in the clinical as well as the biological aspects of the disease. Neurofibromatosis is a common genetic disorder affecting many organ systems and involving multiple medical and surgical specialties. Nationally known experts in this field will be speaking at the symposium, which is free of charge. Among them are Dr. Robert L. Martuza, Director of the Neurofibromatosis Clinic at the MGH, and Dr. Thomas B. Fitzpatrick, Chairman of the MGH's Department of Dermatology. For more information, please contact Pam McKeon, President of the Massachusetts Chapter of Neurofibromatosis, at 458-2103.

HEALTH EDUCATION PROGRAMS

Dr. Martin Hirsch of the MGH Infectious Disease Unit will discuss "Herpes" on May 11, at noon, in the Bigelow Amphitheatre. An update on "Toxic Shock Syndrome" will be the subject of another employee lecture on June 15, at noon, in the Bigelow Amphitheatre.

SHAPING UP

The Fitness Exercise Classes for MGH employees still have some openings. Classes are held Monday, Thursday, and Friday, 4:15-5:15 and 5:30-6:30 in the basement of Ruth Sleeper Hall. Grab an opening and join the Fitness Group.

A new exercise class time will be available on Tuesday and Thursday mornings, from 7:45-8:45, beginning May 10 and 12. This will accommodate our night shift personnel or early birds who might prefer to exercise before work. Claudia Nehila, RN, will be the instructor.

A Mother's Exercise Class will begin in May with sessions from 7:45-8:45 a.m. You may join this group before or after your baby is born. A letter from your obstetrician will be required. If you are interested, please call the Office of Training and Development at Ext. 2576. Nancy McCleary, RN, will be the instructor.

LESS STRENUOUS EXERCISE PROGRAM

Are you interested in getting into shape, but you have medical problems? Are you out of condition or overweight? Do you feel you need a structured exercise regime designed especially to help you deal with these problems while getting back in shape? The Physical Therapy Department is offering a 6-week exercise class, Monday and Wednesday evenings, from 5:00 to 6:00, in the ACC Physical Therapy Gym. Classes begin May 9. The hour session will include conditioning, nutritional, and postural education in conjunction with actual exercise. Participants will be required to obtain a physician's referral from their personal M.D. Class size is limited to 20. Applications can be obtained in the Office of Training and Development, MEEI 12. A fee of $25.00 is required for the six-week session.

Applications are required for all the programs outlined here. A nominal fee will be charged. Apply at the Office of Training and Development, MEEI 12.

NURSES' RUN

The first annual Nurses' Run will be held on Sunday, May 22. This fund-raising event for the American Heart Association is being sponsored by the Parker House Hotel. The run will begin and end there, completing a 4.3 mile loop through the Back Bay.

(continued on page 2)

NURSES' R[illegible] (continued from page 1)

Nurses participating in the race are encouraged to obtain pledges. The run will be limited to 350 people. All participants will receive T-shirts, and the first 200 to apply will be treated to an elegant brunch at the hotel after the race. The top fund-raisers will receive prizes including a luxurious weekend for two at the Parker House. Applications are available on the MGH Runners' Club bulletin board outside the entrance to the main cafeteria. For additional information, please call either Kathy McKool, RN, or Kris Nelson, RN, in the Cardiovascular Health Center, at Ext. 8248.

AND THE WINNERS ARE...

The winners have been announced for the free prizes given by the Harvard University Employees Credit Union. The prizes were in conjunction with the Credit Union's open house on March 24. The winners are: First Prize-Television--John A. Stella/Gray Admitting; Second Prize-Camera--Hazel Von Rosenvinge/Oral Surgery; Third Prize-10 Calculators--Lois Parker/Pharmacy; Dr. Allen W. Wiegner/Neurology; Linda Calisi/Resources and Development; Cynthia Daley/Correspondence -Medical Records; Regina Alexander/Social Service; Ena Chang/Radiation Medicine; Tim Coburn/Electric Shop; Dr. Edward Seltdin/Oral Surgery; Ron Kavanaugh/Special Funds; and Mary Starble/Continuing Care-Social Service.

BEREAVEMENT GROUP

The Social Service Department is offering to employees a bereavement group for parents who have lost an adult child. The group will be held weekly for eight sessions, with an option to sign up for an additional eight-week period. The goal is to facilitate the grieving process by providing mutual support and the sharing of common concerns and ways of coping. If you have questions or know of someone who could benefit from this service, please contact Elsa Ramin, LICSW at Ext. 2640.

ENGLISH AS A SECOND LANGUAGE

There will be a new English as a Second Language class beginning this month. The course is designed to help non-English speakers improve their reading and writing skills. So don't delay. Any interested employees, visiting physicians, or research fellows should call Elaine Beaulieu at Ext. 2216.

The ACC Cafeteria will be closing at 3 p.m. on Monday, May 9 only.

AROUND MGH

Dr. Daniel Singer of the MGH's Medical Practices Evaluation Unit has been selected a Henry J. Kaiser Family Foundation Faculty Scholar in General Internal Medicine. The initial grant of $50,000 per year is for a three-year period, but it may be renewed for an additional two years.

Several members of the MGH will be honored at a reception Thursday, May 12, sponsored by The Medical Foundation, Inc., which is commemorating its 25th anniversary. The following MGHers represent a group of former Foundation Fellows who were selected to represent the diversity of interests and accomplishments among the Foundation's alumni. They are: Drs. Richard F. Bringhurst, Willard M. Daggett, William H. Harris, Raymond N. Kjellberg, Robert G. Ojemann, Andre J. Ouellette, Michael Rosenblatt, John T. Truman, W. Allan Walker, Richard E. Wilson, Sally Ann Holick, Ralph A. Nixon, Roger H. Sweet, Lee A. Witters, and Richard W. Erbe.

Incidentally, 22% of all the Fellows selected by the Foundation in the last 25 years have come from the MGH.

Former Massachusetts Governor Robert Bradford died recently in the MGH's Phillips House. He was 80. A Republican, Governor Bradford was chief executive for one term, 1947-48.

MGH IN THE MEDIA

Dr. David Herzog, Director of the Eating Disorders Unit, will be interviewed on May 6 by Japanese TV. He will discuss anorexia nervosa and bulimia.

Dr. Nancy A. Rigotti, also of the Eating Disorders Unit, appeared recently on the WNEV-TV (Channel 7) program "LOOK" to talk about anorexia nervosa.

THE MGH HOT LINE

May 12, 1983

News Office, Bulfinch 1, Ext. 2206

New Staff Appointments Announced

Dr. George P. Baker, an internist at the MGH, has been appointed Associate General Director, effective May 1. He joined the central administrative staff and expanded his already impressive commitment to issues relating to service utilization, professional programs, and methods of delivering patient care services. He will continue his private practice activities. More on Dr. Baker's appointment will be published in the May 26 HOT LINE.

Vincent Cucchiara, currently Director of Agency Relations and Administrative Director of the MGH Health Centers, is altering his role here. He is relinquishing his position as Administrative Director of the Healths Centers and taking on the duties of Deputy Program Director of the Prepaid Managed Health Care Program sponsored by the Robert Wood Johnson Foundation. This program offers grants to enable medical institutions working with state and federal government and private health insurers to develop more efficient arrangements for financing and delivering health services. Dr. Buchanan is Director for the program.

Meanwhile, Robert G. Tonner has been appointed Administrative Director of the MGH Health Centers, succeeding Mr. Cucchiara. In this capacity, Mr. Tonner will be working closely with Myle J. Holley, Administrative Director of the Ambulatory Care Division, Dr. Roger H. Sweet, Medical Director of the MGH Health Centers, and Kathleen L. Tracy, R.N., Associate Director of the Department of Nursing. Mr. Tonner has been the operations manager at the Chelsea Memorial Health Care Center of the MGH in recent years and brings substantial experience to his new position.

NEW OPERATING ROOM SCHEDULE

From June 27 to September 6, the White Building Operating Rooms will be closed in order to replace an old, inadequate air conditioning system. In an effort to accommodate the hospital's surgery, an innovative schedule has been created for the summer months. It is the result of many meetings and very cooperative efforts of a task force representing all elements involved with the functioning of the ORs. Specific rooms have been allocated to all services, and a number of them will be booked until 8:00 p.m. The late operation schedule should accommodate the usual number of patients having surgical procedures performed at the MGH during the months of July and August.

Resident Artist

An exhibit by Dr. Steven Gardner, a Senior Resident in Internal Medicine, will be on display all this month on the first level of the Ambulatory Care Center. The exhibit, which consists of 20 photographic enlargements, is entitled, "Miraculous Machine: A Microscopic Tour of the Human Body." Dr. Gardner spent about a year preparing the photographs for display. Works of art are now exhibited in the ACC on a regular rotating schedule.

Do You Like Fruit?

On Wednesday, May 18, the Salad Bar in the General Cafeteria will be featuring, for one day only, a fabulous fruit bar to whet your appetite for fresh summer fruits. Fifteen fresh summer fruits will be offered ranging from popular apples and strawberries to exotic kiwi and papaya. Toppings such as shredded coconut, toasted granola, honey, and assorted cheeses will add the finishing touch. Take as much or as little as you want. You will pay by the ounce. Sandwiches, of course, will be available along with tempting new desserts. For those in a rush, our fruited banana split will be available for fast pick-up. Come and enjoy. The vegetable salad bar will return the next day.

BOOK SALE

The Warren Library annual Book Sale will be held on Thursday, May 26, from 10:00 a.m. to 4:00 p.m., in the Warren Building Lobby. The Library will be accepting dona-

(continued on page 2)

SALE (continued from page 1)
tions of books or fine magazines for this sale. Please bring your donations to the Library, Bulfinch Basement, weekdays from 9:00-4:30.

Tickets Are Going Fast

Only $15.00 seats remain for the 19th annual MGH Night at the Pops, to be held on Wednesday, June 22, at 8:00 p.m., in Boston Symphony Hall. No tickets or reservations will be sold after May 25, so order your tickets now.

MGH NIGHT AT THE MUSEUM OF SCIENCE

Just to remind you that the MGH Night at the Museum of Science is Tuesday, May 24. Tickets have been mailed out. Any employee who requested tickets and has not received them should call Donna DeOrio at Ext. 2214.

ALLEY WARS--PART 2

A rematch of the Juniors vs. the Seniors in the MGH Bowling League was held on April 14. The Seniors, looking to avenge their loss to the Juniors in the first tournament, got off on the right foot in the first string with a 19-pin victory, 551-532, behind the strong bowling of Lenny Givens. But the Juniors came back in the second string with a 29-pin victory, 546-517. The third and deciding string saw the Seniors fall behind by as many as 40 pins at one point only to stage a wild comeback in the end, which fell short by 14 pins. The Juniors eventually won that last string 511-497, winning the best two out of three game series for the second time. The scores were:

JUNIORS

Bob Pappas, Blood Transfusion Service.....345

Arthur Givens, Dietetics.....336

Ralph Bouvier, Environmental Services.....324

Larry Curtis, Materials Management.....298

Ron Baptist, Dietetics.....286

SENIORS

Lenny Givens, Computer Center 347

Steve Bell, Electric Shop....322

Joe Blanchard, Purchasing....305

Dan Caufield, Electric Shop..303

George Terzides, Maintenance 288

AROUND MGH

Three members of the MGH will be participating in the sixth annual Educational Seminar of the New England Hospital Telecommunications Association (NEHOSTA) May 18-20, in Providence, Rhode Island. Evelyn Olschewski, Director of Communications and founder of NEHOSTA in 1970, will speak at the vendor forum on "Communications Needs of Large Hospitals" and on "Developing a Telephone Directory." And James Candito, Assistant Director of Communications, and Vincent (Jerry) Gardner, Engineering Consultant, will present a program on "The Relationship Between Communications Management and Hospital Engineering."

Dr. Katherine Norris, Professor of Nursing at the University of Minnesota, will be a guest speaker on Friday, May 13, from 12-1:30 in the Ether Dome. The topic of her lecture will be "Conceptualization in Nursing: Models for Future Practice." The event is sponsored by the Master's program in Nursing at the MGH Institute of Health Professions in celebration of Nurse Recognition Week.

Mr. John W. Webb, Director of the MGH Pharmacy, recently returned from a trip to the People's Republic of China, where he and a delegation of other health professionals toured medical facilities and lectured.

Deanna Pearlmutter, R.N., Ed.D, Chairman, Psychiatric Nursing Service, participated in the Women's Institute at the annual meeting of the American Orthopsychiatric Association held in Boston, April 4-8. Dr. Pearlmutter's talk was entitled, "Sex amd Roles in a Hospital Setting: Affiliations or Alienations Among Women Health Care Providers."

Dr. Harold C. Urschel, Jr., who received his surgical training at the MGH, was recently installed as President of The Society of Thoracic Surgeons at its 19th Annual Meeting. Dr. Urschel is a practicing cardiovascular and thoracic surgeon in Dallas, Texas.

May 26, 1983

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

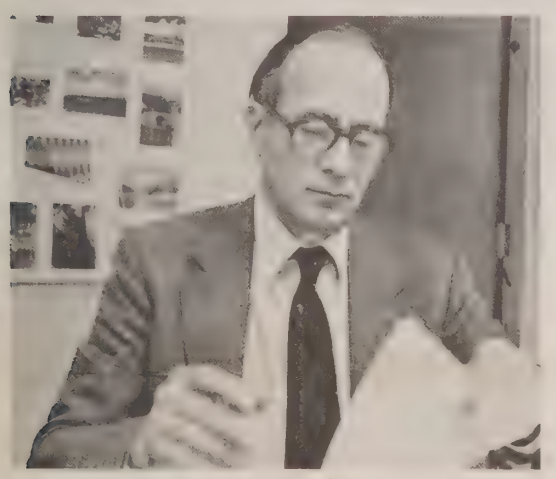
Dr. George Baker Named Associated General Director

Dr. George P. Baker has assumed his new position as Associate General Director while continuing his private practice activities.

Dr. Baker, an internist, joined the MGH in 1957 after graduating from Harvard Medical School.

In 1962 he completed his residency and fellowship training and then joined the active clinical staff. He was appointed Chairman of the hospital's Utilization Review Committee in July of 1971.

In his new role of Associate General Director, Dr. Baker will be responsible for overseeing the MGH's ambulatory care programs, including all of the ACD and ACC activities.



Dr. George Baker

The Capital Campaign Update

Tangible results of the hospital's $114 million Capital Campaign are becoming increasingly apparent throughout the MGH. The award-winning Ambulatory Care Center, fully completed and occupied, is being used by more than 1,500 people a day. The Wellman Research Building is fully framed,and exterior brick is now being applied. Completion is scheduled for the fall of 1984.

Revitalization of our inpatient care facilities--the most ambitious component of The Campaign--is also under way. Last December, the hospital received a Determination of Need to renovate White 5 and Gray 5 for Orthopaedic Surgery. Architectural drawings for these areas have been completed and approved. Construction is slated to begin in the fall. Future renovation work is scheduled for floors 6 and 7 of the White Building and floors 12 and 13 of the Bigelow Tower.

(continued on page 4)

Most artists use canvas. But not "Sidewalk Sam." He uses the pavement for his paintings. Here, "Sidewalk Sam" takes advantage of the sidewalk in front of the MGH on Cambridge Street to paint a picture of Florence Nightingale to coincide with Nurse Recognition Week. In the upper right hand corner is the finished product, eight hours later. Photographs from Nurse Recognition Week activities are on page 3.

Mary Quinlan Retires After 33 Years Here

Mary Quinlan often referred to the White Building as her *"beloved building."*

So when Ms. Quinlan retired recently after a 33-year association with the MGH, one could predict that someone would have a comment. And Ms. Mary Macdonald, Director of Nursing, did the honors. "Mary Quinlan has kept 'White Lightning' under control," said Ms. Macdonald. "Her survival has to be the accomplishment of the era."

Many in the hospital have come to automatically associate Mary Quinlan with the White Building. But before becoming Assistant Director of Nursing for that Building in 1963, Ms. Quinlan spent nine years as Assistant Director of the Vincent-Burnham Building, one year as a Public Health Nursing Coordinator, and three years as Supervisor and Instructor in Orthopaedic Nursing. In addition, she has been an active member of the American Nurses' Association and the Massachusetts League for Nursing, serving as President on the Board of Directors and Chairman of the Annual Convention.

Mary Quinlan (right) receiving warm wishes from Mary Macdonald, Director of Nursing, during retirement party in Ms. Quinlan's honor. Seated behind Ms. Macdonald is Tina DiMaggio, Associate Director of Nursing.

But Mary Quinlan will be remembered for other things as well. "Mary has always been able to bring order out of chaotic situations," said Ms. Macdonald. "She works well with a variety of disciplines. She loves young people, likes to teach and help them develop into professionals."

More to Cleaning MGH Than Meets the Eye

"For many years the trend has been for the Housekeeping Department to extend and expand its work to include a wide variation of jobs....We also feel that, by changing the name, we shall be raising the status of the department. Housekeeping is no longer the old lady with the broom and feather duster. It has developed into an exacting science requiring a complete, well-trained staff of its own."

You may have thought that these words were written a relatively short time ago. But in actuality, they were contained in a story published in the HOT LINE (*then called THE WORLD*) in February of 1958. The story was to announce that the Housekeeping Department was changing its name to the "Building Service Department."

Twenty-five years later, "Building Service" is continuing to change. It is now known as the "Environmental Services Department." And it also has a new Director, Bertha Smith.

(continued on page 3)

Bertha Smith (far left) with some members of her staff. (Left to right) Marge Phillips, Joanne Morris, William Bennett, Leo Sagustume, Jackie St. Charles, Tony Dias, and Frenchie Eatmon.

Henry Murphy Dead

Funeral services were held last week for Mr. Henry J. Murphy, former Associate Director of the MGH, who died at the hospital on May 16 after a long illness. He was 68.

(continued on page 3)

MGH General Director Dr. J. Robert Buchanan (left) receiving the Massachusetts Bay United Way Award from Martin Cernak (center) Loaned Executive of the United Way. The Award was given to employees of the MGH for their outstanding support during the 1982 campaign. At right is Maryellen Shachoy, Assistant Director of the Volunteer Department and chairman of the 1982 fund drive.

Travel Agency Opens Here

The MGH's Subcommittee on Research Resources Utilization recently announced that Topaz Travel has been chosen as the hospital's preferred travel agent. The selection represents a major part of the MGH's effort to control travel expenses.

Topaz, which specializes in institutional and commercial travel, has opened an office at 5 Emerson Place (Suite 117).

Among the benefits which the staff will receive from Topaz are free ticket delivery, instant confirmation of reservations, a toll-free 24-hour "Hot Line" for emergency use, a lowest available fare guarantee, substantial hotel discounts, and specially negotiated air fares to many major medical conventions and seminars. In addition to handling hospital related travel, Topaz has a vacation specialist to assist employees in their personal reservations.

In a related move, the MGH is establishing a corporate rate program with Avis, which will enable hospital travelers to receive a discount on car rentals.

Rico Cox (right) accepting the Most Valuable Player Award in the MGH Basketball League playoffs from Larry Curtis. Mr. Cox led the White Building Kitchen Warriors to the 1983 championship.

Telephone Operators' Week

Governor Michael Dukakis has designated the week of May 22-28 as *Hospital Telephone Operators Week.*

At the MGH, 37 full-time, part-time, and on-call employees keep the Communications Center operating round-the-clock every day of the year.

And these people are certainly kept busy. On an average day they answer 4,300 page operator calls, two stat calls, 1,290 patient condition information calls, 460 general information calls, 5,750 calls from outside the hospital into the main number, and 1,580 calls to "0" from inside the hospital. That's 13,332 telephone calls a day in addition to activities ranging from testing batteries and receivers for the 1,200 employees in the hospital who carry pagers to monitoring the elevator alarms.

Nutritional Highlights

by the MGH Nutrition Service

Regular exercise, like good nutrition, is an important part of one's total health. Exercise is fun, easy, and relaxing. Whenever possible, find an opportunity to exercise each day so that it becomes a part of your daily routine. If you live within a reasonable distance from work, try walking or riding a bike to work and home again. Try to get off the subway or bus one stop sooner (Park Street Station instead of Charles). If your office isn't more than six floors above the ground, try walking up and down the stairs rather than using the elevator.

Regular exercise is an important component of weight control. Over time, running or walking two miles a day can lead to loss of approximately two pounds in a month and 24 pounds in a year, providing that food consumption remains the same. When you increase the level of physical activity, the amount of food need not be increased. Step up the exercise, but keep your diet well balanced with the same caloric intake or less for best long-range results.

(continued on page 3)

First the Marathon... Then the Olympics?

Before running in this year's Boston Marathon, Faith (Posie) Barnett read an article in which it was pointed out that a time of two hours and fifty-one minutes and 16 seconds or less was needed to qualify in the women's division for the Olympic trials next year in Olympia, Washington.

It didn't mean that much to her until she was close to crossing the finish line at the Prudential Building. As she was running down Beacon Street towards the Back Bay, the number 2:51:16 came back into her thoughts. She suddenly realized she had a chance to break that time. A very good chance if she could just maintain the pace she had set for herself in the first 25 miles or so.

A short time later, Posie Barnett crossed the finish line with a time of 2:50:58.

"I was surprised to say the least," explained the Molecular Biology assistant from the laboratory of Dr. Brian Seed. "It was the best time of any Marathon I've run." And it qualifies her for a trip to the 1984 Olympic trials.

Although Posie Barnett plans to go to Washington next May, she explained that a place on the Olympic team was certainly not one of her priorities when she began running six years ago. "I just run to run," she said. "I like to do it. The competition is really secondary."

Finishing What You Start

The important thing is not whether you win or lose but how you play the game.

How many times have you heard that?

And when it comes to marathons, many runners will tell you it's not whether you win or lose--although winning is wonderful--but the important thing is just finishing the race--although finishing with a good time is, of course, always satisfying.

Many of those from the MGH ran in this year's Boston Marathon, completing the grueling 26 miles, 385 yards from Hopkinton to Boston with very respectable times.

For some, running the Marathon on Patriot's Day is an annual event. For others, it was a first-time challenge. But one thing is certain. It was an experience that they won't soon forget.

Maybe that's part of the reason why each year so many from the MGH join thousands of other runners from around the country and the world to run THE RACE.

The following are the names of the MGH runners who have told the News Office about their participation in the Marathon:

Dr. Robert Wolfe (Shriners)...2:26:05
George Smith (McLean).....2:46
Dr. James Hudson (McLean).....2:46:57
Faith (Posie) Barnett.....2:50:58
Dr. Gary Stone.....2:52:04
John Bump.....2:53:24
Dr. Robert McKelvey (McLean)..2:58
Dr. Ward Cromer (Bunker Hill) 3:05
Dr. Joseph Rubin (McLean).....3:06
Dr. Harvey Simon.....3:09
Dr. Jeffrey Posnick.....3:20
Dr. Fred Rubin (Chelsea).....3:20
Dr. Chris Fellows.....3:28
Carolyn Crimmins.....3:29
Jim Yamin.....3:29
Olivia Kistner.....3:30:27
Dr. Rick Comi.....3:33
Dr. David Steinhaus.....3:45
Dr. George Thibault.....3:45
Stan Wasserman.....3:50
Ann Sollogub (McLean).....3:50:03
Dr. Alan B. Weitberg.....3:51:45
Beth Lada.....3:57:59
Tom Congdon (McLean).....4:00
George McNeil.....4:00
Dr. Allan Kamfonik (McLean)....4:05
Dr. Russell Dukes.....4:09
Dr. Phelps Robinson (McLean)...4:10
Dr. Randy Thompson.....4:16:27
Dr. Francis de Marneffe (McLean)4:25:44
Deborah A. Denaro.....5:21
Eileen Buckley.....5 hours +
Dr. Steven Levisohn....."Just say I finished!"

It was a long time coming, but spring is finally here. And so are the sunbathers lying in front of the hospital during their lunch hour.

Cleaning (continued from Page 1)

But Ms. Smith is certainly not new to either the MGH or the department. She joined the hospital in 1953, working in the Dietary Department. In 1961, she was named Assistant Supervisor of Building Service, and later became Supervisor, Assistant Director, and for the last few months has been Acting Director of the department.

"When I first came here," recalled Ms. Smith, "we had only a handful of supervisors, no supply room, and few buffing machines. We did everything with mops and buckets."

Today, the department of Environmental Services, which employs about 400 people, features the latest in equipment designed to make the job of cleaning easier as well as less costly. "But I think our job is a lot more challenging today than it was years ago," remarked Ms. Smith. "For one thing, we have more carpeting now than we had back then. And carpeting is harder to clean. We also have a larger area to cover now."

Ms. Smith, who is a member and past president of the Environmental Management Association's Boston Chapter, explained that the change to Environmental Services came as the result of changes in the hospital.

"Through the years," said Ms. Smith, "the term housekeeping has taken on new dimensions. It has grown and become a highly professional field offering a wide variety of specialized skills and cleaning technologies in the handling of infection, pest, and waste control. And it was really this growth that prompted the change in the department's name."

The changing image of the department also includes an updated training program, one of Ms. Smith's major priorities. "This program is designed to familiarize our employees with the latest technology and cleaning methods so they will be more effective in their jobs," she said. "I think it's especially helpful to those employees who work on patient floors. The patients are just as important to us as they are to doctors and nurses. We want them to enjoy a clean environment."

Anyone who has ever done any cleaning in his or her home probably understands the frustration that can result when an area that has just been cleaned gets dirty again, very quickly. So it's easy to expect that some frustration may be experienced by members of Environmental Services, who have to clean the same area every day!

But according to Bertha Smith, that's not really the case. "There's no question that the work can become repetitious," she said, "but the people here bring to their job a definite sense of pride, knowing that what they do is very important. And I believe they get their greatest satisfaction in seeing their area clean when they leave, even though they also realize they'll just have to do it all over again the next day. I know the sense of pride I feel when I come into work at 6 a.m. and see the floors shining."

Ms. Smith said her goal is to have the most effective cleaning program possible. And she believes she has the people who can make that possible. "I have the greatest crew in this hospital," she asserted. "People who show a lot of caring and who are willing to help even when it isn't expected of them."

But the Environmental Services Director conceded that her employees cannot do it alone. "Cleaning should be everyone's business," she said. "It's really not that hard to clean up after yourself. After all, people do it at home. Why can't they do it here? We need everybody's help the same way they need ours."

But she added that those who work in Environmental Services may have a special motivation. "You really have to love this kind of work in order to do it. You have to think it's just about the most important thing in your life. I feel that way, and I think most of our employees in this department do, too. And it shows in their work."

Nutrition (continued from Page 2)

Here are the calories that can be burned off during different activities. The figures are based on a 150-pound person. If you weigh more, you use up more calories. If you weigh less, you use approximately less calories:

ACTIVITY	*TIME*	*CALORIES*
Jogging	*10 min. (1 mile)*	*100*
Bicycling	*10 min. (4 miles)*	*100*
Swimming	*10 min. (400 yds.)*	*100*
Rowing	*6 min. (2 oars, 20 strokes)*	*40*
Walking	*20 min. (1 mile)*	*100*

Murphy (continued from Page 1)

Mr. Murphy began his MGH career as an administrative intern in 1948. Two years later he was named an administrative assistant. In 1952 he was appointed Assistant Director and in 1970 became Associate Director. He retired in 1979.

One of Mr. Murphy's colleagues remembered him as being "a warm and kind man with an unusual sense of humor, who liked giving advice and encouragement to young people."

Memorial Service Held

A memorial service was held in the Chapel recently for Donald Brown, 55, the night supervisor in the Medical Records Department, who died last month.

Mr. Brown, who worked at the MGH for 30 years, was hired as a Record Clerk in 1953 and two years later was promoted to evening and night supervisor.

In paying tribute to Mr. Brown, Gil Gaff, a coworker, said, "He provided compassionate and understanding leadership so necessary everywhere....His humanity will not be forgotten. It is hoped that his spirit will find a place in each of us."

Mr. Thomas Rothwell, Director of Human Resources, presented Mr. Brown's 30-year Ether Day plaque posthumously to his family. He would have received it in October.

You've Come a Long Way, Fella

(second of a two-part series)

Despite the obstacles for men working in a field so dominated by women, almost all the male RNs interviewed at the MGH said they have no regrets about their decision. "It's a much larger decision for a man than a woman," explained Jeff Johnson, head nurse on Phillips 6. "I think nursing is a great career. You will never get rich, but you'll never be poor, either. And it can be personally very fulfilling."

"It's the most rewarding thing I've ever done," exclaimed Ed Garrigan, a nurse on White 7, who made the decision to go into nursing while in high school.

But for a few other male nurses, the decision came a bit later. Paul Craigie, a nurse on Bigelow 8, for instance, went into nursing only after being a medical corpsman in the Army. "I knew I'd hear the remarks about being a 'bedpan jockey,'" he said. "But I also knew that there were very few jobs where I could get so much satisfaction."

Jeff Johnson, R.N., head nurse, Phillips 6

And Pediatric nurse Joe Proulx, who has a bachelor's degree in Criminal Justice and who is a former auxiliary policeman in Watertown, agrees. "Nursing fits my personality better than law enforcement does," he said. "I always wanted to be

Ed Campanaro, R.N., Baker 5

a juvenile probation officer, but it was harder for men to enter that field than women. So I guess that's why I went into pediatric nursing. For me, it was easier to break into this field."

The latest statistics show that there are 1.6 million nurses in the United States. Of that number, 2.7% are men. At the MGH, there are 38 male RNs out of a staff of approximately 1,000 registered nurses. And at the MGH Institute of Health Professions, 4 of 31 students in the master's degree program are men.

So it is obvious that male nurses stand out in a crowd. And at 6-feet, 5-inches, 220 pounds, John Favorito, head nurse in the Neonatal Intensive Care Unit, would stand out in almost any crowd. In college, he won a basketball scholarship and majored in physical education. Yet Mr. Favorito admitted that for some men, including himself, ego had a lot to do with the decision to go into nursing.

"Male nurses are always the focus of attention. When the news media has come into the NICU to do filming, they'd always want me to be the one to hold a two-pound baby. Now that I'm a head nurse, I can say no and have a female nurse do it. I did want to stand out, but sometimes I felt I was being exploited."

And at least one nurse blames the media for painting an unrealistic picture of both men and women nurses. "Some nurses on TV are portrayed as being stupid, and their skill as professionals is not emphasized, at least in comparison to the skill exhibited by doctors," said Bigelow 7 RN David Grice.

"Unfortunately, society's conception of a hospital is doctors," said Mr. Proulx. "I don't think people realize how important nurses are until they are hospitalized."

So what can be done to change this image of nursing in general, and male nurses in particular?

"Nursing should be marketed in a more favorable light," said Mr. Johnson. "And that has to start with the media."

"For too long nursing has been seen as being a female profession," added Michael Taylor, head nurse on Bigelow 10, "and maybe it's time the public realizes that it's all right for a man to be a nurse...that he chose that profession because he wanted to and not because he flunked out of medical school."

But most nurses agree that the times are beginning to change, and for the better, as far as men in nursing is concerned.

"It's easier now for a man to be accepted as a nurse," said Charley Freeman, an RN on Warren-Baker 12, and a former New York fireman and paramedic. "For a long time I was the only male nurse on this floor and even my female colleagues didn't know what to expect from me. But we all work together very well."

Tony DiGiovine, R.N., Intensive Care Nursing Service

Chris Robbins, R.N., Bigelow 6

However, one thing in particular the nurses indicated that would be helpful to them is more male role models. Many said they had few if any role models in nursing school and not many more when they began work.

"We had a couple of male instructors when I was going to the MGH School of Nursing," said Bigelow 6 nurse Chris Robbins, "but we could have used more."

"It would have been nice to have had somebody to talk to," added David Grice, a classmate of Mr. Robbins. "However, I think it's even more important to realize and understand yourself before entering the profession."

"It's not a field for a man to go into if he has any hang-ups about the roles of men and women," added Tony DiGiovine, a nurse in the Intensive Care Nursing Service. "But I would say it's a terrific profession for anyone who cares about people. I sometimes think that women are

Paul Craigie, R.N., Bigelow 8

viewed as being more caring than men, and that's why some people think women make better nurses. But, believe me, men are just as caring."

Nursing is also changing as the result of our economic times. "With the economy the way it is," said Ed Campanaro, a nurse on Baker 5, "I think more men will choose nursing as a career."

But Mr. Proulx believes that the profession will not necessarily change for the better with the addition of more men to its ranks. "I think what the profession needs more than male nurses is simply more good nurses, whether they be men or women."

Campaign (continued from Page 1)

This progress has been made possible by the generosity of countless numbers of individuals, corporations, and foundations who to date have committed almost $56 million to The Campaign effort.

THE MGH HOT LINE

June 2, 1983

News Office, Bulfinch 1, Ext. 2206

A Summer of Relaxation and Learning

How does this sound? You're relaxing in scenic and historic Newport, Rhode Island during the America's Cup trials, while at the same time you're developing new skills to aid your clinical practice. Well, it is possible to combine the best of the academic and clinical worlds with America's premiere summer resort. The faculty and staff of the MGH and the hospital's Institute of Health Professions are offering a new series of summer study courses for health professionals, from July 18 to July 31. All courses will be held on the seaside campus of the Salve Regina College. Most classes and practice labs are scheduled for morning and evening, leaving you free in the afternoon to explore and just relax. The courses include topics in the field of nursing, speech and language, chest physical therapy, social work, dietetics, and management. Applications for continuing education units have been made with appropriate professional organizations, and MGH staff are eligible for tuition aid through the Tuition Aid Office (Ext. 2230). A limited number of dormitory accommodations is available at the college and at nearby motels. Dormitory rooms do not have private bath, but the cost is reasonable. Lodging with three meals a day is $30 per day, per person, double occupancy. For more information on SUMMER NEWPORT COURSES, please complete and return this form and send it to: Bette Covington, MGH Institute of Health Professions, Bartlett 5.

Please send me information on SUMMER NEWPORT COURSES

Name _____

Department _____

Location _____

A Reminder from the E.W.

The electrical explosion on Tremont Street on Friday, May 13, which resulted in several patients coming to the MGH/MEEI Trauma Center, resulted in some confusion on the part of employees who do not work in the Emergency Ward/ Trauma Center area. Radio stations were describing the various phases of the city's disaster plan, and employees were coming into the E.W. thinking we had declared a disaster. In fact, the MGH Disaster Plan does not use a true phasing methodology but employs fluid changes depending on the number of patients and the severity of injuries. Therefore, the city's "phases" are meaningful only to the E.W./Trauma Center. Trauma Center administrators request that employees await requests to come into the E.W. to provide assistance rather than appear on their own. "The very well-intentioned, premature visits actually slow down E.W. operations," said Harry Harding, Administrator of Operations for the E.W./Overnight Ward. "But we are grateful for the spirit that motivates people to come into the Emergency Ward unrequested."

What Good is a Radio Station... If You Can't Use It?

The Ladies' Visiting Committee has given the Therapeutic Recreation program on White 9 a complete amateur radio station. The Recreation program would like to use this equipment, which would be directed primarily towards patients with newly acquired physical limitations. If you are a licensed amateur radio operator with a general class or higher grade license and would like to help, please contact Muffy Lutzin, Recreation Therapist, White 9, at Ext. 3345, or Jim Warakois, Clinical Administration, at Ext. 3195.

Symposium to be Held

Physicians from Europe, Asia, Australia, South and Central America, along with the United States and Canada will be on hand to attend the International Symposium on Pituitary Tumors, to be held from June 4-7 at Pine Manor College in Chestnut Hill. The Symposium, under the auspices of the MGH, is a unique attempt to bring scientists and clinicians together to discuss the causes and

(continued on page 2)

SYMPOSIUM (continued from page 1)

management of these tumors. Pituitary tumors are of interest to neurologists, endocrinologists, and neurosurgeons because of their multiple effects. Among the topics to be discussed are prolactin-secreting adenomas, glycoprotein-secreting functioning and nonfunctioning adenomas, acromegaly, ancillary investigations, and Cushing's Disease. Among those from the MGH who will take part are Dr. Joseph B. Martin, Chief of the Neurology Service; Dr. Nicholas T. Zervas, Chief of the Neurosurgery Service; Dr. E.C. Ridgway, Chief of the Thyroid Unit, Dr. Peter McL. Black, of the Neurosurgery Service; Dr. William Chin, of the Endocrine Unit; Dr. Michael Rosenblatt, of the Endocrine Unit; Dr. Bernard Kliman, of the Endocrine Unit; Dr. Raymond N. Kjellberg, of the Neurosurgery Service; and Dr. Rita M. Linggood, of the Department of Radiation Medicine.

TUTORS NEEDED

Do you have an extra hour a week to tutor a fellow employee or professional visitor in English as a Second Language? If the answer is yes, the Office of Training and Development would like to hear from you. No second language or teaching experience is required, and introductory instructions are provided for tutors. Tutors meet with a student one hour a week for eight to twelve weeks. For more information, please call Ext. 2216.

Attention Volleyball Players

If you are interested in having fun while getting exercise, then volleyball may be the answer. A new Volleyball League has begun at the MGH. It meets every Wednesday from 5:30-8:00 at the Christopher Columbus Youth Center, located on Prince Street in the North End. For more details, please contact Donna at Ext. 2967.

Don't Delay

There are still some openings in the Fitness Exercise Classes for MGH employees. Classes are held each Monday, Tuesday, Wednesday, Thursday, and Friday, 4:15-5:15 and 5:30-6:30 in the basement of Ruth Sleeper Hall.

TENNIS AT LONGWOOD

Discount ticket information is available in the Personnel Records Office on Bulfinch 2 for the U.S. Pro Tennis Championships at Longwood, July 9-17. The deadline for ordering tickets is June 30.

ANIMAL PARK COUPONS

Discount coupons are available to all MGH employees and their families for admission to Benson's Animal Park in Hudson, New Hampshire. You may pick up brochures and coupons in the Staff Records Office on Bulfinch 2.

Have You Seen a Wagon?

The Baker Building Information Desk has lost its wagon, which is used to transport items such as flowers and fruit to patients. If you have seen it, or have any information as to its whereabouts, please contact Marie Smith at the White Building Information Desk, or call Ext. 2281.

MORE RETIREMENTS

Here are more employees who have recently retired from the hospital:

E. Louise Wheeler--Cardiac--47 years

John Cavallaro--Plumbing--36 years

Barbara Peterson--Surgical Associates--36 years

Ruth Whiting--Head Nurse, Blood Transfusion Service--35 years

Edward Sharp--Maintenance--34 years

Ruth Farrisey--Nursing--32 years

Angelo Bonazzi--Brain Wave Technician--31 years

Katherine Colbert--Radiology--29 years

Freidericka Erlenmeyer--Cardiac Lab--28 years

Alice Kaknes--O.R. Supervisor--27 years

Florence E. Ahearn--Nursing (Chelsea)--26 years

Mary Salonen--Nursing (Chelsea)--23 years

THE MGH HOT LINE

June 9, 19

News Office, Bulfinch 1, Ext. 2206

Physical Therapy Services Expanded

The MGH's Physical Therapy Department has expanded its outpatient services to include MGH facilities in Chelsea and at Bunker Hill. Lynn Troy, RPT, MS, is treating patients at Chelsea on Mondays, Wednesdays, and Fridays for the entire day and on Tuesday and Thursday mornings. She is at Bunker Hill on Tuesday and Thursday afternoons. Among the services offered are evaluation, treatment, and instruction related to neuromuscular and musculoskeletal function. The treatments available include heat, cold, whirlpool, ultrasound, cervical traction, therapeutic massage, joint mobilization, therapeutic and isokinetic exercise, biofeedback, transcutaneous electrical nerve stimulation, electrical stimulation, gait training, and chest physical therapy. Physician referrals are required and should be sent through the hospital mail directed to the Department of Physical Therapy at the Chelsea Memorial Health Care Center of the MGH or to the Bunker Hill Health Center.

Roadrunners Lecture

The MGH Roadrunners will be presenting another in its series of lectures. Lee Shevenell, Clinical Specialist in Orthopaedics and Sports Medicine, will be speaking on Wednesday, June 29, in the Walcott Room. There will be two sessions, 11:30-12:30 and 12:30 to 1:30. Her topic will be "Stretching Techniques for Running." Refreshments will be served.

We're Number One!

Congratulations are in order to members of the MGH Rapid Pacers, who won the 1983 Boston Milk Run 10 kilometer road race, held on April 10. A total of 58 hospital teams competed in the race, including more than 300 participants. The MGH entry finished first in the men's competition with a time of 143:32. The second place finisher was a team from McLean Hospital. The MGH women's team placed first in its race with a time of 193:53. The winning teams received plaques from the organizers of the race, the Massachusetts Dietetic Association and the Dairy Farmers of New England. The members of the MGH teams included: Carol Van Wiggeren, Julie Mangino, Tammy Randall, Elizabeth Lada, Beth Cornell, Carolyn Crimmins, David Relman, Fred Rubin, Richard Comi, Robert Andrews, Gregory Moulton, David Russell, John Bump, Gary Stone, and Tim Fischell. Again, congratulations to you all!

Meeting to be Held Here

The Alzheimer's Disease and Related Disorders Association of Massachusetts will be holding a meeting in the MGH's Walcott Room on Thursday, June 16, at 8:00 p.m. The program will feature Dr. Donald N. Medearis, Director of Children's Services at the MGH and a former member of the President's Commission for the Study of Ethical Problems in Medicine and Biomedical and Behavioral Research. Dr. Medearis will discuss the commission's report "Deciding to Forgo Life Sustaining Treatment" as it applies to Alzheimer's. Hosting the program will be Dr. Marilyn Albert, Dr. Michael Jenike, and May Davis, MSW, of the hospital's Geriatric Psychiatry Evaluation Team. They will describe the work they do in the diagnosis and treatment of Alzheimer's patients.

Dr. Robert Joplin Dead at Age 81

Dr. Robert J. Joplin, a retired MGH Orthopaedic surgeon, died recently in Pennsylvania at the age of 81. Dr. Joplin, whose career at the MGH spanned 34 years, specialized in foot surgery. In fact, a surgical procedure--Joplin's procedure--was named after him. Dr. Philip Salib, a colleague of Dr. Joplin, remembers him as "a dedicated surgeon and a cheerful, pleasant person, who understood his patients and had a good rapport with them."

Around MGH

Michael Broad, Assistant General Counsel of the MGH and The McLean Hospital Corporation, has a fine review article on the Law of Patient Care in Massachusetts in the spring issue of the Massachusetts Law Review.

Dr. Julian F. Haynes, John Hilton Knowles Professor and Provost of the MGH Institute of Health Professions, was the featured speaker at the annual College of Arts and Sciences Convocation for Excellence in Academic Achievement at the University of Maine at Orono on May 3. Prior to assuming his present position, Dr. Haynes was a member of the faculty of the University of Maine at Orono and served administratively as Chairman of the Department of Zoology and as Associate and Interim Dean of the College of Arts and Sciences. The title of Dr. Haynes' address was "The Liberal Arts in Professional Practice."

Dr. Barbara Berkman, Director of the Graduate Program in Social Work at the MGH Institute of Health Professions, recently presented a paper at the Council on Social Work Education-Annual Meeting in Fort Worth, Texas. The paper was entitled, "Curriculum on Health Care and Health Practice." Dr. Berkman also presented a paper entitled, "Quality Assurance: Basic Concepts and Advanced Skills" at the Annual Meeting of the Society of Hospital Social Work Directors of the American Hospital Association in Minneapolis, Minnesota.

MGH in the Media

Ms. Karen Balnicki, R.D., M.S., and Dr. Roy Kaplan recently represented the MGH's Revere Health Center when they appeared on Colonial Cablevision in Revere (Channel 3). Ms. Balnicki, a nutritionist, and Dr. Kaplan, a pediatrician, discussed their respective fields during a telethon to raise money for the Revere Public Library.

Dr. Ann B. Barnes, Director of the DESAD Project, recently appeared on the WBZ-TV (Channel 4) program "People are Talking" to discuss DES. She was also interviewed on the same subject by a radio and a TV station in Springfield.

Dr. Ronald Lamont-Havers, Deputy to the General Director for Research Policy and Administration, recently participated in a panel discussion telecast by the Public Broadcasting System on WGBH-TV (Channel 2). The show, "Dateline," dealt with the subject of research fraud.

More Retirements

Marshall Bartlett--Senior Surgeon--21 years

Suzanne Deutsch--Social Service--21 years

Lillian Butler--Dietetics--17 years

Mary C. Cochran--L.P.N.--17 years

Mary Lucarelli--Coffee Sh[illegible]--17 years

Roberta Keith--Residences--16 years

James Richards--Dietetics--16 years

Arthur Weeks--Security--16 years

Julie M. Zerella--Clinical Administration--16 years

Grace Kostas--Communication Center--15 years

William Diamond--Environmental Services--14 years

Harriette Hicks--Dietetics (Chelsea)--14 years

Miriam Small--White Nursing--14 years

Alice Wilkinson--Infectious Disease--14 years

Christine Brice--Dietetics--12 years

Jeanette Burnham--White Nursing--10 years

Leo Roberts--Maintenance--10 years

Thomas F. Sullivan--Chief of Security--10 years

Dorothy Hall--Gray Admitting--8 years

THE MGH HOT LINE

June 16, 1983

News Office, Bulfinch 1, Ext. 2206

Soccer Team Dinner

The MGH Soccer Team Award Night will be held on Saturday, July 23, at 7 p.m., at Anthony's of Malden in Malden. For ticket information, please contact either Orazio at Ext. 2415, or Ralph at Ext. 2419. The soccer team, which plays in a semi-professional league, had a fairly successful season, nearly making the playoffs in just its second year. And team officials are confident of continued improvement next season.

New Exhibit

Paintings by the Vernon Street Artists and Artisans of Somerville are being featured on the first floor level of the Ambulatory Care Center. One of the artists whose work is displayed is Diane Feldman, the wife of MGH Plastic Surgeon Dr. Joel Feldman. This exhibit, which will be shown for two months, is the third to be displayed in that area during the last four months.

Around MGH

Dr. Robert J. Scardina, Chief of Podiatry at the MGH, has authored the feature article in the March, 1983, issue of Clinical Diabetes, entitled Diabetic Foot Problems: Assessment & Prevention.

Dr. Avery D. Weisman, a member of the Psychiatry Department for almost 40 years, was recently honored by Yeshiva University with its Distinguished Human Service Award. Widely regarded as one of the pioneers in the field of death and dying and in psychosocial oncology, Dr. Weisman has written more than 80 articles on a wide variety of professional subjects and is the author of a half-dozen books. At the MGH, he has been principal investigator of Project Omega and has directed a number of studies under the auspices of the National Cancer Institute.

Dr. Gordon K. MacLeod, who trained in internal medicine at the MGH, has been named to the National Advisory Research Resources Council of the National Institutes of Health. Dr. MacLeod is presently professor and chairman of Health Services Administration and Associate Clinical Professor of Medicine at the University of Pittsburgh.

Mr. James E. Loughrea, M.S., Supervisor of the Externship Program in the Ambulatory Care Center Pharmacy, was recently installed as President-elect of the Massachusetts Society of Hospital Pharmacists. In addition, he serves as one of the Massachusetts delegates on the Board of Directors of the New England Council of Hospital Pharmacists.

Susan H. Laramee, R.D., M.S., Coordinating Dietitian in the Vincent-Burnham Patient Service, was a speaker recently at the Dietitians in Pediatric Practice Annual Conference in St. Paul, Minnesota. Ms. Laramee's talk was entitled, "Organizational Structure in Clinical Nutrition Services."

Dr. Walter David Watkins, Director of the MGH's Prostaglandin Research Laboratory in the Department of Anesthesia and past Assistant Director of a specialized center for research on Adult Respiratory Distress Syndrome, has been named chairman of the Department of Anesthesia at Duke University. He will also receive a joint appointment in pharmacology at the Duke University Medical Center, effective September 1.

Richard McShane-Gilmore, who works in the MGH's Radiology Film Library, has recently been accepted into Psi Chi at UMASS/Boston, where he is a graduate student in Psychology. Psi Chi is the national honor society of psychology students and is affiliated with the American Psychological Association.

An article written by Dr. Eleanor Crawford Waitzer, a pediatrician at the MGH's Bunker Hill Health Center, appeared recently in the publication Pediatrics. The article was entitled, "Another Myth: Reduced Hospital Visiting by Inner City Mothers."

Dr. Ann B. Barnes, Director of the DESAD Project, was recently awarded honorary and alumnae membership in the Iota Chapter of the Radcliffe College Phi Beta Kappa. She also served as moderator of a panel discussion at Radcliffe College's Reunion Week. The topic of the panel was "Responsibilities: What Choices Do We Make?"

MGH in the Media

Dr. Ronald Kleinman of the MGH's Pediatric Gastrointestinal and Nutrition Unit was interviewed recently by WBZ-TV (Channel 4) and WCVB-TV (Channel 5), along with the Boston Herald, concerning a 10-month-old Haverhill boy who was discharged from the hospital in May after being here for nine months. He was treated for malabsorption, or failure to assimilate essential ingredients in the diet. It was eventually determined that Robert Poulin could digest and grow on breast milk, which was supplied by the Central Massachusetts Regional Milk Bank at Worcester Hahnemann Hospital. Dr. Michael St. Louis and Robert's mother, Donna Poulin, were also interviewed by the news media.

Dr. George P. Baker, Associate General Director, was interviewed recently by CBC Radio (Canadian Broadcasting Company) about changes in the American health care system, as well as changes in Massachusetts.

Dr. A. Benedict Cosimi, Chief, Clinical Transplant Surgery, and Dr. Francis Delmonico, Staff Transplant Surgeon, recently appeared on WCVB-TV (Channel 5) to discuss the successful kidney transplant performed on MGH patient David Ellis. Mr. Ellis was also interviewed along with his daughter, who donated the kidney. The importance of organ donations was highlighted in the interviews.

Dr. Owen S. Surman of the Department of Psychiatry appeared recently on the NBC-TV Nightly News, seen locally on WBZ-TV (Channel 4). Dr. Surman discussed Relaxation Mood Therapy, developed for patients at the MGH by the hospital's Patient Education Committee, with the technical assistance of the Television Department. Patient Burt Anderson was interviewed about how the relaxation program benefits him.

Dr. John W. Stakes of the MGH's Sleep Disorders Unit was interviewed recently for the ABC-TV program "Nightline," telecast locally on WCVB-TV (Channel 5). He discussed problems related to sleep. Dr. Stakes has also been interviewed by radio stations WEEI and WBUR on that same topic.

Dr. Jerrold Rosenbaum, Chief of the Clinical Psychopharmacology and Psychosomatic Medicine Units at the MGH, has been interviewed recently by the news media. Dr. Rosenbaum appeared on the nationally syndicated show "Health Beat," telecast locally on WCVB-TV (Channel 5) to discuss the fear of flying. He discussed the antianxiety drug Buspirone on WNEV-TV (Channel 7). And Dr. Rosenbaum, along with Dr. Martin Keller, appeared on the Channel 5 program "Chronicle" to talk about "Psychiatry in the 80s."

Dr. Gary Jacobson, a psychiatrist at the MGH, appeared recently on "Health Beat," telecast locally on WCVB-TV (Channel 5). He discussed marriage counseling.

Dr. Thomas J. Brady, an MGH Radiologist, was a live guest recently on the WCVB-TV (Channel 5) program "The Good Day Show" to talk about Nuclear Magnetic Resonance (NMR).

Dr. Lawrence C. Wood, an internist at the MGH, was interviewed recently by WNEV-TV (Channel 7) on the subject of weight control.

June 30, 1983

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Animals, Too, Reap The Many Benefits Of Medical Testing

Reprinted from **The MGH News**

Diabetes is not only a disease of man, it affects most mammals--dogs, cats, monkeys, even dolphins to name just a few.

Fortunately help is readily available. Insulin, discovered in 1922 through a series of experiments in dogs, is proving to be as successful in the treatment of animal diabetes as it has been in treating the disease in man.

The treatment of diabetes is only one area in which animals have gained from research originally performed on animals to benefit man. Puppies are inoculated with measles vaccine to protect them from canine distemper during the first months of life. As they grow older, animals may receive antibiotics for infections, medication for a sluggish thyroid, phenytoin (Dilantin) to control seizures, and diuretics for heart disease.

Efforts to rehabilitate injured or sick endangered species and marine mammals have involved CT scans and Nuclear Magnetic Resonance (NMR), two of the most sophisticated diagnostic tools available, and complex surgical procedures.

The use of animals in medical research has been a boon to mankind, and man has in return applied the knowledge gained in this work to improve the quality and length of life of the animals themselves.

Even extraterrestrial aliens enjoy meeting children at MGH Night at the Museum of Science. Other photos appear on page 4.

Yet, there is a growing movement in this country to end or seriously curtail animal research. Some organized groups contend that there is no need to conduct medical research in animals, that there are alternate methods available that will yield the same results.

The truth is that although alternates are useful in certain instances, the technology is not yet available and in some cases may never be available to replace animals completely in medical research. Sometimes the only substitute for an animal is a human being.

"The success of cardiac surgery as we know it today is largely due to work in animal models," said Dr. W. John

(continued on page 3)

It May Be Easy to Get In, But Not to Get Out

The intruder was surrounded...trapped in an office on White 2. Security was on the scene, and additional assistance was on the way. There was no escape.

It is believed that he got into the hospital by climbing a tree and jumping in the second story window.

The masked trespasser had been spotted in that general vicinity outside the White Building earlier in the night but managed to escape in the darkness.

But now there was no running away.

Because of his size, help was needed. A trap was also set. However, the unwelcome guest was too big for the device. And perhaps too smart, as well.

It wasn't until six hours after the intruder was first spotted that he was finally hauled away. But he was not taken to jail.

(continued on page 3)

So you couldn't wait for summer, huh? Well, summer is here. But if the heat and humidity are now getting to you, you can look at this scene taken earlier this year outside the hospital and think that winter is just around the corner.

Boston Breakers Honors Area Hospital Employees At July 3rd Game

The Boston Breakers of the United States Football League have announced that it will be holding a *"MASS. HOSPITAL EMPLOYEES DAY"* on Sunday, July 3, at 1:30 p.m., when the Breakers host the New Jersey Generals at Boston University's Nickerson Field.

Employees and volunteers of all Massachusetts hospitals, including the MGH, will receive a 33% discount on the price of a sideline ticket when they show a valid hospital identification card. These discount tickets will be available on the day of the game at the Nickerson Field "Coupon Redemption Booth" and also in advance at the Breakers Ticket Office located at 225 Franklin Street in Boston.

In order to make this a real fourth of July weekend family event, each employee/volunteer can purchase up to four tickets at the discount price. The New Jersey Generals are led by running back Herschel Walker and are coached by Chuck Fairbanks.

The Capital Campaign Update

As The Capital Campaign nears the summer of 1983, over $56 million has been raised toward our $114 million goal from foundations, corporations, and individuals. The following is a breakdown of these contributions:

1 gift in the range of	*$15,000,000*
1 gift in the range of	*$ 3,000,000*
3 gifts in the range of	*$2,000,000*
6 gifts in the range of	*$1,000,000*
9 gifts in the range of	*$ 500,000*
15 gifts in the range of	*$ 250,000*
58 gifts in the range of	*$ 100,000*
59 gifts in the range of	*$ 50,000*
152 gifts , totaling	*$48,129,761*
Additional gifts (under $50,000)	*$7,943,464*
TOTAL RAISED in gifts and pledges	*$56,073,225*

Launched in 1981, The Capital Campaign is seeking funds to improve the hospital's inpatient, outpatient, and research facilities and to provide endowment for the MGH Institute of Health Professions.

Dr. Gary Goldstein (left) of the MGH Dental Health Associates conducting examination with the help of Dental Assistant Donna Burke (right).

Where Word of Mouth is Their Business

For more than a year a new MGH health resource has been quietly evolving on the second floor of the Ambulatory Care Center. Dental Health Associates is a private dental practice composed of a group of MGH dentists, who have been practicing together for many years at MGH's Bunker Hill Health Center in Charlestown.

The group consists of three general dentists, Drs. Gary Goldstein, Warren Green, and Ragnhild Horvath; and three dental specialists, Dr. Ross Geldart, an orthodontist, Dr. Andrew Melcer, a periodontist, and Dr. Arnold Weiss, a pedodontist. Together they provide a broad range of services for both children and adults.

The population Dental Health Associates is serving is comprised of the staff of the MGH, inpatients, users of the hospital in general, and people from neighboring communities. A particular goal is to provide dentistry in a caring and sensitive manner, and in a warm, comfortable environment, so as to make the experience of a dental visit one that is nonthreatening.

Included are such services as prevention, fillings, root canals, crowns and bridges, dentures, treatment of gum disease, and orthodontics. An emphasis is placed on education regarding each patient's own mouth, and how to maximize personal prevention of dental disease.

The hours of operation currently are Monday, Tuesday, Wednesday, and Friday, 8:30 a.m. to 5:00 p.m., Thursdays 8:30 a.m. to 8:30 p.m., and Saturdays from 8:45 a.m. until 2:00 p.m.

Dental Health Associates is located in Suite 228 of the Ambulatory Care Center. The phone number is 726-5508.

Diane Marino (right), a nurse on Bigelow 9, being congratulated by Associate Director of Nursing Tina DiMaggio after winning the Poster Contest at the MGH Patient Teaching Fair

The MGH HOT LINE is published three times a month by and for the employees of the Massachusetts General Hospital, Boston.

J. Robert Buchanan, M.D.
General Director
Martin S. Bander
Deputy to the General Director (News and Public Affairs)
Scott G. Davis, *Editor*
Doris G. Schreckengaust, *Copy Editor*
Patricia Conlon, *Typist*

New Name — New Look

Here's a trivia question for you: How did the "Upper Store" get its name? If that's too difficult, here's another question: What is the "Upper Store's" new name?

Give up? Well, the name of the Upper Store was officially changed early this year to "Supply Services." But a new name is just one of the changes being undertaken these days.

The old Upper Store has a brand new look. "We've made a lot of physical changes," explained MGH Inventory Manager Michael Rudomin, "in an effort to provide hospital employees with faster service in a more efficient manner."

The major change involves something that usually goes unnoticed--the shelving. New "gravity feed shelving" has been installed so the four staff handlers and one supervisor in that area can get at items more quickly, while knowing more easily how many are left.

"We're also in the process of upgrading the computerized inventory system," added Mr. Rudomin, "so that we will be better able to manage our inventories in all areas within Materials Management."

Supply Services currently stocks approximately 1,700 different items used in the hospital. These range from office supplies such as pens and paper, to items used in research labs, such as tissue counting and scintillation vials and beakers.

The Upper Store being given a new look with some new shelves.

"We handle about 4,000 customers per month," estimated Mr. Rudomin, "and these customers order approximately 20,000 different items worth about three-quarters of a million dollars."

Since new supplies are coming in every week, a more efficient physical layout was a necessity. "We hope that the waiting time by employees picking up supplies will actually be decreased," he said, "even though our volume has increased."

Mr. Rudomin also pointed out that the new shelves were put in by "Supply Services" employees one weekend recently on their own time.

One thing that remains the same is the hours. Supply Services will still be open Monday through Friday from 10 a.m. to noon.

Oh yes, for those of you still wondering how the "Upper Store" got its name, at one time the MGH had what was called a Domestic Building, which housed a Food Service Center in the basement and a facility for supplies on the first floor. So the Food Center came to be known as the "Lower Store," while the other was called the "Upper Store."

Nutritional Highlights

by the MGH Nutrition Service

Two hundred times the sweetness of sugar with no bitter aftertaste, Aspartame is a sugar substitute currently being marketed under the name NutraSweet. It is produced by G.D. Searle and Company. Although approved by the FDA in 1974, the approval was revoked in 1975 after some controversy about its effect on laboratory animals. After extensive testing, the FDA reapproved the sale and distribution of aspartame in 1981.

Aspartame is composed of two amino acids, aspartic acid, and phenylalanine. These two amino acids are normally found in dairy products, vegetables, fruits, and grains. Aspartame is metabolized by the body as a protein. This sugar substitute is safe for diabetics, but not suitable for children with Phenylketonuria (PKU), an inherited defect in the ability to metabolize phenylanine. Aspartame is low in calories and can be used by those who are watching their weight. Like other nonnutritive sweeteners, it does not promote tooth decay.

Aspartame has been approved for use in cold cereals, drink mixes, puddings, chewing gums, dairy products, instant tea, and coffee. Some of the products currently available which contain NutraSweet are Lipton Iced Tea Mix, Sugar Free Kool-aid, Alba' 77 Fit'n Frosty, Swiss Miss Sugar Free Hot Cocoa Mix, and Quaker Halfsies Cereal. It is also being sold in its free flowing form called "Equal," which can be used like packages of sugar. Since aspartame is much more concentrated than sugar, less of it can be used to get the same sweetness. The following chart compares calories in an 8-oz. glass of lemonade sweetened with sugar, saccharin, and NutraSweet.

Calories in an 8-oz. glass of lemonade

Sweetener	Calories
Sugar	90
Saccharin	1
NutraSweet	4

Aspartame seems to meet the needs of many people. It is noncarcinogenic , low in calories, tastes like sugar, and does not promote tooth decay. One disadvantage is that aspartame is unsuitable for baking because it is unstable in heat and cannot replace the volume of sugar. It is currently not used in soft drinks because of a tendency to lose sweetness during storage. G.D. Searle and Co. is researching how to make aspartame stable enough for use in soft drinks and will seek FDA approval once this is achieved.

Effective tomorrow (July 1), there will no longer be a "Night Meal" served in the White Building Cafeteria from the hours of 9:30 p.m. to 11:00 p.m.

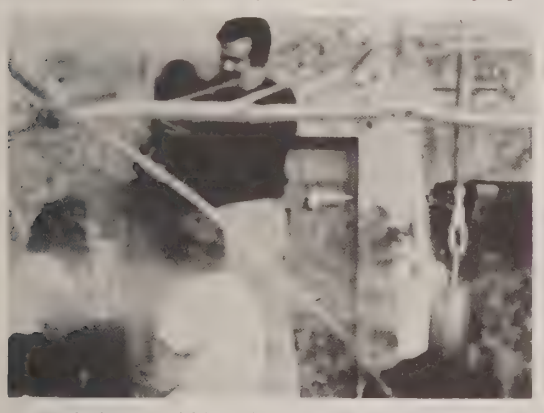
Research (continued from page 1)

Powell, Jr., an MGH cardiologist and the Department of Medicine's representative to the MGH Subcommittee on Animal Care. "Methods of preserving the heart during surgery using low temperatures, high potassium solutions, and other chemical solutions were all developed in the animal model."

In fact, the modern era of open-heart surgery began in 1944 when doctors in Baltimore corrected an abnormality in the blood vessels leading into and out of the heart of a year-old baby weighing only 10 pounds. The idea for the so-called "blue baby operation" was conceived four years earlier, but doctors first had to test and then perfect the procedure in animals before operating on a sick child.

"Whenever we perform a new surgical technique on a human being, we want to make sure that the procedure has been tested on animals first," said Dr. Ronald W. Lamont-Havers, Executive Secretary to the MGH Committee on Research. "You wouldn't want surgeons doing their first liver transplant on a baby without knowing that they had practiced it on an animal and developed their skills of hooking up the liver to the small blood vessels leading into and out of it."

The development of new surgical techniques is the most striking example of the importance and irreplaceability of animals in medical research. The fields of heart and transplantation surgery are perhaps the best known, but there are many others. Experiments are being conducted to make better artificial hips and to develop new artificial joints needed by people crippled by arthritis or injury.



Even baby gorillas have an occasional problem with their teeth. Here, Dr. Edward B. Seldin, an MGH Oral Surgeon, conducts an examination at the Stone Zoo.

Newly improved endotrachial tubes, the airway pipes used in intensive care units and during surgery to support breathing, must be tried out in animals before they can be used in man. So was the artificial heart employed in Utah.

Another area in which animal research is crucial to medicine is in testing the safety and effectiveness of drugs.

"You cannot develop drugs in tissue cultures that do not have livers to metabolize them and kidneys to excrete them," said Dr. Warren M. Zapol, an MGH anesthesiologist. "How can you give to a human a new radioactive drug that you have only tested in tissue culture? How do you know whether it will be excreted or stay in the man forever? How do you know where and how long it will remain in the body, and how much radiation it will deliver?"

Over the past five years there has been a shift toward the use of tissue cultures in tests to determine whether certain drugs or chemicals cause cancer, genetic changes, or injure certain organs. Although tissue culture studies have proven their effectiveness in this area, other such studies are applicable to humans only when the cultured cells react as cells would in an intact organ....

"In the area of heart research, tissue culture studies provide some useful information, but the data would still have to be confirmed in animals," said Dr. Powell. "It would be irresponsible to take data from tissue culture and apply it directly to man."

Mathematical modeling and computer simulations are other alternates to animal research that are used in certain instances. But, as remarkable as the current crop of computers are, to run their programs scientists still have to provide the computers with data obtained from animals or humans.

Perhaps one of the best safeguards against the overuse or abuse of animals in research is their expense. "I don't think that anyone likes to use animals unless it is really necessary," said Dr. Lamont-Havers. "For another thing, they are very expensive, and we prefer to look for less expensive ways of getting information. But, when it comes right down to it, there is certain information that we can only obtain through animal studies."

There are other checks and balances to insure that animals are treated humanely and not used unnecessarily in research. "People who propose to carry out experiments in animals must meet certain standards for animal care set by the National Institutes of Health (NIH), and they must compete for dwindling funds," said Dr. Powell. "And the big factor in determining who gets funding is how important the research is."

Guidelines established by the NIH and the American Physiological Society state the conditions under which experiments in animals may take place. And the U.S. Department of Agriculture inspects the animal areas with no prior warning. In addition, the MGH has implemented its own system to protect animals used in research at the hospital.

The MGH has established a subcommittee of its Committee on Research to evaluate all proposed experiments using animals. The committee members examine each protocol to determine whether the animal species is appropriate, and whether necessary safeguards will be taken to protect the animal from pain.

"We are in effect looking at the use of animals in much the same way that we look at the use of human research," said Dr. Lamont-Havers. "Our committee has hospital representatives, community representatives including a member of the Massachusetts Society for the Prevention of Cruelty to Animals, and a veterinarian who go over all protocols before they are approved."

Many different animal species are required to do medical research because no one animal is just like man. For example, calves and dogsare used for cardiovascular research because their hearts and blood vessels are most similar to man's, and the majority of neurological research is done in cats because their nerve structure resembles man's.

"Animals are different from man, but they teach us adaptive techniques. They teach us how to live optimally in difficult ecologic circumstances," said Dr. Zapol. "For example, Antarctic Weddell seals can hold their breath for 70 minutes to exploit a food source deep under the ice shelf.

"By learning how a seal manages to hold its breath so long, you can then try to figure out what man could do when faced with long periods without breathing, say with the induction of anesthesia. It may be advantageous to be able to induce such a complex diving reflex in man, because that is what the seal employs. We may thus learn adaptive strategies for use in man."

The week of May 15-22 was designated as Emergency Department Nurses' Association Week by Governor Michael Dukakis. Attending the proclamation signing ceremony at the State House were (left to right) Patti Durning of the MGH's E.W., Maureen Scrozynski of Faulkner Hospital, and Virginia Tritschler of the MGH's E.W.

Intruder (continued from page 1)

Instead he was driven to the Blue Hills Reservation south of Boston and there set free. That's right, set free.

You see, this trespasser who made himself at home on White 2 at 3 a.m. was a 25-pound raccoon.

"We think he came from around the Charles River area," explained Edward (Doc) Emde, the MGH Pest Control Officer, who was called in the middle of the night to lend his help and expertise.

"When I got here he was lying under a book shelf," said Mr. Emde. "He seemed as afraid of us as we were of him. At first we tried to get him out with a loop and pole. And when that didn't work, we put down a trap. But eventually we had to call the MSPCA (Massachusetts Society for the Protection of Cruelty to Animals) for help."

As the raccoon was being escorted out of the hospital, some patients and employees near the Radiology area were heard pleading the animal's case. "I hope you don't hurt him," said one of them. "He looks so cute," added another.

It is hoped the raccoon will have more pleasant nights making himself at home in the wilderness of the Blue Hills than he had this particular night making himself at home in the MGH.

The "masked-intruder" trying to hide under some books

MGH Night

At The

Museum

Of Science

THE MGH HOT LINE

July 7, 1983

News Office, Bulfinch 1, Ext. 2206

Some Encouraging Budget News for a Change

In May, the year-to-date, MGH expenditures fell below the year-to-date allowed revenue. In other words the hospital went into the "black."

"We're extremely pleased that we've been able to balance the budget in May despite Chapter 372," said Dr. J. Robert Buchanan, General Director. (Chapter 372 is the Massachusetts cost control law that became effective last October with the start of the present fiscal year.) "That we have been able to achieve this is clearly the result of the extraordinary effort of you, our employees," Dr. Buchanan said.

"The period since October 1 has been very difficult for all employees because of the new state law. I'm thoroughly pleased and grateful for the magnificent way you have risen to the occasion. In these difficult times under Chapter 372, we can't be at all certain that we'll do as well the rest of the fiscal year. But the May financial results are at least a very positive sign.

"Fortunately we've not had to lay off any employees. Our improved budget in May makes it even more likely than before that we can get through the fiscal year ending September 30 without the need for a single layoff. We had said we would dismiss only as a last resort anyway, and we're even more--much more--hopeful now of being able to avoid that route. I'd be very surprised now if layoffs become necessary this fiscal year."

Chapter 372 has resulted in some unusual changes in charges to patients. During the winter, room rates and other charges (ancillary) had to be lowered to prevent revenues from exceeding new maximums set by the state. In July some charges then had to be returned to their original level.

"We are still fine tuning our response to dealing with Chapter 372," Dr. Buchanan said. "The law doesn't make it easy, but we're trying to conform to the law without lowering the quality of care."

Employees have contributed in ways as different as saving energy or avoiding waste of supplies. In addition, a review of jobs that became vacant has eliminated about 125 of the approximately 8,500 full-time positions.

Many members of the public are confused about how Chapter 372 works. The law itself is extremely complicated. Simplified to its bare elements, it sets limits on how much money hospitals can take in. Even if the hospital is losing money, Chapter 372 can force it to reduce charges to patients if the money taken in exceeds the limit set by the state.

New Infectious Disease Ambulatory Practice

The Infectious Disease Unit is pleased to announce the opening of the Infectious Disease Associates Ambulatory Practice. This practice will provide consultative services for ambulatory patients referred by MGH physicians. Patients referred by outside physicians will be seen as time permits. A written report will be furnished to the referring physician, who will remain responsible for the patient's overall care. I.D. Associates will see patients on Thursday mornings between 9:00 and noon in the Medical Specialty area, ACC 5. Appointments may be scheduled by calling Ext. 7935. In some cases hospital charts or written consultation requests will be reviewed before the patient can be scheduled.

On Television Today

Ruth Palombo, Assistant Director of Dietetics, is scheduled to appear today (July 7) on "The Good Day Show," telecast live on WCVB-TV (Channel 5), beginning at 9 a.m. She will be discussing crash diets.

Moving Offices

The Administrative Offices in the Department of Anesthesia have been moved to temporary quarters. The offices are now lotated on Clinics 3. Anesthesia will return to its White 4 location in a couple of months, once some renovation work is completed. The phone numbers will remain the same.

New Numbers

The telephone numbers for the Utilization Review Committee Nurse Coordinators have been changed from Ext. 8500 and 8501 to Ext. 3665 and 3666. The nurse coordinators are Abbey Riley, Joanne Wooldridge, Tillie Nelson, and Judy Hall. Please make a note of the new numbers in your MGH Directory.

Discounts

"The City" booklets are now available to all MGH employees in the Staff Records Office on Bulfinch 2. Discount coupons are also available for Lincoln and Paragon Parks, along with 10% discount coupons for truck and trailer rentals.

Travel Programs Announced

"Couldn't you use a little Bermuda right now?" was the theme of the first in a new series of travel programs held in the Ether Dome. The programs are open to all interested MGH personnel and feature a different destination each month. E. Michael Jones of the Bermuda Department of Tourism got the series off to a good start by showing a film on Bermuda, answering questions about the island, and awarding door prizes to three employees. In connection with this first program there are two deluxe Bermuda packages at special rates for MGH employees, their families, and friends. The August 27 departure offers a six-night stay; the September 2 departure is a three-night Labor Day getaway. The travel programs will be held the second or third Friday of each month from 12-1 p.m. On the agenda for July 15 is a tour of Canada from the Rockies to Nova Scotia, and August 12 will feature Ireland. Both are destinations where the U.S. dollar currently buys more. Be sure to bring your lunch. Punch and cookies will be supplied. For further information on the Bermuda trips or on future travel programs (Suggestions for destinations are welcome.), contact Topaz Travel at Ext. 1804.

Advisory Committee Meets

The Advisory Committee to the Graduate Program in Dietetics of the MGH Institute of Health Professions convened its first meeting on April 14-15. The Committee is made up of experienced registered dietitians who have achieved national prominence in various areas of dietetics. Dr. Mary Carey, Director of the Graduate Program in Dietetics, noted that the Committee reviews curriculum and facilities, meets with faculty, staff, and students, and provides the Dietetics Program faculty and the Provost with an objective look at the specialty options useful in determining future directions. The Graduate Program in Dietetics has two tracks--one is the Dietetic Internship-Combined Graduate Program leading to eligibility for professional registration, and the second is for Registered Dietitians seeking advanced preparation in clinical dietetics (acute or ambulatory care) or food-service systems management.

Happenings on the Diamond

The MGH Softball League has reached the halfway mark in its season. And here are the standings and some individual statistics:

PERSONNEL	*7-1*
ELECTRIC SHOP	*3-3*
REFRIGERATION SHOP	*3-4*
DOCTORS	*2-4*
PAINT SHOP	*2-5*

HOME RUNS

Wilson (Refrigeration)	*6*
Nolan (Personel)	*4*
Botte (Electric)	*4*

PITCHING

Schofield (Personnel)	*4-0*
Davis (Personnel)	*2-0*
Martinello (Electric)	*3-3*

THE MGH HOT LINE

July 14, 1983

News Office, Bulfinch 1, Ext. 2206

On Television Tonight

Two members of the MGH will appear tonight (July 14) on a program devoted to the subject of aging. The show will be telecast on WBZ-TV (Channel 4) beginning at 8 p.m. Dr. Robert Neer, a member of the Endocrine Unit and Director of the General Clinical Research Center, and Dr. Marilyn Albert, a Clinical Associate in Psychiatry and Neurology, were interviewed about the process of aging.

Other Media Happenings

Carolyn Crimmins, coordinating dietitian for the Ambulatory Nutrition Service of the MGH, was quoted recently in a story on vegetarians which appeared in the May 25 editions of THE BOSTON GLOBE. A vegetarian herself, Ms. Crimmins cited a strong association between a reduced level of coronary artery disease and a diet low in saturated fat and cholesterol. "What better way is there to accomplish this," Ms. Crimmins was quoted as saying, "than with a vegetarian diet that naturally eliminates the problematic foods like red meats, eggs, and butter."

Dr. Gerald Klerman, Director of Psychiatric Research, was interviewed recently by ABC-TV for its news program "Nightline," telecast locally on WCVB-TV (Channel 5), on the subject of depression in young women.

Dr. Alfred M. Cohen, Codirector of Surgical Oncology at the MGH Cox Cancer Center, appeared recently on WCVB-TV (Channel 5) talking about the implanting of a pump that administers a highly concentrated and continous flow of cancer drugs directly to a tumor, thus increasing the life expectancy of patients whose colon cancer has spread only to the liver. Dr. Cohen was principal author of a study on this subject, which was published in the medical journal Cancer.

Dr. Joseph B. Martin, Chief of the MGH Neurology Service, appeared recently on WGBH-TV (Channel 2) talking about the possibility someday of brain implants, whereby normal tissue is transplanted in the brain to correct a genetic defect.

Some members of the MGH were interviewed about the deleterious health effects stemming from last month's heat wave and unhealthful air quality. Dr. Robert Woolard, a Fellow, appeared on the WCVB-TV (Channel 5) program "The Good Day Show." Dr. Paul Goldenheim of the Pulmonary Unit appeared on both WNEV-TV (Channel 7) and WBZ-TV (Channel 4), and Dr. Peter Gross of the Emergency Ward was interviewed by WEEI Radio and WBZ Radio.

Dr. Laurie W. Raymond, Chief Resident, Consultation Service in Psychiatry, appeared recently on NBC-TV. Dr. Raymond was one of the first women to graduate from Princeton University in 1973, and she was interviewed about her experiences during the past 10 years.

Dr. Lloyd Axelrod, a member of the Diabetes Unit, was interviewed recently on the nationally syndicated program "Health Beat," telecast locally on WCVB-TV (Channel 5) on the subject of sugar intake and the possible dangers of eating too much sugar.

Dr. Roman W. DeSanctis, Chief of Clinical Cardiology, appeared recently on WBZ-TV (Channel 4) to talk about a report associating a large consumption of coffee with increasing one's chances for heart disease.

Dr. John A. Parrish, Director of the Wellman Laboratories, recently appeared on WNEV-TV (Channel 7) to talk about the effects of ultraviolet rays on the skin. He was also interviewed by Channel 22 in Springfield discussing PUVA.

Dr. David S. Chapin, Chief of Ambulatory Gynecology at the MGH, appeared recently on WBZ-TV (Channel 4) to discuss a recent Supreme Court decision concerning abortion.

Dr. Randall Zusman, Director of the MGH's Hypertension Unit, was interviewed recently on WNTN Radio about National Hypertension Month and ways people can control their high blood pressure.

Dr. David A. Swann, a Biochemist at the MGH and Director of the Connective Tissue Biochemistry Lab at the Shriners Burns Institute, appeared recently on WCVB-TV (Channel 5) to talk about wound-healing research.

Around MGH

Richard J. O'Brien has been appointed Director of Purchasing. Mr. O'Brien came to the MGH as a buyer in 1967. In 1976 he was promoted to Purchasing Agent. He has served as Acting Director of Purchasing since November of 1982. He received an Associate Degree in Purchasing and a Bachelor's Degree in Management Information Systems from Northeastern University. Mr. O'Brien's office is located at Charles River Plaza.

Five Physical Therapists from the MGH spoke recently at the 1983 Annual Conference of the American Physical Therapy Association in Kansas City. Nancy T. Watts, Ph.D., R.P.T., Professor and Director of the Advanced Master of Science Program in Physical Therapy, talked about "The Privilege of Choice." She was also the recipient of the 1983 Mary McMillan Lecture Award. Polly Cerasoli, R.P.T., Associate Professor and Assistant Director of Rehabilitation Medicine for Physical Therapy, discussed, "Transition to a Profession." Bette Ann Harris, R.P.T., staff Physical Therapist and Institute graduate student, highlighted her thesis research by talking on the subject of "Effect of Running on Isokinetic Quadriceps and Hamstrings Performance." Another paper entitled, "Musculoskeletal Impairment in the Very Aged," was presented by Dr. Alan Jette, Ph.D., R.P.T., coinvestigator and Assistant Professor at the MGH Institute of Health Professions. And Dr. Ruth Purtilo, Ph.D, R.P.T., Adjunct Associate Professor at the Institute and Acting Chairman, Department of Medical Jurisprudence and Humanities, University of Nebraska Medical Center, participated in a panel discussion on "Futuristic Models for Physical Therapy."
Also, Colleen Kigin, M.S., R.P.I., received the Lucy Blair Service Award at the Conference. Ms. Kigin, codirector of Respiratory Care at the MGH, received the honor in recognition of her distinguished service in the field. She is also an Assistant Professor at the MGH Institute of Health Professions.

Dr. Kurt J. Isselbacher, Chief of the Gastrointestinal Unit at the MGH, is the recipient of the American Gastroenterological Association (AGA) Distinguished Achievement Award. A former president of the AGA, Dr. Isselbacher's Unit at the MGH has been one of the most productive in the world both in terms of research accomplishments and training investigators in the field of gastroenterology.

Dr. Thomas S. Durant, Assistant Director of the MGH, recently received an honorary degree from Suffolk University. Dr. Durant was awarded a Doctor of Humane Letters during commencement exercises on June 12.

Recent Retirements

The following employees have retired during the past few months:

Mary Quinlan--Assistant Director of Nursing--32 years

Adelene Doherty--Nurse (Chelsea)--21 years

Katherine F. Dolan--Secretary--13 years

Katherine Bilt--Nurse--11 years

John Papadopoulos--Building Service Aide--11 years

Esperence Hatem--Linen Folder--10 years

THE MGH HOT LINE

September 22, 1983

News Office, Bulfinch 1, Ext. 2206

Ether Day Reminder

On Ether Day, Friday, October 14, employees with 5, 10, 20, 30, 40, and 50 years of service will be honored for their long-term employment. These employees may be recognized on that day by the red carnation they will wear. Carnations will be available the morning of Ether Day beginning at 7:00 o'clock in the Personnel Department, Bulfinch Room 215. Five- and ten-year pins can also be picked up at that time by a representative from each department. If you need to pick up five- and ten-year service pins prior to the morning of October 14, please call Marion at Ext. 2232.

Institute Grant

The MGH Institute of Health Professions has received a two-year $94,000 grant to help health professionals in training to become more sensitive to the needs and feelings of patients and their families. Students taking part in the program will observe cancer patients in professionally led groups discuss their reactions to illness and treatment. The grant was awarded by the Arthur Vining Davis Foundations of Jacksonville, Florida. Dr. Barbara Berkman, Director of the Institute's Graduate Certificate Programs in Health Care, is principal investigator.

Success in Proton-Beam Therapy

Doctors at the MGH have been able to destroy or greatly reduce a potentially lethal blood vessel malformation in the brain by using powerful beams of positively charged radiation emitted by a cyclotron. Results of a major follow-up study of 74 of the first 75 patients treated with proton-beam radiation for a blood vessel abnormality, called arteriovenous malformation (AVM), were reported recently in THE NEW ENGLAND JOURNAL OF MEDICINE. The follow-up period extends from two to sixteen years after treatment.

Proton-beam therapy wiped out the AVM in 20 percent of patients and reduced to varying degrees the size of the lesion in another 67 percent. There was no apparent change in the remaining 13 percent, but none of these patients experienced strokes after the initial 12-month period.

Since the article was first submitted for publication, the MGH team, led by neurosurgeon Dr. Raymond N. Kjellberg, has treated more than 400 patients at the Harvard University Cyclotron Laboratory with similar results.

Although all AVMs are amenable to proton-beam treatment, the procedure usually is reserved for those patients whose lesion cannot be removed surgically because of its size or location in the brain. Left untreated, an AVM can cause a potentially fatal stroke, seizures, severe headache, and such progressive neurologic problems as weakness on one side of the body and sensory loss.

(continued on page 2)

Around MGH

MGH General Director Dr. J. Robert Buchanan was one of 36 people recently elected to the Institute of Medicine. New members are elected by present active members from among candidates chosen for major contributions to health and medicine, or to such related fields as the social and behavioral sciences, law, administration, and engineering.

Dr. John D. Constable, an MGH Plastic Surgeon, will have photographs on exhibit this fall at the Museum of Comparative Zoology, 26 Oxford Street, Cambridge. The exhibit is entitled, "Images of India." Dr. Constable has traveled extensively through the Indian subcontinent. The photographs will be on display from October 4 through December in the MCZ Gallery, 3rd floor. A reception will be held on October 4 from 5:00-6:30.

Dr. Barbara Berkman, Professor and Director of the Social Work in Health Care Program at the MGH Institute of Health Professions, was recently appointed editor-in-chief of Health and Social Work, the official health journal of the National Association of Social Workers. In addition, Dr. Berkman has presented papers at two recent national social work meetings. At the Council on Social Work in Education Annual Meeting in Fort Worth, Texas, Dr. Berkman delivered a paper entitled, "Curriculum on Health Care and Health Practice." She also presented a paper entitled, "Quality Assurance: Basic Concepts and Advanced Skills," at the Annual Meeting of the Society of Hospital Social Work Directors of the American Hospital Association in Minneapolis, Minnesota.

Patricia Geary Dean, an Assistant Professor at the MGH Institute of Health Professions, has earned her doctorate degree in Education from Harvard University. Dr. Dean completed four years of study in three years. She served as chairperson of the Institute's faculty during 1982-83.

Proton-Beam (continued from page 1)

The treatment takes place during a one-and-one-half to two-hour session during which proton beams are aimed precisely at the AVM. The proton beams set in motion a reaction on the cells that line the inner walls of the abnormal vessels. This reaction in turn causes collagen and hyaline to be deposited on the AVM's inner walls, thus narrowing the channel through which the blood passes and thickening the vessel walls. It is the thickening of the AVM wall that Dr. Kjellberg and his team think is responsible for eliminating or reducing hemorrhaging, or bleeding, in the brain.

The changes, however, do not occur immediately; they take 12 to 24 months to develop.

Proton-beam radiation differs in many respects from a more familiar type of radiation, the X ray. Whereas X rays consist of waves of energy, protons are particles somewhat akin to pellets too small to see even under a microscope. The proton has mass, which allows it to be "shot," and a positive electric charge, which permits the cyclotron to accelerate the beam to extremely high speeds.

Collaborating with Dr. Kjellberg were coauthors neurologist Raymond D. Adams, former Chief of the MGH Department of Neurology; Dr. Kenneth R. Davis, Chief of Neuroradiology; neurosurgeon Dr. Tetsu Hanamura; and Susan L. Lyons, R.N.

MGH in the Media

Dr. F. Richard Bringhurst, an endocrinologist, appeared recently on WNEV-TV (Channel 7) to talk about why athletes use steroids.

The MGH was included in an ABC-TV news story on encephalitis. The story was telecast locally on WCVB-TV (Channel 5).

Dr. Martin S. Hirsch of the MGH's Infectious Disease Unit was interviewed recently by WBUR Radio on the subject of encephalitis.

Dr. Thomas J. Brady, an MGH radiologist, was recently interviewed by WGBH-TV (Channel 2) on the subject of Nuclear Magnetic Resonance.

Dr. David V. Sheehan, an MGH Psychiatrist, appeared recently on the nationally syndicated program "Health Beat," telecast locally on WCVB-TV (Channel 5). He talked about agoraphobia, or fear of open spaces.

Dr. William Franklin, an MGH allergist, was interviewed recently by WEEI Radio about hay fever.

Dr. Adolph M. Hutter, Jr., an MGH cardiologist, was interviewed recently for "Health Beat," telecast locally on WCVB-TV (Channel 5) about the effects of aspirin on strokes and heart attacks.

Dr. Jeffrey Podlas, a Clinical and Research Fellow in Gynecology, was interviewed recently by WBUR Radio on Toxic Shock Syndrome.

THE MGH HOT LINE

October 6, 1983

News Office, Bulfinch 1, Ext. 2206

Treadwell Celebrates 125th Birthday

On Friday, October 28, Treadwell Library celebrates its 125th year of service to the MGH. MGH employees are invited to participate in an INFORMATION FAIR of "'User-Friendly' Databases: Literature Retrieval Systems." These demonstrations will occur between 10 a.m. and 3 p.m. Most of the library space will be devoted to exhibits, so that use of resources in the library will be limited. The purpose of the Information Fair is to familiarize you with easy-to-use literature retrieval systems which will enable medical, research, and administrative staff to retrieve, store, and manipulate medical information. Demonstrations of these new systems will be conducted by the American Chemical Society, the American Medical Association, Bibliographic Retrieval Services, the Institute for Scientific Information, the National Library of Medicine, and Lockheed-Dialog. Hardware, and systems demonstrations will be conducted by Digital Equipment Corporation, International Business Machines, and Wang Industries. Current use of such technology at the MGH will be demonstrated by the Laboratory of Computer Science's "Computer-Assisted Instruction" and the television department's use of Videodisc technology.

Walk for Charley

A 10-kilometer walkathon will be held in Lexington on Sunday, October 16, at 1:00 p.m. for the Charley Davidson Leukemia Fund. Prizes have been donated for the youngest walker, the oldest walker, and the most successful pledge collectors in each of four age groups. There will also be refreshments and entertainment. All the money raised in the walkathon will go to the Charley Davidson Leukemia Fund at the MGH for research. Two-and-a-half year-old Charley was a victim of acute lymphocytic leukemia. He fought that disease unsuccessfully for more than half his young life. Charley's adoptive parents--Bert and Toby Davidson of Lexington--along with the boy's friends decided that if any good was to come out of his short trip through life then an effort would be made to help other children afflicted with cancer. So with the death of Charley Davidson, the fund in his name was born. As of December of last year, more than $31,000 had been raised, with the money going to research, amenities for the children with cancer, and a reserve fund. "Research has been directed at a basic understanding of cell biology with the hope of developing a system such that bone marrow transplantation can be performed from parents or even unrelated donors," said Dr. John T. Truman, Director of the MGH's Pediatric Hematology-Oncology Unit and Charley's physician. "I see bone marrow transplantation as the wave of the future in treating leukemia, the problem being that the future still seems a long distance away. But the Charley Davidson Fund will help us get there sooner."

Get into the Action

The MGH Tennis League begins its 5th season tomorrow (October 7). Beginners, intermediates, and advanced players are encouraged to join. The league meets every Friday evening, from 5:30 to 8:30 at the Charles River Park Tennis Club, located on the roof of the Lomasney Way Garage. For more information, please contact either Phillip at Ext. 5191 or Charlie at 742-8922.

The MGH Bowling League is looking for new bowlers for its 1983-84 season. The league bowls on Thursday evenings from 5:15 to 7:30 in Cambridge, a short walk from the Central Square stop on the Red Line. Parking is also available. If you are interested in joining, or want more information, please contact Bob Pappagianopoulos, League President, at Ext. 8179.

The MGH Co-ed Volleyball League is seeking members for the fall/winter season. Games will be played every Tuesday evening from 6:00 until 8:00, beginning October 25, at the Charlestown YMCA. For more information and registration, please contact Donna Cutillo at Ext. 2967.

Help a Child

There are approximately 1,200 children in the Boston area who, for reasons of abuse and neglect, are not living with their families. In an effort to respond to these children, the Boston Juvenile Court has instituted a new program called the Court Appointed Special Advocate Program or CASA. The CASA Program is designed to give certain court identified children for whom permanent planning is a particularly critical issue, the appointment of a trained volunteer who, in addition to the involved child welfare specialists, independently evaluates and advocates what is in the best interest of the child, doing this as an official representative of the court. Volunteers must be firmly committed to being that child's advocate, must participate in orientation and training sessions and ongoing supervision to insure that he or she is providing the child with the best possible advocacy, follow program guidelines by consulting with court, community, and program resources, understand the dynamics of child abuse and neglect and recognize that this phenomenon is not limited to parental conduct but also includes institutional abuse and community neglect. Kim Marrkand of Boston Juvenile Court pointed out that a number of MGH employees are involved in the care of abused and neglected children. If any employee thinks he or she might want to volunteer, please call Ms. Marrkand at 725-8535.

Ether Day Reminders

On Ether Day, October 14, employees with 5, 10, 20, 30, 40, and 50 years of service will be honored for their long-term employment. These employees may be recognized on that day by the red carnation they will wear. Carnations will be available the morning of Ether Day beginning at 7:00 a.m. in the Personnel Department, Bulfinch 215. Five- and ten-year pins can also be picked up at this time by a representative of each department. If any department needs to pick up those service pins prior to that morning, please call Donna DeOrio at Ext. 2214. The ACC Cafeteria will close at 1:00 on Ether Day.

New Group Formed

An Overeaters Anonymous group has recently formed at the MGH. It will meet on Thursdays from 5:30-6:30 p.m. in the ACC Suite 231 Conference Room. O.A. is open to anyone who wants to stop compulsive eating. For more information, please call Judi at Ext. 3573.

MGH in the Media

September was a big month for the MGH to be mentioned in major publications. Yankee Magazine published an article about Michael Bates, who had seven fingers reattached in a historic operation performed at the MGH two years ago. An article concerning the MGH and the development of artificial skin appeared in last month's Reader's Digest, and The New York Times Magazine dated September 11 featured a long story about Dr. Howard Goodman, Director of the Molecular Biology Laboratory, and the agreement made between the MGH and A.G. Hoechst.

Dr. Adolph M. Hutter, Jr., a cardiologist at the MGH, appeared recently on both WNEV-TV (Channel 7) and WCVB-TV (Channel 5) to explain microvalve replacement and coronary artery bypass surgery. The interviews related to the operation performed on Humberto Cardinal Medeiros.

Dr. Martin S. Hirsch of the MGH's Infectious Disease Unit was interviewed recently by WNEV-TV (Channel 7) on the subject of encephalitis.

Around MGH

The MGH was one of the hospitals recently represented at the Metropolitan Boston Hospital Council Emergency Medical Services Fair, held last month in Boston. MGH General Director Dr. J. Robert Buchanan was among those who participated in the opening-day activities, and Gail Lenehan, a Psychiatric Nurse Clinician at the MGH, helped coordinate the activities. Ms. Lenehan, who counsels rape victims, was also interviewed recently by WRKO Radio on the subject of rape.

Cynthia Diamantis, Research Analyst in the Department of Nursing, has accepted a position at the Eliot Hospital in Manchester, New Hampshire. A former head nurse on White 8, Ms. Diamantis was the first nurse to work in the hospital's Lab of Computer Science She worked at the MGH for 24 years, commuting from her Manchester, New Hampshire home just two blocks from Eliot Hospital.

THE MGH HOT LINE

October 13, 1983

News Office, Bulfinch 1, Ext. 2206

Boston Center for Liver Transplantation Formed

A coalition of four Boston teaching hospitals has announced that they will seek Department of Public Health approval to bring what is believed to be the first coordinated liver transplant program in the country to New England. The MGH, Children's Hospital, New England Deaconess Hospital, and the New England Medical Center have formed the Boston Center for Liver Transplantation (BCLT).

The BCLT has been established to meet the compelling need for a liver transplantation program in New England, where each year an estimated 100 to 200 people need liver transplantation. Approximately 40 percent of those candidates are children.

The BCLT program has three goals:
--To provide the best possible health care for liver transplant patients throughout the six-state region.

--To do so in a cost-effective manner.

--To contribute significantly to the scientific knowledge of organ transplantation.

To accomplish the goals, the BCLT hospitals intend to share facilities and provide inter-hospital support for surgical and anesthesia teams and will work in conjunction with the New England Organ Bank to aid in donor and recipient identification. In addition, the BCLT hospitals have developed mechanisms to facilitate removal of the donor liver by a multi-institutional team and have adopted uniform procedures for recipient evaluation and selection.

The BCLT anticipates that 40 to 50 transplants will be performed at its member institutions during the first year.

Boston has long been a center of medical excellence and innovator in developing nationally recognized joint programs. Through sharing of clinical expertise and economic resources of four major Boston health care institutions, the BCLT plan is expected to be a national model in the implementation of new transplant technologies and in the use of cooperative resources to improve the nation's health care delivery system.

Flu Vaccine in Staff Clinic

The flu vaccine is available to all MGH employees through the Staff Clinic. Employees must have a note from their physician before the vaccine can be given.

You Could Win a Free Pie

Come celebrate fall in the Coffee Shop! On Tuesday, October 18 and Wednesday, October 19, your purchase in the Coffee Shop on Baker 1 could get you a free pumpkin pie. Thirty nine-inch pies will be given away to customers who find a winning sticker on their purchase container. These pies will be perfect to share with family or fellow workers. While you are in the Coffee Shop, you are invited to check out the assortment of food and snack items available, from fresh popcorn to complete home-cooked meals.

Ski the Alps This Winter

Topaz Travel, in conjunction with Swiss Air, has arranged a special "Ski the Alps" holiday for MGH employees. Details of the trip, along with a film on Switzerland, will be highlights of this month's travel seminar. All MGH employees are invited to attend the program, which will be held in the Ether Dome on Friday, October 14, from 12-1 p.m. For more information, please call Topaz Travel at Ext. 1804.

Around MGH

Several members of the MGH recently participated in the 66th Annual Meeting of the American Dietetic Association, held in Anaheim, California. Dr. Mary A. Carey, R.D., Professor and Director, Graduate Program in Dietetics at the MGH Institute of Health Professions, became chairman of the Commission on Dietetic Registration. She also participated in "Commission on Dietetic Registration Update." Susan H. Laramee, M.S., R.D., an IHP instructor and coordinating dietitian of the Vincent Burnham patient services, gave an address entitled "Nutritional Status Determination in Pediatrics." Stacey J. Bell, R.D., Research Dietitian, Shriners Burns Institute and a graduate student at the MGH Institute of Health Professions, described "New Methods of Nutrition Support to Increase Compliance with Caloric Goals in Pediatric Burn Patients" and "A Dietary Regime to Prevent Significant Weight Loss in Pediatric Burn Patients." And Dr. Barbara J. Bobeng, R.D., Associate Professor and Director, Combined Dietetic Internship-Graduate Degree Program, MGH Institute of Health Professions, was a panelist on "Issues in Accreditation." Dr. Bobeng also assumed the position of chairmanship-elect of the ADA Commission on Accreditation at the annual meeting.

Gretchin Dix, R.N., Nurse Clinician, Geriatric Nursing Consultant at Beth Israel Hospital, will speak on "Management of the Acute Confusional State in the Elderly Person" at the next Geriatric Conference, to be held on Tuesday, October 25, from 3:30-4:30 p.m., in the Bigelow 7 Conference Room. Geriatric Conferences are held on the second and fourth Tuesdays of each month.

MGH second-year resident Dr. Michael St. Louis has begun a year-long fellowship with the Luce Foundation to practice medicine in Sumatra, one of the 13,000 islands of Indonesia. Dr. St. Louis, whose specialty is pediatrics, said he chose Indonesia because of its tremendous heterogeneous population and because he wanted to test his skills in an area where midwives and witch doctors are so prevalent.

The First Annual Walk and Run for Mental Health was held last month in Belmont. More than 200 people participated in the five-mile run and two-mile walk, which was sponsored by McLean Hospital. John A. Kelley, two-time winner and legendary runner of the Boston Marathon, served as official starter for the race. Several free clinics relating to health and exercise were also available, including one on the relationship between exercise and naturally occurring opium-like substances, conducted by Dr. Daniel Carr of the MGH's Department of Endocrinology.

Attention Bonne Bell Runners

Again this year, the *HOT LINE* would like to publish the names of employees who ran in the Bonne Bell race. If you did run, please call or write the News Office (Ext. 2206)(Bulfinch 1) with your name, department, and running time.

MGH in the Media

Dr. Edwin H. Cassem, an MGH psychiatrist, was interviewed recently for the nationally syndicated program "Health Beat," telecast locally on WCVB-TV (Channel 5). He talked about depression. Filming was also done in the MGH Pharmacy area.

Dr. Warren M. Zapol, who directs a specialized center of research at the MGH involved with adult respiratory failure, was interviewed recently by the Cable News Network about his National Science Foundation supported studies of seals. Dr. Zapol and colleagues study the diving reflex that enables Antarctic Weddell seals to dive in seawater to depths as great as 1,500 feet. These seals have a much greater ability to tolerate pressure and lack of oxygen than almost any other marine mammal. This research is also carried on to gain insight into problems such as Sudden Infant Death Syndrome in humans.

Dr. William C. Wood, Director of the MGH Cancer Center, and Dr. Daniel Kopans, a radiologist, were interviewed recently on WRKO Radio on the subject of breast cancer.

October 20, 1983

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Three members of the MGH family show their muscle by attempting to lift this 125-pound pumpkin grown by Ladies' Visiting Committee Shops Director Judy Paige (right). Others giving her a hand are Lesley Kaufman (left) and Sandra Nighelli.

United Way Needs Help From MGH Employees

The annual United Way Campaign will be held this year the week of October 31 through November 4.

The agencies of the United Way touch all of us in a very personal way. More than 900,000 people--one out of every three in eastern Massachusetts--receive help from these agencies. Some agencies try to solve problems by offering services for the hungry, the homeless, the battered, and the abused. Others try to prevent problems by offering programs

(continued on page 2)

A Tale of Two City Hotels

The MGH has played a part in the restoration of one Boston landmark and the demolition of another.

Occupancy is scheduled to begin later this month in the Beacon House, formerly the old Beacon Chambers. The residential hotel, all but destroyed by fire three years ago, will reopen as a fully modern apartment house for the elderly.

The MGH will be renting 10 of the units in the building as furnished efficiency apartments for patients and/or family members who need accommodations in Boston and who prefer not to stay in a hotel.

These units include a kitchen and, if desired, a telephone. Clean linens and housekeeping will be provided. The charge per night will be $40, with an adjustment possible for those who cannot afford this amount. The telephone is extra.

The fairly new and the very new come together here as the Wellman Research Building, now under construction, is reflected in the windows of the Gray Building, constructed in 1968.

A member of the MGH staff will be the superintendent of the 10 MGH units. He will live in the Beacon House and be available to familiarize occupants of the hospital's units with the amenities of the building as well as with the surrounding area.

Those who remember the Beacon Chambers will be in for a big surprise when they see the new Beacon House.

Before the fire, the building, located at the corner of Joy and Myrtle Streets, was made up of approximately 370 tiny hotel rooms, some as small as six feet by nine feet. The new facility is now comprised of 145 apartments. In addition to the rooms being larger, the building has an outside porch, a roof deck, a library, dining room, and a community meeting room, not to mention an open courtyard allowing the sunlight to come inside.

Reservations for the MGH units at the Beacon House are available only through the hospital's Social Service Department at 726-2601.

Just a few blocks away, another hotel which had seen better days is now a pile of rubble. But its destruction was no accident. In fact, one could say that an MGH cardiac surgeon had a hand in its demise.

By now, almost everybody knows that the Hotel Madison is no more. But what few people may know is that Dr. Cary W.

(continued on page 3)

Happy 125th Birthday, Treadwell Library

The Treadwell Library celebrates its 125th anniversary on Friday, October 28. In addition to an Information Fair (See October 6 *HOT LINE*.), the library has invited the MGH House Pupil's Association to a reunion.

Approximately 200 Alumni from all over the country and the world are expected to attend.

The agenda for the day is as follows: lunch, a symposium on Computer and Medical Information, Information Fair demonstrations, and dinner at the New England Aquarium.

At the dinner, the Treadwell Award for the most distinguished alumnus will be presented by Dr. Benjamin V. Treadwell of the Department of Orthopaedic Research, a descendant of the original benefactor.

In 1847 a small collection of books was set aside for the use of physicians. This collection became the Treadwell Library in 1858 with Dr. John Treadwell's bequest of his medical books and an endowment of $5,000.

On Saturday, the following activities will be held:

GYNECOLOGY--Miegs Room, Vincent 2.

(continued on page 3)

Recent graduates of the MGH's Clinical Pastoral Education Program show some high steps during their graduation luncheon. The students performed a song they composed in tribute to the hospital. At left is CPE Director Chaplain Phillip King.

Finger Reattachment Performed In Original Operating Room

It was a finger replant, and it was performed where so many firsts in medicine have taken place, the Ether Dome.

But the patient needed no anesthetic, and the surgeon used plaster of paris instead of stitches.

You see this particular operation was performed on the statue of Apollo, and the surgeon was Al Ferrairo of the General Construction Shop.

One of the fingers of the statue had recently been broken off, and it was up to Mr. Ferrairo to do the "replant."

(continued on page 2)

The Capital Campaign Update

Four million dollars is still needed to enable the MGH Capital Campaign to achieve its interim goal of $65 million by the end of the year.

"To keep our whole campaign effort on target we must attain this goal," said John E. Lawrence, Campaign Cochairman. "We are therefore appealing to all our friends and asking for their support now. Gifts made at this time will take on an extra meaning, for they will complete this crucial first phase of our revitalization program."

(continued on page 2)

Refrigeration Ices Softball Championship

The Refrigeration Shop cooled off the bats of the Personnel Department to win the 1983 championship of the MGH Softball League, taking the third and deciding game by the score of 12-6.

The cold September night was perhaps fitting as Refrigeration jumped to a quick 7-0 lead early in the game, only to see Personnel come back with three runs of their own.

But Refrigeration countered with five more runs to win going away. The victory was preserved in the final inning with a spectacular catch by left fielder Jimmy Lynch to end the game.

The Refrigeration Shop had made it to the finals by beating the Electric Shop two games to one, while Personnel did the same thing to the Doctors' team.

Refrigeration defeated Personnel by the score of 2-1 in the first game of the championship series. Personnel came back by walloping six homers en route to a 13-5 win in the second game, setting the stage for the third and deciding contest.

Jimmy Lynch about to score one of the runs in the Refrigeration Shop's 12-6 win over Personnel in the third and deciding game of their championship softball series.

Some key players for Refrigeration in the final series were Steve Searles, Paul Kerrigan, and Jimmy Wilson. The Personnel team got outstanding performances from Tom Rothwell, Jeff Davis, and Mark Long, among others.

John Webb (center) accepting a gift from the hospital presented to him by MGH Director of Operations Stephen Kauffman (right). At left is Mr. Webb's wife.

Finger (continued from page 1)

"I've done other things like this before," explained Mr. Ferrairo, "so I felt the plaster of paris would probably do the trick."

And it did.

But it was not as easy as it looked. Part of the finger had to be reshaped, so it would fit the hand. And the plaster of paris had to blend in with the rest of the statue.

In the end, however, Apollo is as good as new, which is saying a lot considering it was given to the MGH in the 1840s by statesman Edward Everett.

So with any luck the patient won't have to have another "operation" for another hundred years or so. But he'll remain inside the hospital's original operating room just in case.

Al Ferrairo replanting the finger to the hand...

United Way (continued from page 1)

that teach people how to help themselves.

People who use the services of the United Way can be anyone...your friends, your relatives, even your coworkers at the MGH. And agency services are there for *you*, too, should the need arise.

This year, the United Way has allocated a record-breaking $23.5 million for the delivery of services throughout 1983. And this could not have been done without your help. Last year, contributions totaling $80,216.62 were made by you--the employees of the MGH--to the United Way campaign. This year, the need is even greater because the demand for services is greater.

When a volunteer from your department comes calling, please give what you can. Help others...help yourself.

Campaign (continued from page 1)

The Capital Campaign has an overall goal of $114 million. These funds will be used to regenerate the hospital's inpatient, outpatient, and research facilities and to provide endowment for the innovative Institute of Health Professions.

"New accommodations for our patients, new laboratories for our research staff, new endowment funds for professors' salaries are all absolutely essential if this hospital is to remain in the forefront of medicine," declared Dr. J. Robert Buchanan, MGH General Director. "The future greatness of the hospital is totally dependent on the success of The Capital Campaign."

And applying some finishing touches to his operation

Want to Meet A Happy Man?

John Webb has been happy in his job ever since coming to the MGH in 1949. The retiring Director of the hospital's Pharmacy doesn't think that is so unusual, even though recent studies have indicated that many employees across the country don't necessarily feel the same way and for very specific reasons.

But Mr. Webb never considered himself to be an oddity, either.

"At least six times since I've been here, someone I didn't know has come into my office saying he or she was just glad to bump into someone who was really happy at what he was doing," he explained. "I have to admit it kind of shook me up at first. But after the third or fourth time I began to accept it."

Needless to say, John Webb has left the MGH with many mixed emotions. "It's never easy to leave something you really enjoy doing, or to say good-bye to people who have become your friends," he said, "but I'm also looking forward to spending more time with my family and doing things I have not had time to do."

Mr. Webb, whose career at the MGH has spanned four decades, said that some of the biggest challenges the Pharmacy has faced over the years were just trying to keep up with changes. "In the 1950s, we were concerned with how to make ointments properly; in the 60s it was management engineering systems and putting pharmacists out on the floors to be closer to patients. By the 70s, our concern was the role of the Clinical Pharmacy in interacting with doctors, nurses, and patients, and in the 80s it's definitely the age of computers, as well as how to keep costs down while maintaining the highest level of care possible."

And the outgoing Pharmacy Director believes that because of these challenges it's an exciting time for anyone entering the field. "There is so much happening these days, and there is so much one can do with a background in pharmacy that it would be difficult getting bored," he asserted. "It's a field that continually challenges what you know."

Obviously Mr. Webb is partial to a career in a hospital pharmacy rather than one in a drug store. And he is especially partial to one hospital in particular.

"There is no place like the MGH," he declared. "The people I've had the privilege to work with have been marvelous. And being an optimist I expect the hospital to continue to do great things under a new generation. It's been a wonderful experience for me."

His many friends hope John Webb will be as happy in his retirement as he was in his work.

Dr. Barbara Bobeng (right), Director, Combined Dietetic Internship-Graduate Degree Program, with students Mary Ellen Manning (left) and Linda Wetstein, recipients of the first Louise Hatch Awards

"Change Party" Held for Dietetic Interns

An address by the President of The American Dietetic Association and the presentation of the first "Louise Hatch Awards" highlighted a "Change Party Luncheon" held for the Combined Dietetic Internship-Graduate Degree Program, cosponsored by the MGH Department of Dietetics and the Institute of Health Professions' Graduate Program in Dietetics.

Sixteen students were honored for meeting the eligibility requirements of membership in the ADA and for being eligible to write the registration exam. The students will graduate from the two-year program next year.

ADA President Dr. Kathleen Zolber, R.D., addressed the students on the challenges they face in future years and what they can do to meet them.

All the students received their membership pins in the ADA from Dr. Zolber and also had their intern bars cut off by Registered Dietitians in the Department of Dietetics.

In addition, two students--Linda Wetstein and Mary Ellen Manning--received the first Louise Hatch Awards, given to students who have demonstrated consistently high standards of practice and outstanding professional promise.

The awards, in the amount of two $1,000 scholarships, honor Louise Hatch, Director of the MGH Department of Dietetics from 1949 to 1979.

Eighteen new interns began the program in September.

Treadwell (continued from page 1)

9:30 a.m. Pathology Rounds and Tumor Conference. 10:30 a.m. Tour of Vincent Clinical Reproductive Endocrinology Unit. 11:00 a.m. Seminar: Management of the Patient with an Abnormal Pap Smear.

NEUROSURGERY--Neuro Intensive Care Unit. 9:00 a.m. Tour of the Neurosurgical Service.

RADIATION MEDICINE--Cox 2 Conference Room. 9:00-11:00 a.m. Recent Developments in Radiation Medicine at the MGH.

MEDICINE--Bigelow 7 Conference Room. Coffee and Rounds.

CHILDREN'S SERVICE--Pediatric Rounds.

PATHOLOGY--Basement Conference Room. Pathology Conference.

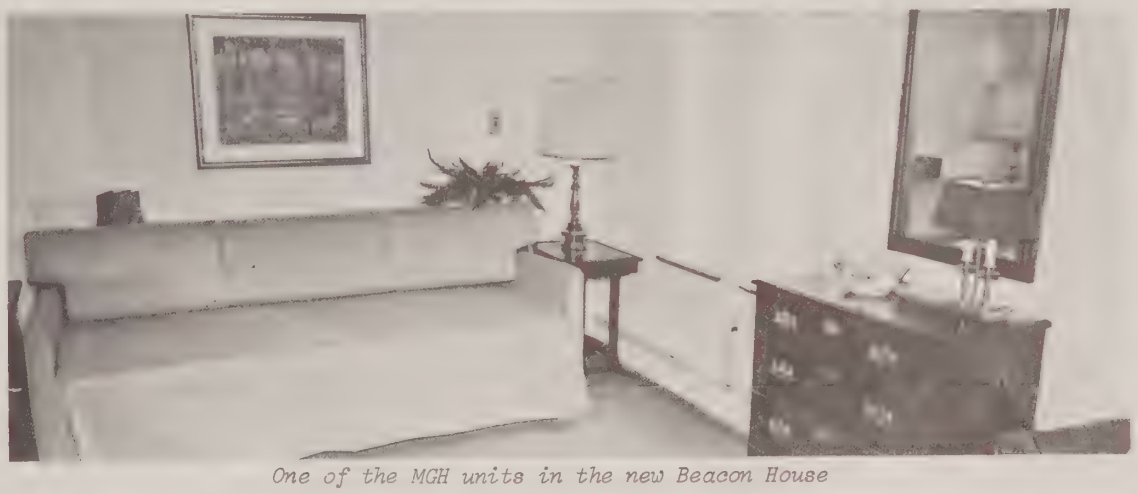
PSYCHIATRY--Psychiatry Library, Bulfinch 3. 10:00-11:30 a.m. Rounds and Seminar: MGH Psychiatry 1983.

ORAL & MAXILLOFACIAL SURGERY--Walcott Room. Rounds and Clinical Update.

SURGERY--Special Presentation.

ORTHOPAEDIC SURGERY--Shriner's Auditorium. Hip and Implant Grand Rounds

RADIOLOGY--Robbins Room. Computers in Radiology.



One of the MGH units in the new Beacon House

Nutritional Highlights

by the MGH Nutrition Service

What is America's newest snack food explosion soon to overcome the jelly-bean craze? Popcorn.

In the past, popcorn was associated with moviegoers, dieters, and college students. Popcorn is believed to be the earliest variety of corn eaten, and its kernels have been found in the remains of Central American settlements almost 7,000 years old.

Today it is a fast growing gourmet food with flavored-popcorn specialty shops opening throughout the country. And as with the jelly-bean, the variety of flavors seems endless. They range from pizza to bacon and eggs, from cinnamon to strawberry, etc. As many as 50 different flavors can be found in one store alone.

For best results when popping corn, keep unpopped corn tightly covered and refrigerated. There are a variety of ways to pop your popcorn, including electric air popping, electric skillet, microwave, or the simplest method--use of a wire popper over coals or burner heat.

The air popping, whether electric or manual, requires no oil before popping and a drier popcorn results. If popcorn has the correct moisture content, you will hear it popping gently.

Popcorn is a favorite snack of individuals watching their weight because popcorn can be low in calories. However, the calories are influenced by the method of popping. Simply, the less fat added, before and after popping, the fewer calories. Here are some figures for comparison:

METHOD	AMOUNT	CALORIES
Air popped, plain	8 cups	240
Popped with oil	8 cups	575
Popped with oil, margerine added	8 cups	900

When making popcorn at home, you can control the amount of oil added (if any at all) and keep the calories down. However, at snack bars this control is lost. As an example, one bag (8 cups) of popcorn purchased at the MGH and popped in the microwave has 540 calories. Sugar coating on popcorn also increases the calories. One cup of the plain air-popped variety is 30 calories, and one cup of sugar coated popcorn is 135 calories.

What can the weight-conscious individual do who wants to take part in the popcorn craze? The solution--make your own air popped corn and jazz it up with spices. Season it with garlic, onion, cinnamon, salt, fresh parsley, or a small amount of grated cheese, and use it as a topping for soups, salads, or as an hors d'oeuvre for your next party. For each four cups of hot popcorn, sprinkle with ¼ to ½ teaspoon salt or cinnamon, or two tablespoons grated cheese or fresh parsley.

Dr. Wayne A. Miller, Director of the MGH's Prenatal Lab, is scheduled to appear tonight (October 20) on the ABC-TV program 20/20, telecast locally on WCVB-TV (Channel 5) at 10 p.m.

Dr. Miller's segment deals with the medical and ethical issues involved with gene splicing. Mr. and Mrs. William Brennan, the parents of a young boy born with muscular dystrophy, will also be interviewed.

Hotels (continued from page 1)

Akins was the one who pushed the button blowing up the building.

It all began on April 28 when Jim Manafort, head of the Manafort Construction Company, was admitted to the MGH with a heart problem, which ultimately required surgery by Dr. Akins.

Mr. Manafort made a rapid recovery, so rapid in fact that he wanted to be released from the MGH before May 15. When Dr. Akins asked why that particular date, his patient responded by asking the surgeon if he wanted to blow up the Madison Hotel.

So on that early Sunday morning, while his family and thousands of other people looked on, Dr. Akins pushed the button setting off a massive explosion that rocked the area.

"I wasn't ready for the noise," recalled Dr. Akins. "The noise and the dust were unbelievable."

And the doctor added that the demolition certainly wasn't as easy as it may have looked. "The building had to fall in the appropriate direction and sequence. Being able to predict it all is a real mixture of art and science--just like medicine. After all, if the building were to fall the wrong way, there would have been huge damage to the Boston Garden, the MBTA station, and to the stores nearby."

But that didn't happen. The operation was a success!

Asked how it felt for a physician to engage in such massive destruction, Dr. Akins replied, "We all have to let off a little steam. I guess this settled my alter ego for a few years."

Reacting to a comment by Dr. Henry Mankin

Posing with long time colleague Adele Corkum

Some Friends Pay Tribute to Mary Macdonald

The following are excerpts of remarks made about Mary Macdonald at her retirement party in August:

"You have demonstrated that the academic world is an extraordinary base for a distinguished career in just another field--the management of a major service in one of the world's truly great medical institutions....You have a remarkable record in two important fields to your immense credit." --
[illegible]

"The thing that I cherish the most over the years about Mary is the personal friendship we've had....It is something that I'll treasure forever." --
MR. LAWRENCE E. MARTIN

"Mary, to me, has always embodied what I have come to know as the MGH. She has had the heart for its people and the love for its patients. She has had the strength for its greatness, and she has had the support and compassion for its history and traditions....She has a vision for nursing. She was a leader with a mission. Anyone who worked with Mary knows that together you were going somewhere." --
MR. [illegible]

"She is everywhere, to me, the embodiment of all that's finest in the Massachusetts General Hospital. She has, without any question, left an indelible imprint on the personality of this institution." --
MR. JOHN F. LAWRENCE

"Mary has, with courage, selflessness, and high purpose, changed the image of the nurse from that of subservience and second status, to one of equity and professionalism....We respect you, which is what you've earned; we admire you, which is what you surely deserve; and despite it all and perhaps because of it all we, and especially I, love you very much." --
DR. HENRY J. MANKIN

Accepting a gift from Stephen Kauffman

Hiding her face from MGH President John Lawrence

Giving a hug to a young well wisher

Sharing a joke with Associate Director of Nursing and friend Gellestrina DiMaggio

Accepting congratulations from General Director Dr. J. Robert Buchanan

Acknowledging the applause

THE MGH HOT LINE

November 3, 1983

News Office, Bulfinch 1, Ext. 2206

Warren Triennial Prize Winners Announced

Two scientists who have made significant contributions to our understanding of the causes of cancer recently received the MGH's prestigious Warren Triennial Prize, a 112-year-old hospital tradition of recognizing excellence in medical research.

Dr. J. Michael Bishop, a Professor of Microbiology at the University of California, San Francisco, and Dr. Robert A. Weinberg, a Professor of Biology at M.I.T., were honored on Thursday, October 13.

Drs. Weinberg and Bishop gave the Warren Triennial Prize Lectures in the auditorium of the Shriners Burns Institute. Dr. Bishop spoke on, "Cancer Genes Unveiled." Dr. Weinberg's lecture was entitled, "The Role of Oncogenes in Human Carcinogenesis."

In announcing this year's prize winners, Dr. Kurt J. Isselbacher, Chief of the MGH Gastroenterology Unit and Chairman of the Warren Triennial Prize Committee, said, "These two scientists and their laboratories have made important and innovative contributions to the field of the causation of cancer. Dr. Weinberg is one of the key discoverers of the role of the oncogene, which is thought to be involved in the development of cancer. And Dr. Bishop has focused on certain substances (phosphoproteins) that cells produce when they become malignant."

The Warren Triennial Prize was established by the late Dr. J. Mason Warren in memory of his father, Dr. John C. Warren, cofounder of the MGH. Starting in 1871, an award was presented every three years for the best dissertation on a subject in physiology, surgery, or pathological anatomy. In 1952, lectures replaced the dissertations. The Warren Triennial Prize is often called a predictor of the Nobel Prize, because eight of the seventeen scientists who have received the honor since 1952 have gone on to become Nobel laureates.

Trying to Kick the Habit?

On Thursday, November 17, the MGH once again will participate in THE GREAT AMERICAN SMOKEOUT, sponsored by the American Cancer Society. This is the seventh annual SMOKEOUT, a day when smokers across the country pledge to quit for 24 hours. Booths around the hospital will feature "Larry Hagman Special Stop Smokin' Wrist Snappin' Red Rubber Bands" for would-be quitters, along with information sheets, buttons, pledge cards, and helpful hints for those who want to quit smoking.

United Way Week

It's United Way Week at the MGH. Since Monday, employees have been soliciting donations from their fellow workers for this year's campaign. Last year you raised more than $80,000, with another $10,000 being donated after the official fund-raising drive had ended. This year's goal at the MGH is $100,000. One out of every three residents of eastern Massachusetts receives help from a United Way agency. At the MGH, more than 400 employees were assisted last year alone. Won't you help? When a volunteer from your department comes calling, please give what you can. Help others... help yourself.

Health Information Lecture

Eleanor Clark, Director, MGH Social Service, will present a lecture on "Growing Older" on Wednesday, November 9, from 12-1 p.m., in the Bigelow Amphitheatre, White 3A, as part of the Health Information Lecture Series for MGH employees. The lecture is sponsored by the Office of Training and Development and the Staff Clinic. Ms. Clark will present information to help make growing older a less stressful time of life. Some of the topics will include guides for Health Insurance, Social Security Benefits, and Home Care and Community Resources.

Rooms Available at Beacon House

Ten apartments are available at the Beacon House for short stays for patients and families of patients. If you are interested, please contact the MGH's Social Service Department at 726-2601.

It's Time for Basketball

The 1983-84 MGH Basketball League will soon be under way. All interested employees should contact Larry Curtis at Ext. 8202 for further information.

Park at the Museum

With recent parking rate increases in various public parking locations, we'd like to remind employees waiting for hospital parking that the Museum of Science is still offering discounted parking to MGH employees. Parking booklets containing 20 coupons for $50.00 each are valid Monday through Friday, between the hours of 6:00 a.m. and 6:00 p.m. This booklet now is valid for a three-month period. For more information, please contact the Museum directly at 723-2500, extension 210.

Around MGH

Dr. Michael Ehrlich, Chief of the Pediatric Orthopaedic Service, was recently notified that he will receive the Kappa Delta Award from the American Academy of Orthopaedic Surgeons for outstanding achievement in orthopaedic research. Dr. Ehrlich's work was on growth plate deformities and the biochemistry of osteoarthritis.

Elaine Watkins, who was featured in a HOT LINE story *(February 17, 1983)* because of her green thumb, has done it again! She recently won three awards at the Topsfield Fair for the growing of dahlias. Ms. Watkins won the Flower Committee Dahlia Trophy, the Thomas Galvin Trophy, and the Topsfield Fair Trophy. She was also recently reinstalled as President of the Women's Army Corps Veterans, Bay State Chapter.

The Cardiology Division of the MGH has been awarded a $25,000 teaching grant from CIBA Pharmaceutical Company to encourage promising young physicians to pursue careers in academic cardiology, according to Dr. Jeremy Ruskin, Director of the MGH Cardiac Electrophysiology Laboratory. CIBA representative Donna Gorshe said the hospital was one of six around the country selected for the grant, based on "its established international reputation of outstanding research in cardiovascular disease." The grant establishes a teaching fellowship for the 1983-84 academic year and will provide a stipend for Dr. Brian McGovern, who will be furthering his clinical and research training in cardiac arrhythmology and electrophysiology at the MGH. Ms. Gorshe said that $25,000 awards also were given to the University of California at San Francisco, Minneapolis Medicine Research Foundation, the University of Texas, Medical University of South Carolina, and the Johns Hopkins Medical School.

Dr. J. William Worden, Associate Psychologist and Research Director of Project Omega, was the keynote speaker at the fifth anniversary conference of the Compassionate Friend's Society held recently in Chicago. The Society consists of groups of bereaved parents from across the country who work with other parents facing a similar loss. Dr. Worden spoke on "Grieving--Is it ever finished?"

Dr. Jacob Lerman, a senior physician at the MGH and a nationally recognized authority on the thyroid gland, died recently at the age of 80. A friend described Dr. Lerman as "one of the best clinicians at the MGH. He could handle the entire problem...He was a very solid physician, very wise and competent, and a complete physician." He was known to his friends as Jake. In the 1930s he was recognized as the first to have observed the so-called Means-Lerman Scratch, a cardiac finding in patients with Grave's Disease, an overactive thyroid. His research papers and medical journal articles also involved observations on other subjects besides the physiology and diseases of the thyroid, ranging from pernicious anemia to cardiac and related studies. In 1975, Dr. Lerman received the Distinguished Service Award of the American Thyroid Association.

"City Booklets"

"City Booklets" are now available in Staff Records on Bulfinch 2. The cost is 25¢ per booklet.

THE MGH HOT LINE

November 10, 1983

News Office, Bulfinch 1, Ext. 2206

MGH Ends Talks with HCA for Sale of McLean

A committee of the MGH Board of Trustees is being appointed to consider new options in the wake of the MGH's decision to discontinue negotiations with the Hospital Corporation of America for the sale of McLean Hospital.

At a news conference on Thursday, November 3, it was announced that the Harvard Medical School Faculty Advisory Committee on McLean Hospital, which was created to review the proposed sale, had recommended that the proposal not be accepted. The committee's reasons for recommending rejection did not relate to specific terms of the proposal or to the capabilities of HCA. Rather, the Committee gave an unfavorable recommendation because it believed that opposition among faculty members was so strong that it would be impossible for McLean Hospital to function effectively if it were sold to HCA.

In a letter to Mr. Francis H. Burr, Chairman of the MGH Board of Trustees, Dr. Daniel C. Tosteson, Dean of Harvard Medical School, wrote: "In light of the report, I cannot assure you that the Harvard Medical School would continue its affiliation with the McLean Hospital if it were sold to the Hospital Corporation of America under the terms in the current proposal. As Dean, I do not think that we should enter this agreement when it is opposed by a majority of the members of the Faculty at McLean most involved and affected."

Mr. Burr said he was disappointed with the McLean staff's opposition, but added that the report "clearly recognizes that the agreement... offered a remarkable solution to the problems of McLean and the patients. However, I understand their concern that the strength of the opposition on the part of a large number of the professional staff at McLean would make the effective implementation of the proposal extremely difficult."

But Mr. Burr was quick to emphasize that alternatives would have to be found. "We do not consider the maintenance of the status quo to be acceptable," he stated. "We will begin immediately to seek alternative solutions in an attempt to ensure McLean's long-term survival as one of the nation's finest psychiatric institutions."

HCA approached the MGH Trustees about McLean earlier this year at a time when the Board was concerned about having to raise many tens of millions of dollars simultaneously to replace aging buildings at both McLean and the MGH.

Our Public Image

The public holds in high regard the accomplishments and capabilities of the health delivery system. As workers we are respected for our caring attitudes and the commitment to serve others. By example, a recent Gallop Poll shows

(continued on page 2)

On Thursday, November 24, the General Cafeteria will offer a traditional holiday menu consisting of:

Chicken and Pasta Soup	*.35/.70*
Roast Fresh Turkey/Giblet Gravy/Cranberry Sauce	*1.30*
Beef Provencale	*1.30*
Sage Dressing	*.35*
Whipped Potatoes	*.35*
Glazed Sweet Potatoes	*.40*
Buttered Noodles	*.35*
Green Peas and Mushrooms	*.35*
Mashed Butternut Squash	*.35*
Pumpkin Pie	*.45*
Hot Mulled Cider	*.35*

The Cafeteria will be open from 10:45 a.m. to 3:00 p.m. for lunch and 4:15 p.m. to 8:00 p.m. for dinner. Happy Thanksgiving!

Image (continued from page 1)

that physicians are highly regarded by both the public and business executives for their ethics and honesty. These perceptions favorably impact us all.

This same public, however, also is influenced by what they see with their own eyes. At a time when hospitals are universally considered expensive and wasteful, it is important that we be sensitive to our public image. The favorable feelings we enjoy from the community we serve are individual sentiments not collective ones.

Increasingly visitors and patients are coming to this hospital and voicing frustration with the lack of spaces available to them for waiting. It is very noticeable to them the way employees and staff use the public lobbies and the waiting areas on patient care units. Although space is limited throughout the institution, there needs to be a conscious effort on the part of all of us to refrain from taking over the areas belonging to our patients and visitors. This problem is one that should be of great concern to us all. The impression created by seeing hospital workers eating and lounging in lobbies only feeds the belief of the public that there is still waste in hospitals. Our public image is important not just in what we do and say, but also in how we look.

Stephen H. Kauffman
Director of Operations

MGH Gets Ready for Winter

While many of us are winterizing our homes and cars in preparation for the onslaught of winter, the MGH is busy winterizing the hospital. Employees from the Refrigeration, Metal, and Plumbing Shops have begun converting the heating/cooling system in each building from summer to winter.

"It's an involved process," explained Anthony Giarrusso, Manager of Maintenance. "We have to do such things as winterize the chiller coils, drain the system, and check the louvers and the steam traps. We also apply a substance called glycol, which is like an antifreeze."

Nonpatient areas, such as the Bulfinch and Research Buildings, were converted first. Buildings that house patients will be done last, since air-conditioning may still be needed on those floors.

Since the conversion process takes about two months to complete, it is usually started in October. But some people in Maintenance have been taking the heat because of the mild temperatures. "We have received some complaints because there is no air-conditioning in those areas that have already been converted," said Mr. Giarrusso. "Employees should open the windows if they need to, although it's only a matter of time before they'll have to use the heat." The heating/cooling system will be reconverted to the summer system around April.

Patio Room Reservations

Reservations are now being accepted for 1984 Patio Room space. Please remember that rooms are at a premium, and we must reserve space on a first come, first served basis. If you wish to reserve space, please fill out the attached form and mail it to Susan Barraclough, Department of Dietetics, Gray Basement. The Patio Room is located adjacent to the General Cafeteria and holds a maximum of 50 people. Reservations will be confirmed by mail on or about December 1.

NAME _____

DEPARTMENT _____

EXTENSION _____

NUMBER OF PEOPLE _____

DATES NEEDED _____

TIME NEEDED _____

Around MGH

Dr. Richard Green, formerly of the MGH and now Professor of Psychology at the State University of New York at Stony Brook, will be the guest speaker at the Annual Macomber Lecture on Human Sexuality, which will take place in Amphitheater E at the Harvard Medical School on Tuesday, November 29, from 5:30-6:30 p.m.

DON'T FORGET! The Great American Smokeout is Thursday, November 17. Information booths will be set up throughout the hospital. Make yourself a promise to kick the habit.

November 17, 1983

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Being a Friend Indeed To a Friend in Need

Almost everybody has a special gift... something he or she can do better than anyone else.

Ellen Reynolds is no exception. But for Ms. Reynolds this talent came very naturally. She never had to work at it. And it's something most of us would love to have.

"For some reason," explained the LPN on Baker 10, "I seem to make friends very easily. I really can't explain why except that I do like to talk."

When Ms. Reynolds says she makes friends easily, she also means very quickly. "When I was a young girl, my mother said she was afraid to ever leave me alone for even a second because I was always talking with some stranger. Instead of bringing home stray cats, I would bring home stray people. Even now," she explained, "I can't go from the first floor to the tenth floor in the Baker elevator without talking to someone or having someone talk to me."

The fish seems to be keeping a close watch as Joel Salhanick of the MGH Photography Lab plays Monopoly at the bottom of the fish tank at the New England Aquarium.

Reynolds being asked after having known the fiance of a patient for just a few weeks. *(See April 22, 1982 HOT LINE.)*

However, the first time it happened didn't prepare her for this occasion.

Ellen Reynolds (left) watches as Vinnie Destito and Cathy Karver embrace for the first time as husband and wife. At right is the best man Jim O'Brien. The ceremony was officiated by Chaplain Robert Horstman (second from left).

Cathy Karver found her friendly. Ms. Karver first met the nurse during the end of August while visiting her boyfriend Vinnie Destito, who was a patient on Baker 10 in the Thoracic Surgical Service. Less than two months later, Ellen Reynolds was the maid of honor at Ms. Karver's wedding, held on October 20 in the MGH Chapel.

But this was like old hat to Ms. Reynolds, since it is the second time she's been asked to serve as maid of honor at an MGH wedding in the last year and a half. And both times it came about the same way, with Ms.

"When Cathy asked me, I was just speechless--I didn't know what to say. And for me, that doesn't happen very often," she admitted. "I felt embarrassed by the whole thing. But as I thought about it some more, I also felt that I was being complimented, especially since Cathy and Vinnie waited until I came back from vacation before they got married, even though Vinnie had been discharged from the hospital several weeks before that. I guess there are some people who don't mind seeing their nurses again after leaving the hospital."

(continued on page 3)

The Capital Campaign Update

If you are a watcher of the Campaign thermometers, you already know that the capital fund drive total is rapidly moving toward its interim goal of $65 million by the end of 1983. To insure that the goal is reached, it is anticipated that over 100 solicitations will take place during the remainder of 1983. As enthusiasm increases, it is evident that most gifts have been made by patients who are grateful for the care they receive here. Letters accompanying gifts relate that it is not only the physician but also the nursing care, the food service, the technicians--in fact the entire panoply of those who were directly or indirectly responsible for their gratitude.

A letter from a woman from Dorchester who had recently been discharged states, "I was extremely impressed with the excellent care, food, and all the services the hospital had to offer. I hope if the need ever arises, that I will be able to go to the Massachusetts General Hospital again--it certainly would be my first choice."

The accomplishments made possible by the thousands of donors, large and small, are seen all over the hospital--completion of the Ambulatory Care Center, which also includes the Cabot Day Surgery Floor, the Shoolman Conference Room, the Esther Hewes Arthritis

(continued on page 2)

Water Way to Play

The Waterworks was underwater. For that matter, so was the Boardwalk, Pacific Avenue, and Park Place. But it was all for a good cause.

Members of the New England Aquarium Dive Club played a friendly game of Monopoly the weekend of October 29 and 30 at the bottom of the huge fish tank at the Aquarium. Seven thousand dollars was raised for the American Heart Association.

And one lucky MGH employee--Maureen Fallon of the Cardiac Electrophysiology Research Office--won a trip for two to Bermuda at a related drawing.

Another MGH employee--Joel Salhanick of the Photography Lab--was one of the divers who participated.

New MGH History Book To be Available Soon

"If the science of medicine is not to be lowered to the rank of a mere mechanical profession, it must preoccupy itself with its history. The pursuit of the development of the human mind, this is the role of the historian."--Emile Littre

"The history of medicine is a study not only of man's health and diseases throughout history...but also the history of all human activities connected directly or indirectly with the pursuits of medicine."--Felix Marti-Ibanez

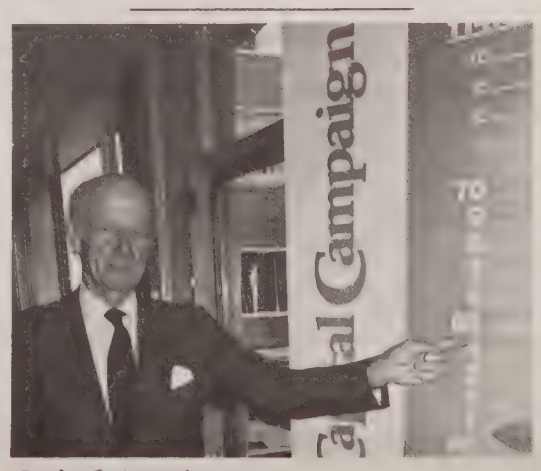
It was this philosophy expressed in these two quotes that may have been the inspiration for a new book on the history of the Massachusetts General Hospital.

The years from 1955 to 1980 were significant ones in the development of the MGH. And the people and events that shaped these 25 years have now been recounted in a new book entitled, *THE MASSACHUSETTS GENERAL HOSPITAL--1955-1980*, published by Little, Brown and Company.

Coauthored by 60 individuals, the book profiles the people and departments involved in the hospital's growth.

But compiling a quarter of a century of information into 400 pages is not an easy task. "Yes, it was a massive undertaking indeed," remarked Mr. David C. Crockett, a Deputy to the General Director and Vice-Chairman of the Committee on Research. "We actually began to bring the hospital's history up to date in 1972. It would not have been

(continued on page 2)



Capital Campaign cochairman John E. Lawrence showing this year's goal

Book (continued from page 1)

possible to accomplish this without the assistance of Dr. Benjamin Castleman, who spent the last months of his life totally absorbed in the completion of the manuscript."

Mr. Crockett said he felt there was a definite need to compile a comprehensive history of the hospital because, in his words, "so much would be lost that could never be found again. So it really came about as a result of necessity."

The last history of the hospital was written by former General Director Dr. Nathaniel W. Faxon and covered the years from 1935 to 1955. And there are several histories published prior to that. But Mr. Crockett was quick to point out that this latest book differs somewhat from its predecessors.

"For one thing, it was really a huge collaborative effort, involving people from all over the country. For another thing, it doesn't list the current staff but does list trustees. And there are no illustrations except for a plot plan of the hospital."

With so many people working on the project, it was necessary for one person to bring everything together. That person was Sylvia Sutton, who edited the entire book and rewrote many of the sections.

The book is divided into six separate sections. They are 1) Administration and Physical Development; 2) Medical Services; 3) Children's Service; 4) Surgical Services; 5) Clinical Departments; and 6) Other Departments and Services.

The book is scheduled to come out on December 2 and will be sold exclusively in the hospital's General Store with all profits coming back to the hospital.

This marks the fifth in a series of MGH histories which date from 1810 but the first to weave people into the history in a significant way.

"We hope," said Mr. Crockett, "that people will find it a very readable book."

A computer show highlighted the recent celebration of Treadwell Library's 125th anniversary.

The Warren Library: More than Just a Room with Books

by Nancy Roosa

(First in a two-part series)

If you've been to the Warren Library a few times, chances are Nancy Kessner knows your name. But don't be worried. She is not the type of librarian who haunts you for overdue books or bans you from the library if you are a whisperer or snacker.

The Warren Library, in the basement of the Bulfinch Building, is unique. Here Nancy Kessner and her associate, Ann Marie Speidner, cheerfully greet regulars, let them check out their own books, and most amazing of all, don't fine anyone for overdue books. "It's nice to trust people occasionally," said Mrs. Kessner.

The Warren Library is a popular place especially during lunchtime.

If this can be called a method, it seems to work. The library loses less than 1% of the books that go out to hospital staff. There is little incentive to purloin books since, as Mrs. Kessner pointed out, "We'll renew books as long as no one else needs them."

As for the usual fiercely enforced rules against talking and eating, well, they don't exist. The lunch hour is the library's busiest time, crowded with hospital staff and their lunch trays. The daily parade of food and drink doesn't necessarily lead to stained, ruined books as we were all led to believe in our childhood. "We do get an occasional spot on the rug, but that's not so awful," said Mrs. Kessner. "And I always get a lot of help cleaning it up."

Mrs. Kessner wants the library to be a place where people can feel comfortable. In the 13 years since she took over its care, she has done a lot towards that end. "In 1970, this was a dingy, dark room that few people knew about," she said. She got better lighting, brought in plants and a rug "even if it does have a few spots." The daily swarm of people testify to the library's inviting atmosphere. "Now the location is kind of an advantage," she said. "It gives it a 'get-away-from-it-all' feel."

There are two tables where six daily papers are neatly laid out each morning. But by afternoon, the tables are piled high with sections of papers that have been pulled apart and poured over. Sixty magazines, from Glamour to Fortune, the Phoenix to Scientific American, provide consolation for those who don't get a section of The New York Times.

The library also has a good selection of history and recent fiction. "I hope these books encourage people to use their minds, to think," said Mrs. Kessner. "Books should provide continuing education. In fact, some people come here to study, though I wouldn't recommend it if you have serious cramming to do. We talk too much."

In the corners and niches of the room are other good finds, such as Consumer Reports, travel guides, tourist information, and a few medical reference books. However, finding a love story or a mystery takes no searching; they overflow from the shelves. The mystery collection here rivals that of the main public library, according to Mrs. Kessner. "They're always popular, especially with the patients, and they never seem to go out of style."

(Part 2 next month)

Campaign (continued from page 1)

Clinic, the Kazanjian Conference Room, the Nessel elevator lobby, and the soon-to-be-named Faneuil gallery!

The gift of Arthur O. and Gullan M. Wellman, which is responsible for the new research building, is a direct result of the care they received from physicians and staff. These named areas are a sample of significant gifts made.

Another letter received recently from a woman from South Yarmouth sums up the feeling of many patients. "I am enclosing a check for the MGH Capital Campaign in memory of my husband. I was so pleased with the wonderful care he received during his illness, both from his doctor and the caring nurses on the fourth floor of the Phillips House."

Perhaps the renovation of beds which has begun on White 5, 6, 7, and 12 as well as Bigelow 12 and 13, and Gray 5 will be the most dramatic changes observed by patients. In spite of the outmoded facilities, of which we are all aware, patients continue to praise the staff and the quality of care: "As I reflect on my recent hospitalization (and I have on frequent occasions), I don't think of the trauma or apprehension I experienced, but I do think warmly and with great admiration of the care and friendship extended me by the staff. Those people are great! While they won't remember me, I will not forget them! Never!!--so says a man from Rhode Island.

Gifts from corporations and foundations, which total over $12.5 million, are generally the result of excellent treatment provided to an executive or official who is in a position to authorize gifts.

The needs that the Campaign are addressing are urgent and enormous. To reach not only the $65 million year-end goal but also the long-range goal of $114 million will require involvement of volunteer solicitors, members of the administration, physicians, and perhaps, most importantly, the continued excellent quality of care provided by all members of the staff.

So keep your eyes on the Campaign thermometers and watch our progress!

Tuition Reimbursement

In order to receive checks on December 1, yellow forms must be filed with the Office of Training and Development by Tuesday, November 22, at 11:00 a.m.

Many from MGH Compete in Bonne Bell

The MGH was well represented in this year's running of the Bonne Bell road-race. Congratulations to the following women who participated in the event:

Clare Averbach, RN, Phillips 2	*42:30*
Kathy McKool, RN, Cardiac Rehab.	*44:05*
Kris Nelson, RN, Cardiac Rehab.	*44:21*
Marissa Seligman, Pharmacy	*46:20*
Cynthia Hurley, Physical Therapy	*46:45*
Kim Kent, Blood Trans. Service	*47:00*
Lynn Troy, P.T. at CMHCC	*47:15*
Nancy Pearlmutter, Ortho Res.	*48:50*
Laura Williams, RN, Vincent 3	*49:00*
Mardi Marean, DESAD Project	*49:17*
Beth Lada, RN, CCU	*49:30*
Betty Bourrett, Ortho Res.	*49:50*
Julie Wheelden, Speech/Lang.	*49:50*
Meg Dolan, Orthopaedics	*50:00*
Sherry Coppola, Dermatology	*50:07*
Delphie Andrews, Soc. Serv.	*51:00*
Barbara Lowe, RN, Neuroradiology	*51:00*
Beth Santoro, Rad. Medicine	*51:00*
Deborah Sheils, Nursing	*51:52*
Terri Kadziewicz, Med. Walk-In	*52:00*
Katie Clay, Orthopaedics	*53:00*
Shelley Goldfarb, MGH Institute	*53:00*
Beverly Lillehei, Rad. Medicine	*53:00*
Patty MacInnis, Rad. Therapy	*53:02*
Mickey Reed, Pharmacy	*54:00*
Valerie Spicer, RN, CMHCC	*54:30*
Betsy Anderson, P.T.	*54:49*
Connie Stone, Rad. Medicine	*56:00*
Melissa Oliver, MGH Institute	*56:00*
Donna M. Donnelly, Cardiology	*57:10*
Eleanor Dolan, Rad. Medicine	*58:00*
Angela Cicerone, Medicare Billing	*58:05*
Lynore Bolton, RN, Bigelow 10	*60:00*
Anne Roussell, RN, Diabetes Res.	*60:16*
Debra Stokes, RN, Amb. Care	*60:16*
Ann Baney, MGH Institute	*64:00*
Linda Wetstein, MGH Institute	*64:00*

Kris Nelson

Julie Wheelden

Joe Malone (center), cocommissioner of the MGH Softball League, presents this year's championship trophy to Neil Finlayson (left) and Joe Lombardo (right), members of the Refrigeration Shop team.

Friend (continued from page 1)

Ms. Reynolds had a lot of help planning the wedding so that everything would be perfect. Ruth Dempsey, head nurse on Baker 10, helped with the paperwork and made the arrangements for the ceremony with the Chaplain's Office. And other nurses on the floor planned the reception, complete with champagne and cake, held in the office of Linda Kenney, Baker nursing supervisor.

Finally, the big day was at hand. In the presence of their families and a few close friends, almost all of them part of the MGH family, Cathy and Vinnie were pronounced husband and wife by MGH Chaplain Robert Horstman. Jim O'Brien, a former patient on Baker 10, served as Mr. Destito's best man.

Vinnie and Cathy show their gratitude to Ellen Reynolds

And there was Ellen Reynolds by Cathy's side. "I think I was more nervous than the bride," the nurse conceded. "I know I couldn't sleep that whole night before. I still don't know why they asked me, but I'm glad I could be a part of it."

And Ms. Reynolds added that she was fully prepared to hear certain predictable comments from her coworkers. "I knew they would be saying 'always a bridesmaid and never a bride,' and they didn't disappoint me. But they were right. This is the fourth time I have been someone's maid of honor. And each time, I was very proud to have done it. It's something you always remember whether it's for your sister or the girlfriend of a patient."

And the bride and groom agreed that they were very lucky not only to have found good care at the MGH but a good friend.

"Ellen has been wonderful to both of us," said Cathy. "She was always there when we needed her, especially when we needed a good friend."

And a good friend Ellen Reynolds is to a great many people...some of whom she hardly knows.

"Maybe I should just have a neon sign on my forehead reading, 'Here I am,'" said the nurse.

But one gets the feeling that Ellen Reynolds will never have to advertise in order to make new friends.

Nutritional Highlights
by the MGH Nutrition Service

Tofu...To what?

That is the common reaction whenever tofu is mentioned. Contrary to popular belief, you do not have to be a vegetarian to eat tofu. Alone it has a bland flavor. However, tofu acts as a sponge and absorbs the flavor of ingredients that are added to it.

Tofu is also called soy cheese. It is actually soybean curd made from a curdled soy milk (a nondairy product made from soybeans). Tofu takes the form of a beige crumbly "cake" packaged in sealed plastic containers. It should be stored in the refrigerator in a covered bowl with a small amount of water. The shelf-life is about one week, as long as the water is changed daily. Tofu can be found in most supermarkets as well as in health food stores.

The nutrient value of tofu (a 2½ inch x 2½ inch x 2 inch cake) as compared to 4 ounces of red meat or one egg is as follows:

	fat	protein	cholesterol	cal.
lean sirloin	5.7g	6.5g	100mg	330
one egg	10.8g	19.6g	250mg	80
tofu cake	5g	7.1g	0mg	85

In addition to being a source of protein in the diet, tofu also supplies calcium, iron, vitamin E, and it has no cholesterol. Tofu is similar in texture to Italian mozzarela cheese and can be used as a cheese substitute in recipes. Tofu pizza is delicious! Why not give your meals an added dimension and try adding tofu to your usual eating fare.

SALADS--Use 1 tofu cake per ½ cup of dressing. Place a few cubes of tofu in a jar of your favorite vinegrette dressing. Marinate for a few hours before serving.

BROWN RICE--Use 1 medium-sized tofu cake per serving. Place tofu in a bowl with 1 teaspoon tamari sauce, 1 teaspoon Chinese sesame oil, 1 tablespoon vinegar, 3 teaspoons sesame seeds, a dash freshly ground pepper, and 1 minced scallion. Let marinate several hours. Mix with rice just before serving.

STEAMED OR SAUTEED VEGETABLES--Use 1 medium cake per serving. Add 3 tablespoons tamari sauce, 1 crushed garlic clove, 1 tablespoon lemon or lime juice, a dash of black pepper, 1 teaspoon of honey. (Optional: 1 tablespoon Chinese sesame oil, toasted cashews, a dash Worstershire sauce or mustard). Let stand several hours. Add to steamed or sauteed vegetables before serving.

Recipes from The Broccoli Enchanted Forest

MASSACHUSETTS GENERAL HOSPITAL

Ether Day Observance

SERVICE PIN AWARDS — 1983

In recognition of service

FOR FIFTY YEARS

John Adams, Jr., M.D. *Dermatology Service*
Stefania Cloutier, *Dietary*
Edwin M. Cole, M.D., *Neurology Service*
Paul L. Norton, M.D., *Orthopaedic Surgery Service*
Claude E. Welch, M.D., *Surgical Service*

FOR FORTY YEARS

Martha Carney, *Dietary*
Allan Lloyd Friedlich, Jr., M.D., *Medical Service*
Harriet L. Hardy,, M.D., *Medical Service*
Walter S. Kerr, M.D., *Urology Service*
Janet W. McArthur, M.D., *Medical/ Gynecology Services*
Edward Richardson, M.D., *Neurology Service/ Pathology*
Grant V. Rodkey, M.D., *Surgical Service*
Loretta Saulnier, *Materials Management*
Edwin O. Wheeler, M.D., *Medical Service*
Frank C. Wheelock, Jr., M.D., *Surgical Service*

FOR THIRTY YEARS

Saul Aronow, Ph.D., *Radiology*
John Sutton Barlow, M.D., *Neurology Service*
Patricia Bennett, *Nursing*
Stanley Bennett, *Photography Lab*
Marie Burns, *Nursing*
Ann Cahill, *Nursing*
Edwin Lee Carter, M.D., *Surgical Service*
William Davis Cochran, *Children's Service*
Katherine Colbert, *ACC Radiology*
Walter Conley, *Orthopaedic Workshop*
John D. Constable, M.D., *Surgical Service*
Clement R. Darling, Jr., M.D., *Surgical Service*
Edward Loring Ferguson, M.D., *Surgical Service*
Nicholas J. Fiumara, *Dermatology Service*
Anthony Giarrusso, *Maintenance*
Francis Hammersley, *Amb. Care Radiology*
Rosemary Holohan, *Nursing*
Charles E. Huggins, M.D., *Surgical Service*
Wanda Kane, *Tumor Registry*
Philip L. McCarthy, M.D., *Dermatology Service*
Patricia McNamara, *Radiation Medicine*
Morton Olin, D.M.D., *Oral & Maxillofacial Surgery*
James Alfred Peterson, M.D., *Radiology*
William Pfeffer, Jr., M.D., *Children's Service*
Henning, Pontoppidan, M.D., *Anesthesia*
Sholem Postel, M.D., *Medical Service*
Richard Rogers, *Clinical Administration*
Edwin W. Salzman, M.D., *Surgical Service*
Bertha Smith, *Environmental Services*
John D. Stoeckle, M.D., *Medical Servce*
Jean Travers, *Pharmacy*
Edward William Webster, Ph.D., *Radiology*

FOR TWENTY YEARS

Antoinett Abraham, *Clinical Lab*
Catherine Antonuccio, *Amb. Care Radiology*
Howard P. Baden, M.D., *Dermatology Service*
Charlotte Barker, *Clinical Administration*
Sibylle Barlow, *Medical Service*
Edward Barnett, *Printing Office*
Elsie Barnfield, *Dietary*
Inta Berzins, *Ambulatory Care*
Sheila Bills, *O.R. Administration*
Betty Blanding, *Nursing*
Carol Boyce, *Dietary*
Robert James Boyd, M.D., *Orthopaedic Surgery Service*
Lily Bucis, *Neurology Service*
Charles Burnham, *Physics Research*
Barbara Buswell, *Dietary*
Lucille Price Carter, M.D., *Psychiatry Service*
Verne S. Caviness, Jr., M.D., *Neurology Service*
Mary Christopher, *Nursing*
Dorothy Conti, *Clinical Administration*
Donese Creech, *Environmental Services*
Margaret Crowe, *Nursing*
Suzanne Dearborn, *Social Service*
Phyllis Del Monico, *Computer Center*
Martha Diamond, *Research Administration*
Doris Dion, *Dietary*
John Donovan, *Printing Office*
Donald Doris, *Environmental Services*
Robert A. Driscoll, M.D., *Children's Service*
Harold F. Dvorak, M.D., *Pathology*
Robert Edgar Evans, D.M.D., *Oral & Maxillofacial Surg.*
George Fisher, *Facilities Engineering*
Harry Gerald, *Dietary*
Mary Gould, *Nursing*
Louis Green, *Environmental Services*
Robert Guinasso, *Special Funds*
Mabel Harris, *Materials Management*
Gerald Whitney Hazard, M.D., *Children's Service*
Elwood Henneman, M.D., *Neurology Service*
Lewis Ball Holmes, M.D., *Children's Service*
Kathleen Isler, *Environmental Services*
Robert Johnson, *Radiation Safety*
Mildred Johnston, *Trauma Service*
Mattie Jones, *Nursing*
Homayoun Kazemi, M.D., *Medical Service*
M. Edward Keenan, M.D., *Children's Services*
Jane Kissling, *Bacteriology Lab*
Alfred Jan Robert Koumans, M.D., *Psychiatry Service*
Stephen Lamonica, *Amb. Care Radiology*
Harold Lane, *Environmental Services*
Elizabeth Lee, *Radiology*
Frank Lee, *Pharmacy*
James R. Lehrich, M.D., *Neurology Service*
Rosemarie Lemole, *Surgical Service*
Norman S. Lichtenstein, M.D., *Medical Service*
Malcolm Nickerson Mackay, *Radiology*
Michael N. Margolies, M.D., *Surgical Service*
Jane McDermott, *EW/ ON Ward*
Nancy McEntee, *Pathology Lab*
Bettie Mercier, *Lab of Computer Science*
Mario Micozzi, *Maintenance*
Christy Minichiello, *Pharmacy*
Robert C. Moellering, Jr., M.D., *Bact./ Medical Services*
Gordon Tavss Moore, M.D., *Medical Service*
Mirta Otero, *Chemistry*
William J. Otto, Jr., M.D., *Radiology*
John Pepe, *Materials Management*
Patricia Perry, *Nursing*
Linda Peterson, *Medical Records*
Richard Petrillo, *Emergency Ward*
Thaseata Philips, *Nursing*
Pearl Pierre, *Communications*
Harold Prout, *Nursing*
John Raymond, *CMHCC*
Catherine Rizzo, *Computer Center*
Aletha Roberts, *Intensive Care Study*
John Conynham Robinson, M.D., *Children's Service*
Peter Birnie-Bye Rosenberger, M.D., *Neur./ Chil. Service*
Paul S. Russell, M.D., *Surgical Service*
Mary Ryan, *Nursing*
George Schramm, *Medical Records*
David Shaw, *Computer Center*
Henry Sikkema, *BHHC*
Isabel Silver, *Brain Wave Lab*
Cullen Sims, *Environmental Services*
Bernard Speaks, *Environmental Services*
Joseph Stukas, *Pathology Lab*
Carolyn Tamer, *Stoma Service*
Etta Terry, *School of Nursing*
Irene Tkaczuk, *CMHCC*
Edwin Laurie Tolman, M.D., *Dermatology Service*
June Walsh, *Communications*
Andrew Louis Warshaw, M.D., *Surgical Service*
Bernida Washington, *Clinical Administration*
Margaret Wilkie, *Surgery Service*
Roxie Woodrum, *Nursing*
Edwin Theodore Wyman, Jr., M.D., *Ortho. Surg. Service*

FOR TEN YEARS

Nancy Aguilar, *Baker Memorial Nursing*
Mary Albrecht, *Nursing*
Edris Alexander, *Environmental Services*
Ellen Anderson, *Dietary*
Peter Antonino, *Pharmacy*
Adelina Apura, *Chemistry Lab*
Margaret Arneaud, *Amb. Care Radiology*
Lisa Arsenault, *Nursing*
Barbara Baker, *Operating Room Administration*
Dorothy Bakon, *Dietary*
Jacqueline Bastille, *Treadwell Library*
Betty Bawdekar, *Social Service*
Carl Baxter, *Nursing*
David Beech, *Cytology Lab*
William Bell, Jr., *Computer Center*
Sheila Best, *Dietary*
Irma Betancourt, *Clinical Administration*
Kim Bolton, *Nursing*
John Booker, *Orthopaedic Workshop*
Angelo Bordonaro, *Maintenance*
Teddy Bork, *Bio Medical Engineering*
Stephen Botte, *Tansportation Service*
Richard Bowe, *Maintenance*
Joanne Brandano, *Fiscal Affairs*
Martha Brennan, *Radiology*
Irene Brouillard, *Blood Transfusion Service*
Anne Brown, *Blood Transfusion Service*
Marlene Brown, *Clinical Lab*
Phyllis Brown, *Surgical Associates*
Charles Buffong, *Materials Management*
Suzanne Burke, *Vascular Lab*
Secola Burroughs, *School of Nursing*
John Burt, *Nursing*
Henry Buszkiewicz, *EW/ ON Ward*
Stephen Butler, *Personnel*
Mary Byrne, *Fiscal Affairs*
Josephine Call, *Medical Records*
Francis Call, *Pharmacy*
Anita Carew, *Nursing*
Charles Carter, *Nursing*
Donna Catanzano, *Psychiatric Res. Lab*
Iesula Cazeau, *Environmental Services*
Anthony Cedrone, *Pharmacy*
Ruthellen Cerrone, *Surgical Service*
Marie Champagne, *Environmental Service*
Cloraine Chery, *Clinical Administration*
Mary Clark, *Cardiac Ultrasound Lab*
Marie Clement, *Nursing*
Gioacchin Colella, *Maintenance*
Prsicilla Collazo, *Cardiac Cath. Lab*
Mary Collins, *Clinical Lab*
Manuel Correia, *Fiscal Affairs*
Barbara Cox, *Dispatch Serv./ Post Office*
Virginia Crapo, *Medical Records*
Dianne Crawford-Flemming, *Surgical Service*
Gary Culbert, *Admitting*
Theresa Cunningham, *Administration*
Theresa Curley, *Dispatch Serv./ Post Office*
Barbara Curran, *Nursing*
Stephanie Dailey, *Surgical Service*
Ralph Darling, *Surgical Service*
Marilyn Day, *Nursing*
Sheila Dear, *Clinical Administration*
Evelyn Deberardinis, *Radiology*
Ahzella DeCosta, *Dietary*
Peter Dellascio, *Maintenance*
Raymond Delorey, *Printing Office*
Feliciano Delvalle, *Dispatch Serv./ Post Office*
Richard Demers, *Maintenance*
Eileen Dolan, *Nursing*
Mary Donahue, *Radiology*
Monica Donelan, *Nursing*
Jean Donovan, *Urology Service*
Marie Dorisca, *Environmental Services*
James Downes, *EW/ ON Ward*
Jennifer Dubose, *Nursing*
Victoria Dudley, *Dietary*
Owena Dunn, *Dietary*
Joyce Dunne, *Clinical Administration*
Eric Durant, *Environmental Services*
Mayard Elysee, *Environmental Services*
Eileen Farrell, *White Recovery Room*
Charlene Feilteau, *Nursing*
Betty Fillios, *Radiology*
Hermita Fleurimond, *Dietary*
Theresa Flynn, *Intensive Care Study*
Gertrud Fondren, *Ped. Microchem. Lab*
Emelina Frederick, *Dietary*
Florence Furlong, *Nursing*
Janice Fyfield, *Ambulatory Care*
Margie Gallo, *Gynecology Service*
Eileen Gardner, *Nursing*
Josie Garrett, *Clinical Administration*
Suzanne Gautreau, *Resources & Development*
Norine Gentner, *Nursing*
Joacy Gerton, *Environmental Services*
Kathryn Grado, *Nursing*
Helena Grenon, *Intensive Care Study*
Marie Guerrier, *Environmental Services*
Dale Hall, *Renal Res. Lab*
Jane Harker, *Nursing*
John Harris, *Baker Memorial Nursing*
Jameison Harvey, *Dietary*
Michele Haskell, *Radiology*
Esperence Hatem, *Materials Management*
Elise Hauenstein, *Endocrine Res. Lab*
Karen Hawko, *Nursing*
Elizabeth Heinz, *Environmental Services*
Claire Henneberry, *Urology Services*
Etta Henry, *Medical Records*
Donald Herd, *Chemistry Lab*
Cynthia Hodson, *Nursing*
Janet Hoskin, *Nursing*
Ella House, *Nursing*
Roberta Huffman, *Surgical Res. Lab*
Robert Irgens, *Cost Accounting*
Lucy Jackson, *Nursing*
Elton Jackson, *Materials Management*
Henry Jansen, *Building Service*
Christine Jay, *Photo Chemotherapy*
Carol Jay-Correale, *Clinical Administration*
Linda Jennings, *Clinical Lab*
Antonio Jesus, *Maintenance*
Doris Johnson, *Admitting*
Robert Johnson, *Admitting*
Nancy Juliano, *Nursing*
Josef Junek, *Respiratory Care*
Mary Keeley, *Fiscal Affairs*
Whitfeild Keizer, *Environmental Services*
Judith Kelley, *Radiology*
Mary Kelly, *Infectious Disease Lab*
Ann Kelly, *Infectious Disease Lab*
Arthur Kennedy, *Maintenance*
Helen Kiddy, *Ambulatory Care*
Maryanne Kiely, *Nursing*
Anna Kohut, *Materials Management*
Maryann Koloski, *Logan Air Station*
Kerstin Korpi, *Nursing*
Sonya Kurzweil, *Gortical Function Lab*
Debra LaCortiglia, *Medical Records*
Linda LaMontagne, *Clinical Lab*
Harvey Lander, *Neurology Research*
Veronique Laurette, *Environmental Services*
Henry Lavoie, *Respiratory Care*
Laureston Layne, *Radiology*
Clara Lee, *Nursing*
Barbara Leonard, *Nursing*
Lois Lilla, *School of Nursing*
Paul Lindquist, *Clinical Administration*
Gilbert Litalian, *Vascular Lab*
Diana Logan, *Blood Transfusion Service*
Carlos Lourenco, *Environmental Services*
Eunice Lydon, Radiology
Evelyn Lynes, *Nursing*
Jane MacIver, *Treasurer's Office*
John Madden, *Fiscal Affairs*
Wallace Malcuit, *Bio-Medical Engineering*
Joseph Malone, *Maintenance*
Mabel Mann, *Surgical Service*
Carol Marcotte, *White Recovery Room*
Margaret Marino, *Nursing*
Anne Marshall, *Staff Clinic*
Joan Martin, *Nursing*
Marjorie Martin, *Radiology*
Sinclair Maycock, *Environmental Services*
Dorothy Mayers, *Nursing*
Janet McGowan, *Nursing*
Marlyn McGrath, *Nursing*
Anne McGuigan, *Surgical Service*
Karen McKenna, *Fiscal Affairs*
Noreen McLaughlin, *Dietary*
Mary McLaughlin, *Nursing*
Ruth McLean, *Fiscal Affairs*
Robert McLean, *Maintenance*
Cheryl McWhorter, *Personnel*
Joann Merenda, *Fiscal Affairs*
Donna Miller, *Social Service*
Karen Miller, *Orthopedic Service*
Joseph Monaco, *Maintenance*
Joan Monahan, *Nursing*

Program

Presiding
J. ROBERT BUCHANAN, M.D., *General Director*

Master of Ceremonies
THOMAS E. ROTHWELL, *Director of Human Resources*

Speaker
FRANCIS H. BURR
"EVOLUTION OF CHANGE HERE AT MGH"

Presentation of Awards

Twenty Year Reader — MARTIN BANDER
Director of News & Public Affairs

Fifty, Forty and Thirty Year Reader — ELEANOR CLARK
Director of Social Service

THE ACC CAFETERIA
Friday afternoon, October fourteenth
Nineteen hundred and eighty-three
at three o'clock

Edith Mondesir, *Environmental Services*
Mary Morgan, *Lab of Computer Sciences*
Walter Moulaison, Jr., *Nursing*
Heidi Mover, *Thyroid Res. Lab*
Mary Murphy, *Information Desks*
Marlene Norton, *Nursing*
Charles O'Connor, Jr., *Nursing*
Thomas O'Donnell, *Information Desks*
Madeline O'Donnell, *Gray 3A S.I.C.U.*
Lauriane O'Leary, *CMHCC*
Mary O'Leary, *Nursing*
Theresa Olivero, *Environmental Services*
Paul O'Neill, *Chemistry Lab*
Delia Oxford, *Radiology*
Paul Palermo, *Fiscal Affairs*
Paul Pappagianopoulos, *Pulmonary Dis. Lab*
Dale Parechanian, *Dispatch Serv./ Post Office*
Rita Parent, *Nursing*
Erica Perez, *Dietary*
Barbara Pikl, *Nursing*
Henry Pinkerton, *Environmental Services*
Gerard Poitras, *Radiology*
Joan Priest, *Baker Memorial Nursing*
Janice Prime, *Personnel*
Susan Primm, *Social Service*
David Provost, *Anesthesiology Service*
Marie Rateau, *Dietary*
Dorothy Roberson, *Dietary*
Leo Roberts, *Maintenance*
Gabrielle Rodney, *Dietary*
Chester Rosansky, *Clinical Lab*
Anne Russell, *Diabetes Res. Lab*
Suzanne Ryan, *Psychiatric Res. Lab*
Joel Salhanick, *Photography Lab*
Veta Samon, *Dietary*
Carl Samuelson, *Nursing*
Nancy Schaeffer, *Surgical Service*
Suzanne Schneider, *Ambulatory Care*
Ann Schwartz, *Anesthesiology Service*
Mary Schwarz, *Nursing*
Frederick Schwerin, *Psychiatric Res. Lab*
Linda Searles, *Pathology Lab*
Cynthia Shields, *Blood Transfusion Service*
Elaine Sicotte, *Ambulatory Care*
Ruth Simonds, *Shriver Center*
Conchita Simonetti, *CMHCC*
Nancy Skinner, *Nursing*
Kelly Skipper, *Gray 3A R.I.C.U.*
William Somers, *Dispatch Serv./ Post Office*
Laura Stanley, *Nursing*
Elaine Strousky, *Maintenance*
Joan Stubbs, *North End Nutrition*
Kathleen Sullivan, *Bacteriology Lab*
Charlotte Swan, *Nursing*
Charles Swanson, *Orthopaedic Workshop*
Joanne Thistle, *Cardiovascular Res. Lab*
Pearl Thompson, *Environmental Services*
Leonard Tochka, *Anesthesiology Service*
Christine Towle, *Orthopedic Service*
Lila Trappier, *Ambulatory Care*
Elizabeth Turner, *Endocrine Res. Lab*
Kathleen Turner, *Radiology*
Edward Twohill, *Nursing*
Susan Tyler, *Nursing*
Mary Vajda, *Admitting*
Raymond Victry, *Nursing*
Lynda Vigneault, *Radiology*
Barbara Warren, *Brain Wave Lab*
Edmund Wetterwald, *Environmental Services*
Elsa White, *Clinical Administration*
Marie White, *Dermatology Res. Lab*
Barbara Wilkes, *Nursing*
Robert Wilkinson, *Infectious Disease Lab*
George Williams, *Environmental Services*
Robert Winebold, *Dispatch Serv./ Post Office*
Dan Wollenziehn, *Nursing*
Priscilla Worral, *CMHCC*
Lowell Wright, *Maintenance*
Tamar Wurmfeld, *Nursing*
Janet Yost, *BHHC*
Paula Zingarelli, *Surgical Service*

FOR FIVE YEARS

Lynn Agostino, *Clinical Lab*
Julie Ahn, *Medical Records*
Aminda Alcantara, *Fiscal Affairs*
Dolores Altavilla, *Brain Wave Lab*
Ann Ambrose, *Nursing*
Philadelphia Andrews, *Social Services*
Nancy Angelo, *Nursing*
Donna Appleton, *White Acute Care Unit*
Linda Ardisson, *Thyroid Clinical Lab*
Jose Arzola, *Dietary*
Judith Audetarnold, *Neurology Service*
Susan Backman, *I.C.U. Nursing Office*
Manual Bahnam, *Infectious Disease Lab*
Anthony Barbetta, *Maintenance*
John Barney, *Clinical Administration*
Lili Bartasiunas, *Nursing*
Marilyn Bates, *Infection Control Unit*
John Behen, *CMHCC*
Mary Bellia, *Radiology*
Kathleen Belsky, *Medical Records*
Barbara Berkman, *MGH Institute*
Gerard Bernier, *Environmental Services*
Olga Best, *Dietary*
Neila Bettincourt, *Respiratory Care*
Susan Biro, *Blood Transfusion Service*
Kenneth Bishop, *Chemistry Lab*
Sandra Bock, *BHHC*
Maureen Bonanno, *Nursing*
Robert Bonvino, *Pharmacy*
Linda Boucher, *Gray 3A S.I.C.U.*
Deborah Boudrow, *Dietary*
Linda Boulanger, *Nursing*
Sharon Boyd, *Radiology*
Loretta Branch, *Nursing*
Alicia Brown, *Dietary*
Joe Bryant, *Nursing*
Eleanora Bryant, *Dietary*
Beverly Buczynski, *Nursing*
Paula Buick, *Nursing*
David Buick, *Social Service*
Catherine Burns, *Social Service*
Leslie Burton, *Nursing*
Margaret Callen, *Nursing*
Vincent Camillo, *Maintenance*
David Capodilupo, *Maintenance*
Stephanie Capone, *Neurology Service*
Paula Carey, *Gray 3A S.I.C.U.*
Rolf Carlson, *G.I. Res. Lab*
Thomas Carr, Jr., *Chemistry Lab*
Carol Carty, *Clinical Administration*
Robert Castaldo, *Safety Office*
Maryann Cenower, *Nursing*
Margaret Cerasuolo, *Dietary*
Martha Chambers, *Diabetes Res. Lab*
Marilyn Charido, *Nursing*
Paul Chase, *Radiation Medicine*
Deborah Cherry, *Clinical Administration*
Frances Clark, *Dermatology Res. Lab*
Patricia Clark, *Ped Microchem Lab*
Cheryl Clement, *Fiscal Affairs*
Alice Clifford, *Ambulatory Care*
Douglas Clinch, *Computer Center*
Richard Clune, *Transportation Service*
Patrick Coletti, *Maintenance*
Robert Cook, *Chemistry Lab*
Eugene Corbett, *Environmental Services*
Kenneth Cornell, *Orthopaedic Workshop*
Rita Correa, *Cytology Lab*
Lisa Craig, *Ambulatory Care*
Rosemary Crawford, *Nursing*
Sandra Creaser, *Radiology*
Ingrid Crichlow, *Clinical Administration*
Carolyn Crimmins, *North End Nutrition*
Claudia Curado, *Nursing*
Sylvia Cybuch, *Social Service*
Evelyn D'Amato, *Research Administration*
Denise D'Entremont, *Dietary*
Bibiane Dacunha, *Fiscal Affairs*
Anthony Danieli, *Environmental Services*
Catherine Dapolito, *ACC Building Management*
Geraldine Davis, *Environmental Services*
Crescenzo DeAngelis, *Dietary*
Veronica DeCosta, *Social Service*
Roberta Dee, *White Recovery Room*
Kathryn DeGenova, *Nursing*
William DeLeo, *Environmental Services*
James Dellascio, *Medical Records*
Marion Dello Russo, *Personnel*
Diane Delorey, *Blood Transfusion Service*
Richard DeSimone, *Dietary*
Diane DeTorio, *Ambulatory Care Admin.*
Deborah Dickinson, *Gray 3A R.I.C.U.*
Elizabeth Didonato, *Nursing*
Marilyn DiFonzo, *Computer Center*
Mario DiLuzio, *Surgical Res. Lab*
Joan Dinan, *EW/ON Ward*
Alonso Dockery, *Operating Room Admin.*
Janet Doherty, *White Recovery Room*
William Doherty, Jr., *Radiation Medicine*
Josephine Dolley, *General Store*
Donna Donnely, *ECG Lab*
Robert Donofrio, *Clinical Administration*
Patricia Donohue, *Fiscal Affairs*
Claire Doran, *Fiscal Affairs*
Diane Duane, *Pathology Lab*
Wilner Dubuisson, *Environmental Services*
Maryellen Duggan, *Fiscal Affairs*
Jacquelyn Eichel, *Nursing*
Lindsey Ellis, *Nursing*
Susan English, *Brain Wave Lab*
Deborah Essig, *Social Service*
Denise Famolare, *Social Service*
Mary Farrell, *Ambulatory Care*
Stephen Fasano, *Environmental Services*
Marjorie Finck, *Nursing*
Paul Finn, *Medical Engineering*
Julia Finn, *Staff Clinic*
Anne Fiore, *Nursing*
Terrence Fischer, *Ambulatory Care*
Edmund Fisher, *Cardiovascular Res. Lab*
Karen Fitzpatrick, *Nursing*
Anndale Fleming, *Radiology*
Kimberly Flynn, *Nursing*
Christina Foley, *Communications*
Mary Foley, *Revere Health Center*
Christine Ford, *Prenatal Diag. Lab*
Eileen Fortunato, *Treadwell Library*
Mari Frauenheim, *Nursing*
Julie Freedman, *Nursing*
Gillian French, *Nursing*
Rebecca Frost, *Neurology Service*
Anthony Fucaloro, *EW/ON WARD*
Joanne Galoski, *Psychiatric Res. Lab*
Catherine Gardener, *Environmental Services*
Maureen Garron, *Pedi. G.I. & Nutrition*
Patricia Gazard, *Gray 3A S.I.C.U.*
Joanne Giarrizzo, *Nursing*
Geraldine Gibbs, *Renal Res. Lab*
Richard Gingras, *Transportation Service*
Lawrence Giove, Jr., *Materials Management*
Paula Giovinazzo, *Nursing*
Andrea Glasheen, *Dietary*
Thomas Gleason, *Nursing*
Lawrence Goetschius, *Clinical Administration*
Dennis Gordon, *Dietary*
Julie Gordon, *Social Service*
Patricia Gorham, *Nursing*
Kathleen Goulet, *Nursing*
Marcia Grant, *Dietary*
Gayle Grass, *Nursing*
Everett Gray, *Facilities Engineering*
Annette Gray, *Clinical Administration*
Constance Grosvenor, *Surgical Service*
Susan Gulizia, *Chemistry Lab*
Mafilda Guppy, *Dietary*
Esther Gutierrez, *Dispatch Serv./ Post Office*
Judith Haaxma, *Orthopedic Service*
Deborah Hachey, *Nursing*
Shelah Hall, *Materials Management*
Carol Halpin, *Planning*
Gillian Hammersley, *Respiratory Care*
Mozell Hankerson, *Dietary*
Catherine Hannigan, *Nursing*
Kristin Hansen, *Nursing*
June Harrington, *Radiology*
Daniel Harrington, *Clinical Administration*
Daniel Hart, *Computer Center*
Debra Hart, *Nursing*
Leslie Harvey, *Nursing*
Kenrick Harvey, *Dietary*
George Haskell, *Maintenance*
Carol Hayes, *Blood Transfusion Service*
Nancy Henshaw, *Nursing*
John Hergenrother, *Radiology*
Eulawn Heron, *Clinical Administration*
Elizabeth Herr, *Nursing*
Sandra Hession, *Nursing*
Marie Hibbett, *Information Desks*
Joy Higgins, *Surgical Service*
Robert Hinton, *Materials Management*
Becky Hobbs, *Clinical Adminstration*
Catherine Hodgson-Harrin, *Diabetes Res. Lab*
Lawrence Hoffman, *Anesthesiology Service*
Joanne Holden, *Administration*
Robin Holloway, *Nursing*
Robert Holt, *Clinical Administration*
Joanne Hughes, *Nursing*
Diane Huling, *Administration*
Linda Hutchinson, *Clinical Administration*
Margaret Hynes, *Ambulatory Care*
Elaine Hynes, *Clinical Administration*
Brenda Ingersoll, *Nursing*
Ines Jackson, *Nursing*
Guy Jackson, *Cardiac Cath. Lab*
Linda Jacobson, *Nursing*
Susan Janes, *Ambulatory Care Radiology*
Elizabeth Jankowski, *Nursing*
Marin Jankun, *Baker Memorial Nursing*
Andrew Johnson, *Radiation Medicine*
Michele Johnson, *Purchasing*
Rosa Johnson, *CMHCC*
Joan Julianello, *Fiscal Affairs*
Gary Kalajian, *Personnel*
Hui-Sun Kao, *Lab of Computer Science*
Phyllis Kapolis, *Clinical Administration*
Katherine Keefe, *Nursing*
Morris Kelley, *Materials Management*
Joanne Kelley, *Social Service*
Maryellen Kelley, *Nursing*
Mary Kelly, *Clinical Administration*
Klare Kennedy, *Surgical Service*
Angela Kennedy, *Chemistry Lab*
Mary Kenny, *Operating Room Administration*
Kimberly Kent, *Blood Transfusion Service*
Selwyn Kerr, *Environmental Services*
Gertrude King, *Dietary*
Annmarie Kirkman, *Bacteriology Lab*
Denise Kirsch, *Chemistry Lab*
Anne Klemansky, *Surgical Service*
Karin Knox, *Pathology Lab*
Kathy Kreatz, *Neurology Service*
Polly Kuhn, *Nursing*
Helen Kulig, *Blood Transfusion Service*
Donn Kursan, *Gray 3A R.I.C.U.*
Walter Lacey, *Medical Engineering*
James Laing, Jr., *Lab for Comp. Science*
Mary Lally, *Nursing*
Gary Lampman, *Endocrine Res. Lab*
Bruce Laramee, *Gray 3A S.I.C.U.*
Karen Larkham, *Baker Memorial Nursing*
Mary Larkin, *Computer Center*
W. Ray Laseter, *Safety Office*
Carol Leary, *Pathology Lab*
Joan Lebach, *CMHCC*
Charlene LeBlanc, *Vascular Lab*
Jacqueline Lee, *Nursing*
Margaret Leger, *Blood Transfusion Service*
Kathryn Lemmel, *Research Administration*
Alice Leo, *EW/ON Ward*
Gina Leoncello, *Lab for Comp Science*
Theresa Leone, *Radiation Medicine*
Amy Levine, *Nursing*
Linda Lineback, *Surgical Service*
Millie Liotta, *Operating Room Administration*
Karen Lipshires, *Nursing*
Janet Lisak, *Rehabilitation Service*
Laura Listro, *Clinical Lab*
Philip Litch, *Radiation Medicine*
Jocelyn Lloyd, *Communications*
Catherine Looney, *Nursing*
Mary Luke, *Nursing*
Enid Lynch, *Materials Management*
Susan Lyons, *Neurosurgery Service*
Theresa MacDonald, *Nursing*
Patricia MacInnis, *Radiation Medicine*
Alice MacLeod, *Nursing*
Marie Majikas, *Orthopedic Service*
Joan Malone, *Blood Transfusion Service*
Patricia Mancini, *Surgical Service*
Steven Mancuso, *Nursing*
Marylee Marra, *Nursing*
Barbara Martel, *Clinical Administration*
Peter Martin, *Anesthesia/ Biomedical Engineering*
Jean Martinelli, *Nursing*
George McCarron, *EW/ON Ward*
Chares McCarthy, *Radiology*
Nancy McCleary, *Baker Memorial Nursing*
Sandra McCollin, *Nursing*
Michael McDonough, *Clinical Lab*
Breida McGlame, *Nursing*
Ellen McGrath, *Ambulatory Care*
Rosemary McKitrick, *Baker Memoral Nursing*
Paula McLaughlin, *Clinical Administration*
Joan McLaughlin, *Nursing*
Susan McWilliams, *Radiology*
Mary Melloni, *Nursing*
Linda Mikula, *Surgical Res. Lab*
Barbara Miles, *Nursing*
Kavas Mody, *Ped Microchem Lab*
Homa Moezzi, *Card. Biochem. Res. Lab*
Cheryl Mooncai, *Nursing*
Robin Moores, *Operating Room Administration*
Alice Morgan, *Medical Oncology*
Errol Morris, *Materials Management*
Kenneth Morrison, *EW/ON Ward*
Michael Moschella, *EW/ON Ward*
Nicole Moss, *Card. Biochem. Res. Lab*
Heather Moulton, *Clinical Administration*
Maureen Mulhern, *Nursing*
Kathleen Murray, *Administration*
Elizabeth Murray, *Shriver Center*
Harld Nash, *Nursing*
Jane Neves, *Endocrine Res. Lab*
Emily Newkirk-Prins, *Psychiatric Res. Lab*
Janet Newman, *Nursing*
Nancy Neyhard, *Endocrine Unit*
Victor Nikiforov, *Neurology Res. Lab*
Andrea Nixon, *Chemistry Lab*
Deborah O'Neil, *School of Nursing*
Lynn Oertel, *Nursing*
Cathanice Ogiste, *Clinical Administration*
Barbara Oppenheimer, *CMHCC*
Dominic Oricchio, *Endocrine Unit*
Cesar Ortega, *Dispatch Serv./ Post Office*
Barbara Owens, *Dietary*
Silvio Paesano, *CMHCC*
Rose Paillant, *Nursing*
Angela Palange, *Respiratory Care*
Terry Panarese, *Bacteriology Res. Lab*
Karyn Panneton, *Nursing*
Norma Parisi, *General Store*
Lois Parker, *Pharmacy*
Florence Parrinello, *Sheppard Gill School*
Sandra Peck, *Dietary*
Joyce Pedi, *Urology Service*
Ann Peet, *Ambulatory Care*
Richard Perrin, *Materials Management*
Robert Perry, *Clinical Immun. Lab*
Anetta Pierre, *Dietary*
Katherine Pigott, *Bacteriology Lab*
Gail Pisarcik-Lenehan, *Nursing*
Larry Piselli, *Dispatch Serv./ Post Office*
Annmari Platt, *Cystometrogram Service*
Mary Polio, *Nursing*
David Porell, *Rehabilitation Service*
Wendy Potash, *Clinical Lab*
Maura Putney, *Radiology*
Roberta Raskin, *Nursing*
Donna Rassulo, *Nursing*
Jennifer Ray, *Radiation Service*
Stanley Reichgott, *Lab for Comp Science*
John Reid, *Clinical Lab*
Patricia Reilly, *Nursing*
Vincent Roberts, *Environmental Services*
Jody Roberts, *Neurosurgery Service*
Barbara Roche, *Fiscal Affairs*
Jose Rodriguez, *Materials Management*
Diane Rosati, *Administration*
Teresa Rota, *Infectious Disease Lab*
Jennifer Royalty, *Cytology Lab*
Michelle Ruggiero, *Surgical Service*
David Russell, *Materials Management*
Samuel Ryan, *Environmental Services*
Diane Ryan, *Tumor Registry*
Linda Ryan, *Nursing*
Stephen Safford, *Respiratory Care*
James Sanders, *Dietary*
Debra Saunders, *Vascular Lab*
Maria Santana, *CMHCC*
Susan Sawyer, *Ambulatory Care*
Jean Schwartz, *Nursing*
Ralph Serino, *Maintenance*
MaryEllen Shachoy, *Volunteer Office*
Diane Shamshak, *Radiology*
Robert Simmons, *Environmental Services*
Rickey Simmons, *Maintenance*
McDonald Simmons, *Dietary*
Craig Sisco, *Operating Room Administration*
Deirdre Skiffington, *Clinical Administration*
Paula Smith, *Nursing*
Elizabeth Smith, *Gray 3A R.I.C.U.*
Rose Solimini, *Radiology*
Cynthia Soreff, *Psychiatry Servicve*
Valerie Spicer, *CMHCC*
Laura Stasio, *CMHCC*
Dianne Stenwall, *Radiology*
Gary Stephen, *Nursing*
Paul Stevens, *Dietary*
Merline Stewart, *Nursing*
Susan Stickler, *Lab of Computer Science*
Jeffrey Stiles, *Bacteriology Lab*
Alison Strong, *Nursing*
Diana Strother, *Bio-Medical Engineering*
Linda Stulgis, *Administration*
Sharon Sullivan, *Nursing*
Maureen Sullivan, *Nursing*
Carol Sullivan, *Admitting*
Patricia Sullivan, *Anesthesia Res. Lab*
Irene Szulewski, *Surgical Service*
Arline Szymanski, *Nursing*
Lillie Tabb, *Clinical Administration*
Judith Tavano, *Psychiatric Res. Lab*
Debra Terminiello, *Medical Arts*
Jagdish Thakral, *Radiation Medicine*
Arthur Thibault, *Maintenance*
Shirley Thomas, *EW/ON Ward*
Pearl Tibbetts, *CMHCC*
Virginia Tibbetts, *Nursing*
Carole Tillis, Anesthesiology Service
Anne Tipping, *CMHCC*
Robert Tonner, *Administration*
Susanne Trabucco, *Ambulatory Care*
Augusta Trainor, *Bunker Hill Comm. HC*
Stephen Tringale, *Dermatology Res. Lab*
Aileen Tubridy, *Nursing*
Gerard Tully, *Clinical Admninistration*
Michael Underwood, *Respiratory Care*
Judith Underwood, *Operating Room Administration*
Ann Verplanck, *Training and Development*
Cheryl Visconti, *Chemistry Lab*
Marjorie Voltero, *Nursing*
Hazel Von Rosenvinge, *Oral Surgery*
Mariann Walko, *Nursing*
Laurie Walsh, *Clinical Immun. Lab*
Jane Walsh, *Nursing*
Linda Walsh, *BHHC*
Roy Walvick, *Dispatch Serv./ Post Office*
Carolyn Washington, *Clinical Administration*
Edmond Weekes, *Environmental Services*
Mary Weekes, *Clinical Administration*
Valerie Weeton, *Animal Farm*
Sandra Weiner, *Ambulatory Care*
Harold Weiss, *Clinical Administration*
Maureen Welch-Costanti, *Nursing*
Irene Welston, *Gray 3A R..C.U.*
Wendy Werner, *Intensive Care Study*
Kurt Westerman, *Benefits Office*
Kathleen Whelan, *Pathology Lab*
Patricia White, *Radiology*
Rose Wilkerson, *Nursing*
Annie Wilson, *Anesthesiology Service*
Henderson Winstone, *Environmental Services*
Eleanor Wood, *Nursing*
Ariel Young, *Computer Center*
Christine Young, *Radiology*
Charles Zajaczkowski, *CMHCC*
Rychard Zak, *Anesthesiology Service*
Ricky Zizza, *Dispatch Serv./ Post Office*

ETHER DAY 1983

THE MGH HOT LINE

December 15, 1983

News Office, Bulfinch 1, Ext. 2206

A Benefit for Pediatrics

The wives of the Boston Bruins will be holding a dinner dance and fashion show on Thursday, January 26, for the benefit of the MGH's Pediatric Division. The benefit will be held at the Sheraton-Boston Hotel, beginning at 6:30. The Volunteer Department on Gray 1 has tickets at $40 per person.

Blood Donor Month

January is National Volunteer Blood Donor Month. MGH employees are encouraged to share their good health by donating blood. Stop by the Blood Transfusion Service in the Gray Lobby, or call Ext. 3620 for an appointment. (All employees must check their supervisors before making appointments to donate.) As a special "Thank you" to all MGH employees who donate their *Gift of Life* during January, a complimentary meal ticket will be given, redeemable at any MGH cafeteria, except the ACC Cafeteria. Meal tickets for blood donors will be honored through February 29, 1984. The first two weeks in January will be for General Staff blood donations. The third week in January is for MGH Nursing Staff. The fourth week will be for Physicians.

Library Hours During Holidays

The holiday hours for Christmas and New Year's are as follows:

Treadwell Library--

Fri., Dec. 23, 8:15 a.m.-8:00 p.m.
Sat., Dec. 24 CLOSED
Sun., Dec. 25, CLOSED
Mon., Dec. 26, 2:00 p.m.-8 p.m.
Tues., Dec. 27, Normal Hours
Wed., Dec. 28, Normal Hours
Thurs., Dec. 29, Normal Hours
Fri., Dec. 30, 8:15 a.m.-8:00 p.m.
Sat., Dec. 31, CLOSED
Sun., Jan. 1, CLOSED
Mon., Jan. 2, 2:00 p.m.-8:00 p.m.

Palmer Davis Library--

Fri., Dec. 23, 9:00 a.m.-6:00 p.m.
Sat., Dec. 24, CLOSED
Sun., Dec. 25, CLOSED
Mon., Dec. 26, 2:00 p.m.-8:00 p.m.
Tues., Dec. 27, Normal Hours
Wed., Dec. 28, Normal Hours
Thurs., Dec. 29, Normal Hours
Fri., Dec. 30, 9:00 a.m.-6:00 p.m.
Sat., Dec. 31, CLOSED
Sun., Jan. 1, CLOSED
Mon., Jan 2, 2:00 p.m.-8:00 p.m.

Shape Up!

If you're interested in getting into shape, the MGH may have just the program for you. The following exercise classes are being offered:

AEROBIC/FITNESS--Classes held Monday through Friday, 4:15 to

(continued on page 2)

Beware of Christmas Woes

Each Christmas there are endless reports of accidents which mar the happiness of the season. Often the causes of these mishaps are items deemed to be staples of yuletide cheer. Hopefully, the following words of caution from the MGH Safety Department will help you and your family have a safe holiday season:

1) If you have a real Christmas tree, be sure that it is still alive. Shake the tree. If many needles fall off, the tree is too dry and could be a fire hazard.
2) If the tree is alive, make sure that it is continually supplied with plenty of water.
3) Make sure that the lights you have on your tree have the "UL" seal of approval. If the lights do not have this label, then you are running a high risk that the lights will cause a fire.
4) If your string of lights has frayed cords, cracked plugs, or loose sockets, discard the string.
5) Make sure that the toys you buy are not hazards for your children. Although the toy may look harmless,

(continued on page 2)

In order to receive Tuition Reimbursement checks on January 5, 1984, you must file yellow forms with the Office of Training and Development by Tuesday, December 27, at 11:00 a.m.

Exercise (continued from page 1)

5:15 and 5:30 to 6:30. Classes on Fridays, 5:15 to 6:15. All classes meet in Ruth Sleeper Hall basement. Program now in session; applications accepted at any time. Showers and changing facilities are provided. Fees: $3.00 per session (payment made each time you attend) or you may purchase a 10-session ticket for $25.00.

LESS STRENUOUS PROGRAM--The Physical Therapy Department is offering a six-week exercise program for the less active. It will be held on Monday and Wednesday evenings from 5:00 to 6:00 in the ACC Physical Therapy Gym. A new group will be organized to begin in January. A physician's referral letter is required. Fee: $25 for the course.

All programs require a written application. If you are interested, please contact Regina Craffey, Office of Training and Development, MEEI 12, at Ext. 2576.

Beware (continued from page 1)

check it for poor seams, sharp edges, and breakability.
6) While buying an item for a child, be sure to check the recommended age bracket (which is usually placed by the manufacturer on the side of the container).
7) If possible, stay at home on Christmas and New Year's Eve. If you must drive, stay within the speed limit and drive defensively. Under no conditions be in a rush. If you must drive, don't drink. If you must drink, don't drive. Far too many "near misses" become holiday tragedies.

MGH in the Media

Dr. Phyllis Silverman, an Associate Professor at the MGH Institute of Health Professions, was featured in the November 14, 1983 issue of U.S. NEWS & WORLD REPORT. Dr. Silverman was interviewed in a question-and-answer session for an article entitled, "Coping With Grief--It Can't Be Rushed." She said that people never fully recover from the death of a loved one. They are changed by the experience. Author of the book Helping Women Cope With Grief, Dr. Silverman is an authority on the subject of bereavement.

The Wellman Laser Lab at the MGH was filmed during a recent program on lasers telecast on "Health Beat," shown on WCVB-TV (Channel 5).

Dr. Jules L. Dienstag of the Gastrointestinal Unit and Dr. Charles E. Huggins, Director of the Blood Transfusion Service, will be appearing on the January 15 edition of "Health Beat." They will be interviewed on the subject of hepatitis. In addition, some members of the hospital's Staff Clinic will be shown administering a hepatitis innoculation.

Dr. Dorothy H. Kelly and Dr. Daniel C. Shannon, codirectors of the MGH's Pediatric Pulmonary Lab, were recently interviewed by WBZ-TV (Channel 4) for a segment on "Evening Magazine." They discussed apnea.

Around MGH

Dr. John D. Constable, Senior Surgeon at the MGH, recently received the Golden Door Award from the International Institute of Boston. Dr. Constable was honored for his "distinguished contributions to American life and culture." In announcing the award, International Institute President Christian G. Halby praised Dr. Constable as "among the world's most highly regarded plastic surgeons and an outstanding humanitarian." Born in England, Dr. Constable has been active in numerous civic and social causes. Previous recipients of the award include the late Humberto Cardinal Medeiros, business leader Dr. An Wang, and architect I.M. Pei. The International Institute is a nonprofit organization which provides social and relief services for limited English-speaking and foreign-born residents of the Greater Boston area.

Dr. John L. Locke, Director of the Graduate Program in Speech-Language Pathology at the MGH Institute of Health Professions, recently lectured at the annual convention of the American Speech-Language-Hearing Association, meeting in Cincinnati. Dr. Locke has also authored a book entitled, Phonological Acquisition and Change, published by Academic Press.

Season's Greetings

December 22, 1983

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Dr. Robert Ganz holding Consuelo Donohue, the third generation he has treated from the same family. At left is the baby's mother, also named Consuelo, and at right is the child's grandmother Barbara O'Connell, both former patients of the pediatrician.

Many Say Thank-You to Dr. Robert Ganz

After 58 years of dedicated service to the MGH, Dr. Robert N. Ganz recently retired from the practice of general pediatrics.

Throughout his long career, Dr. Ganz served as a role model for generations of pediatricians. "He has given to his patients and their families not only the very best medical care," said Dr. Donald N. Medearis, Jr., Chief of the Children's Service, "but also a warmth and personal concern that are truly remarkable."

the best way to do that was by the 'home visit.' When I was fighting day after day and night after night to get in the promised home visits without benefit of Route 128, I never thought I would be expressing gratitude in that area.... Nowadays, practice in the essential laboratory-office complex, through constant PERSONAL availability can, and

(continued on page 5)

In Support of Each Other

LVC Pledges $250,000 To Capital Campaign

The Ladies' Visiting Committee of the MGH has pledged $250,000 to The Capital Campaign. At the December 1 meeting of the LVC, the members present voted enthusiastically and unanimously to offer tangible support to the hospital's effort to provide patients with up-to-date facilities.

This generous gift brings the campaign total to nearly $64 million. With several days remaining before the end of the year, the interim goal of $65-million by December 31 is in sight.

"Your generosity is a moving and eloquent expression of your confidence in and affection for the MGH," said Dr. J. Robert Buchanan, General Director. "Moreover, it assures that the traditional concerns of the Ladies Visiting Committee for creating a hospitable and caring environment will be a part of the new facilities we are planning to create for our patients."

The LVC gift will be given to The Capital Campaign over the next five to eight years. The money will come from the LVC hospital shops: the General Store, the Flower Shop, the ACC Shop, and the Beauty Shop. All are under the direction of Mrs. Judy Paige, whose expert management has helped make this pledge possible. The shops are staffed by both volunteers and paid personnel. Profits have always been dedicated to

Exercis (continued from page 1)

5:15 and 5:30 to 6:30. Classes on Fridays, 5:15 to 6:15. All classes meet in Ruth Sleeper Hall basement. Program now in session; applications accepted at any time. Showers and changing facilities are provided. Fees: $3.00 per session (payment made each time you attend) or you may purchase a 10-session ticket for $25.00.

LESS STRENUOUS PROGRAM--The Physical Therapy Department is offering a six-week exercise program for the less active. It will be held on Monday and Wednesday evenings from 5:00 to 6:00 in the ACC Physical Therapy Gym. A new group will be organized to begin in January. A physician's referral letter is required. Fee: $25 for the course.

All programs require a written application. If you are interested, please contact Regina Craffey, Office of Training and Development, MEEI 12, at Ext. 2576.

Beware (continued from page 1)

check it for poor seams, sharp edges, and breakability.
6) While buying an item for a child, be sure to check the recommended age bracket (which is usually placed by the manufacturer on the side of the container).
7) If possible, stay at home on Christmas and New Year's Eve. If you must drive, stay within the speed limit and drive defensively. Under no conditions be in a rush. If you must drive, don't drink. If you must drink, don't drive. Far too many "near misses" become holiday tragedies.

MGH in the Media

Dr. Phyllis Silverman, an Associate Professor at the MGH Institute of Health Professions, was featured in the November 14, 1983 issue of U.S. NEWS & WORLD REPORT. Dr. Silverman was interviewed in a question-and-answer session for an article entitled, "Coping With Grief--It Can't Be Rushed." She said that people never fully recover from the death of a loved one. They are changed by the experience. Author of the book Helping Women Cope With Grief, Dr. Silverman is an authority on the subject of bereavement.

The Wellman Laser Lab at the MGH was filmed during a recent program on lasers telecast on "Health Beat," shown on WCVB-TV (Channel 5).

Dr. Jules L. Dienstag of the Gastrointestinal Unit and Dr. Charles E. Huggins, Director of the Blood Transfusion Service, will be appearing on the January 15 edition of "Health Beat." They will be interviewed on the subject of hepatitis. In addition, some members of the hospital's Staff Clinic will be shown administering a hepatitis innoculation.

Dr. Dorothy H. Kelly and Dr. Daniel C. Shannon, codirectors of the MGH's Pediatric Pulmonary Lab, were recently interviewed by WBZ-TV (Channel 4) for a segment on "Evening Magazine." They discussed apnea.

Around MG

Dr. John D. Constable, Senior Surgeon at the MGH, recently received the Golden Door Award from the International Institute of Boston. Dr. Constable was honored for his "distinguished contributions to American life and culture." In announcing the award, International Institute President Christian G. Halby praised Dr. Constable as "among the world's most highly regarded plastic surgeons and an outstanding humanitarian." Born in England, Dr. Constable has been active in numerous civic and social causes. Previous recipients of the award include the late Humberto Cardinal Medeiros, business leader Dr. An Wang, and architect I.M. Pei. The International Institute is a nonprofit organization which provides social and relief services for limited English-speaking and foreign-born residents of the Greater Boston area.

Dr. John L. Locke, Director of the Graduate Program in Speech-Language Pathology at the MGH Institute of Health Professions, recently lectured at the annual convention of the American Speech-Language-Hearing Association, meeting in Cincinnati. Dr. Locke has also authored a book entitled, Phonological Acquisition and Change, published by Academic Press.

Season's Greetings

December 22, 1983

THE MGH HOT LINE

News Office, Bulfinch 1, Ext. 2206

Dr. Robert Ganz holding Consuelo Donohue, the third generation he has treated from the same family. At left is the baby's mother, also named Consuelo, and at right is the child's grandmother Barbara O'Connell, both former patients of the pediatrician.

Many Say Thank-You to Dr. Robert Ganz

After 58 years of dedicated service to the MGH, Dr. Robert N. Ganz recently retired from the practice of general pediatrics.

Throughout his long career, Dr. Ganz served as a role model for generations of pediatricians. "He has given to his patients and their families not only the very best medical care," said Dr. Donald N. Medearis, Jr., Chief of the Children's Service, "but also a warmth and personal concern that are truly remarkable."

To honor Dr. Ganz, a lectureship fund was established, with more than $40,000 already having been raised. The Robert Norton Ganz Fund at the MGH will support a visiting professorship in general pediatrics, perpetuating the ideals and excellence for which Dr. Ganz constantly strove in his daily practice.

On November 17, 300 adults and 50 children turned out in the Walcott Room for a reception in Dr. Ganz' honor. Photographs of many of the "Ganz babies," patients he had treated over the years, were on display.

The reception was indeed an emotional event for Dr. Ganz, as well as his colleagues, patients, and friends.

"I am grateful," said Dr. Ganz, "that I have been privileged to live in a time of almost incomprehensible medical advances. In many ways the earlier years of that time seem much simpler then than now....I am grateful that I was privileged to practice in a time when laboratory monitoring of diagnoses and treatments was not as essential as it is today. What we lacked in what we could do in science was counterbalanced by what we could bring the patient (and the parent) by the 'laying on of hands,' and the best way to do that was by the 'home visit.' When I was fighting day after day and night after night to get in the promised home visits without benefit of Route 128, I never thought I would be expressing gratitude in that area.... Nowadays, practice in the essential laboratory-office complex, through constant PERSONAL availability can, and

(continued on page 5)

In Support of Each Other

"I try to do so much for him, but it doesn't seem to be enough. I feel so helpless sometimes. I wish there was something I could say...something I could do to make him feel better."

"The stress is beginning to get to me. Maybe I've been too emotionally involved with my patients. I don't know. I just wish I could leave my work behind me when I go home."

These are remarks made by two different nurses concerning either their patients or their jobs, or both. They may not necessarily be typical of how all nurses think and feel, but they are, at the very least, representative of how many nurses feel.

Talking often helps. And one forum where nurses can air pertinent concerns and frustrations is in a nurse support group led by a Psychiatric Clinical Nurse Specialist from the MGH's Psychiatric Nursing Service.

(continued on page 3)

LVC Pledges $250,000 To Capital Campaign

The Ladies' Visiting Committee of the MGH has pledged $250,000 to The Capital Campaign. At the December 1 meeting of the LVC, the members present voted enthusiastically and unanimously to offer tangible support to the hospital's effort to provide patients with up-to-date facilities.

This generous gift brings the campaign total to nearly $64 million. With several days remaining before the end of the year, the interim goal of $65-million by December 31 is in sight.

"Your generosity is a moving and eloquent expression of your confidence in and affection for the MGH," said Dr. J. Robert Buchanan, General Director. "Moreover, it assures that the traditional concerns of the Ladies Visiting Committee for creating a hospitable and caring environment will be a part of the new facilities we are planning to create for our patients."

The LVC gift will be given to The Capital Campaign over the next five to eight years. The money will come from the LVC hospital shops: the General Store, the Flower Shop, the ACC Shop, and the Beauty Shop. All are under the direction of Mrs. Judy Paige, whose expert management has helped make this pledge possible. The shops are staffed by both volunteers and paid personnel. Profits have always been dedicated to the comfort of MGH patients.

The sizable contribution, announced by the LVC Finance Committee, cochaired by Carol Donnelly and Eleanor Hackett, will in no way reduce the LVC's many regular activities throughout the hospital.

Founded in 1869, the committee's primary concern has always been the welfare of patients. Some of the many LVC contributions include: free wigs for needy cancer patients, toys for pediatric patients at holiday time, needlework kits and instruction for patients throughout the hospital, free parking for Cox Building patients in need, flowers for various functions within the hospital, plants for public areas, refreshments for patients and families in Gray Admitting and the Cox Building, and page units for foreign language interpreters. The LVC also staffs the Traveling Store; distributes art works throughout the hospital; decorates the hospital at Christmas; and visits children, long-term patients, and

(continued on page 2)

MGH Buys Rehab. Hospital

The MGH has purchased the 284-bed Spaulding Rehabilitation Hospital (SRH), formerly called the Massachusetts Rehabilitation Hospital, for $18 million. The purchase takes effect on January 1.

It had been reported earlier that the MGH was negotiating to buy the highly regarded rehabilitation hospital. At that time some negotiations remained, and a state DON, now obtained, was needed.

Mr. Francis H. Burr, Chairman of the MGH Board of Trustees, and Mrs. Helen B.

(continued on page 2)

No, the horse hasn't replaced the ambulance as a means of getting to the MGH Emergency Ward. This horse is just waiting for its rider--a Boston Police officer--who is undergoing treatment in the E.W. But people did use boats to get here many years ago, as is described on page 2, along with ambulances drawn by horses.

The Spaulding Rehabilitation Hospital, recently purchased by the MGH

Rehab. (continued from page 1)

Spaulding, President and Chairman of SRH, jointly announced the sale.

SRH is affiliated with Harvard Medical School and Tufts University School of Medicine. The hospital provides rehabilitation care in a wide variety of areas. One of the nation's largest rehabilitation hospitals, SRH is located at 125 Nashua Street, near the MGH.

"The purchase of SRH by MGH will in no way change patient-care services we provide," said Mrs. Spaulding. "SRH will continue to serve as a specialty referral hospital for teaching and community hospitals in Greater Boston and New England."

The sale, however, will change SRH, formerly a privately owned, for-profit institution, into a nonprofit hospital, like the MGH.

"The purchase of the SRH preserves for the General Hospital a vital resource for the rehabilitation of MGH patients, since about 30 percent of the patients at SRH come from the MGH," said Mr. Burr. "The affiliation will also broaden MGH's involvement in a whole range of rehabilitation services. Since the SRH is expected to be self-sustaining and has a modern plant, there should be no drain on MGH finances."

The Rehabilitation Hospital Corporation Board named Dr. J. Robert Buchanan, MGH General Director, as President. Mr. Lawrence E. Martin, MGH Associate General Director, was named Chairman of the SRH Board of Trustees.

LVC (continued from page 1)

patients far from home and away from friends and family. LVC support last year also went to the Child Psychiatry Service, the Foster Grandparent Program, Social Service Department, the Transplant Unit, Occupational and Recreational Therapy, and the Emergency Ward.

Throughout its history, the LVC has donated money to the MGH in response to urgent need: $60,000 in 1924 for renovations in the Bulfinch Building; $150,000 in 1964 for construction of the Coffee Shop; $50,000 in 1970 for the General Store; $20,000 in 1975 for the Moseley Volunteer Office; $26,000 in 1977 for the Flower Shop; and $160,000 in 1981 for the ACC Shop.

"We came to the unanimous conclusion," said Mrs. Lois Cheston, LVC Chairman, "that the first need of the MGH is for up-to-date patient care facilities to replace our most antiquated hospital buildings. Since the LVC is a long-standing member of the MGH family, we felt that we should participate in a tangible way as a group in this massive effort."

Taking a Journey In the Past

For Stefania Cloutier, the time has just flown by. And that's saying quite a lot considering that in this case, the passage of time has spanned a half a century.

But for "Stella" Cloutier, it almost seems like yesterday when she began in the Department of Dietetics, working in the main kitchen of the Domestics Building, making $6.41...not and hour, but a week!

Yes, the times may not have changed that much for Stella, but the pay certainly has.

Stella Cloutier was recently honored by her coworkers in the Department of Dietetics for her 50 years of service to the hospital. And she took the occasion to give us a brief and rare glimpse of what things were like at the MGH in the 1930s.

"I did welding in factories and worked in cotton mills before I came here in 1933. I was hired on a trial basis to work a split shift, seven days a week. That was a total of 48 hours for less than $6.50. But we did get free meals. After 23 years, I was making about $36."

As a Diet Kitchen Aide, Ms. Cloutier had the opportunity to work in several areas of the hospital during her 50 years.

After working in the main kitchen, she moved to the White Building floors and later to the floors of the Bulfinch Building. For the last 27 years, she has been in the Diet Kitchen in the White Building basement.

This is what it may have looked like to Mary MacLeod's aunt as she arrived at the entrance to the Bulfinch Building about 140 years ago.

Stella Cloutier (left) reminiscing about old times with her supervisor Sue Baker, R.D.

"Sometimes when I was working on the patient floors, I would be the only person in the unit," she explained. "One thing I remember is that we used to grind all our meat, as well as prepare all the formulas ourselves. And during the polio epidemic of 1955, we had to make up different formulas for patients."

For many of those early years, Ms. Cloutier worked at the MGH with her husband, who was an orderly here until his death 25 years ago.

Stella Cloutier isn't a big booster of some of the new conveniences that have come with the changing times. Calculators for example. "I just think they make people lazy," she declared. "The same with computers."

Certainly, no one can ever accuse Stella of being lazy.

"When I started, no one thought I'd be able to last," she said. "I weighed 100 pounds, and I guess people thought I wouldn't be able to take it. But I did."

Yes, Stella Cloutier has certainly been able to take it.

"Fifty years is a good record, Stella," one of her coworkers exclaimed. "It's work," she replied, not mentioning the fact that many of those years were completed without taking one sick day. "You have to be here if you're going to get your work done."

And, on that note, Stella Cloutier got up and left her party. For her, there was more work to be done.

There is someone else at the MGH who has a story about the hospital that dates a lot longer than 50 years. Even longer than 100 years!

No, Mary MacLeod of the Emergency Ward has worked at the hospital only about 30 years. But her aunt was a patient here about 140 years ago. And as Ms. MacLeod tells it, she arrived in a way no longer possible.

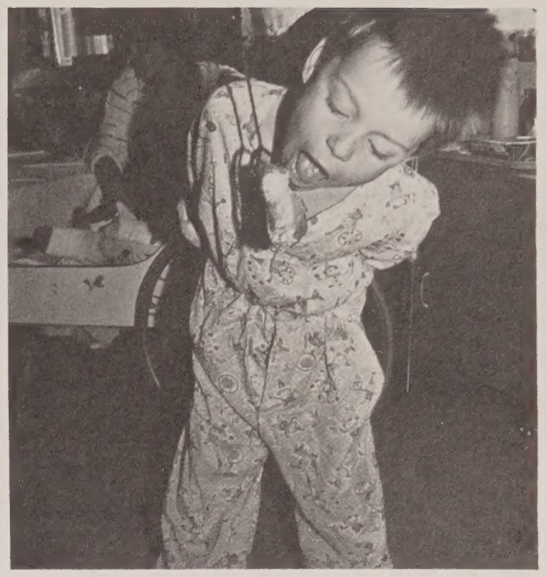
"I was told by my mother that my aunt was brought by a hearse from her home in Harvard, Massachusetts, to the Still River Train Depot in Lancaster. She went in a hearse because there were no ambulances in those days. She then took the train to Boston and then came by boat from North Station to the front door of the Bulfinch Building."

So just in case you thought that all those pictures of boats you have seen docked in front of the Bulfinch Building were the figments of someone's vivid imagination, Mary MacLeod is here to assure us they were not. In those days the Charles River really did flow close to the Bulfinch Building.

"Every time I see the picture, even on stationery, it brings back memories of what I was told," said Ms. MacLeod, who is a clerk in the E.W. and sees patients arrive here in more modern ways.

As for her aunt, she survived the train and boat trip to the MGH and left the hospital in the same manner she had come, living to the age of 86.

Scenes from an MGH Halloween



Support (continued from page 1)

"These groups are beneficial in that they provide an opportunity for staff to discuss mutual problems," explained Ann Locke, a Psychiatric Clinical Nurse Specialist, who leads several nurse support groups in the hospital. "It is hoped that the support gained through these groups will enable nurses to be more effective in their jobs."

Presently there are 32 nurse support groups which meet on a regular basis, and there were 1,358 nurse support group meetings held in 1982 alone. These groups are available at the request of nurses from any floor or service.

Basically, the function of the Psychiatric Clinical Nurse Specialist is to improve patient care by assisting the staff to become more skilled in assessing the emotional needs of their patients and in planning for their care. The group method of consultation has been an effective and cost efficient way for clinical specialists to meet staff/patient needs. The meetings are held regularly and focus on issues raised by the staff. Confidentiality is respected and maintained.

"They are not gripe sessions," stated Marie Krowicki, a former staff nurse on Baker 5 and now a medical ICU nurse on Baker 6. "The groups provide an opportunity for staff to exchange constructive thoughts and ideas with each other in order to be more effective on the job."

One issue frequently discussed involves nurse burnout. "Burnout does not describe people who can't do their work satisfactorily," explained Dr. Deanna R. Pearlmutter, Chairman of the Psychiatric Nursing Service.

In fact it has been said that in order to burn out, one had to be "on fire" at one time. It has been found that those who enter nursing with a strong desire to give of themselves to others--and actually felt helpful, excited, and idealistic during their early years on the job--are the ones who are the most susceptible to severe burnout. Sixty percent of staff nurses in university affiliated hospitals are new graduates in their first job. They are often idealists, impatient, and intolerant of bureaucracy. "Discovering reality is very painful," added Dr. Pearlmutter. "They are prime candidates for the burnout phenomenon."

Related to the issue of burnout is the matter of stress. "Giving, which is so much a part of quality nursing care, must be balanced by receiving or refueling for the nurse," said Dr. Pearlmutter. "And if there's not enough receiving or refueling, then problems can develop."

In addition to burnout, other issues discussed in the group might include interpersonal relationships in the work setting, concerns about patients and families, assertiveness techniques, staff/unit tensions, and death and dying.

"The discussion is always oriented toward improving patient care," said Ms. Locke. "Nurses learn to build mechanisms for coping and maintaining the quality of care that is expected of them. They must learn to cope with the tensions inherent in the system."

As a large teaching/referral hospital, the MGH attracts nurses from all over the country. Often, the very challenges that attract the staff are also the causes of much stress. Nurses can often experience a lack of control or power and this can generate feelings of helplessness.

"There is a definite sense of frustration at times," said Rosalie Tyrrell, another Psychiatric Clinical Nurse Specialist, "and the staff can benefit by having an opportunity to talk. Those who relate best to the problems experienced by nurses are other nurses. That's why these groups are so important."

And Dr. Pearlmutter also emphasized the importance of nurse-led support groups. "To be a support to the nursing staff, I think it's very important that the Psychiatric Clinical Nurse Specialist is identified with the Department of Nursing. Such an identification indicates that there is a sanction from nursing administration to work with the nurses. Such support is essential. Certainly Psychiatric Clinical Nurse Specialists can be effective in helping the staff deliver better care if they are able to establish credibility with staff nurses as well as others and, most importantly, have the support of key people in the hospital system."

But Ms. Locke pointed out that the Psychiatric Clinical Nurse Specialists are certainly not miracle workers. "Some people see us as being somewhat magical...that we have all the answers for everything," she said. "And of course we don't. The answers, or the magic, frequently lie within them. One of our functions is to stimulate the staff's own creative problem-solving abilities."

"Much of the work we do is to validate one's reality," added Ms. Tyrrell. "The role is very complex, and interventions take place on many levels."

However, a two-way process must exist in order for support groups to be successful. "It's not enough for the clinical specialists to make themselves available to us," declared Ms. Krowicki, "but it's also important for nurses to utilize this valuable service I'm a very strong supporter of these groups. They've increased communication among nurses and have helped us to feel better about our jobs and ourselves."

Nurses aren't the only ones who benefit from support groups at the MGH. Psychiatric Clinical Nurse Specialists are currently involved in several groups for patients and families. These include groups for those who must learn to cope with cancer, dialysis, amputation, and dermatology problems. There is also a group for parents who must deal with the death of their newborn.

Support groups serve a valuable function at the MGH and are one example of the diverse services being offered by Psychiatric Clinical Nurse Specialists.

Ann Locke (third from left) leading a typical nurse support group on one of the floors in the Baker Building

Tribute to Dr. Barnes

Ceremonies were held on November 14 in the Surgical Day Care Unit of ACC 3 in tribute to Dr. Ann Brace Barnes, an MGH gynecologist and Director of the DESAD Project.

At least 200 friends and well-wishers attended the event, at which a plaque was unveiled dedicating a gynecology operating suite to Dr. Barnes. The plaque read, *Ann Brace Barnes, M.D., Gynecology Operating Suite, in Recognition of her Contribution to Ambulatory Surgery, November 14, 1983.*

A long-time advocate of Ambulatory Surgery, Dr. Barnes was one of the first to perform operations in the old Surgical Day Care Unit on Baker 11 back in 1972. She was also the first female surgical intern to serve here.

Among the speakers paying tribute to Dr. Barnes were Dr. George Battit, vice-chairman of the Department of Anesthesia; Mr. Lawrence E. Martin, Associate General Director; Ms. Elizabeth Gomes, head nurse in the Surgical Day Care Unit; and Dr. Arlan Fuller of the Gynecology Department. Reverend Phillip King of MGH Pastoral Services gave the Invocation.

Plaque being unveiled for Dr. Barnes in the Surgical Day Care Unit of ACC 3. On hand for the ceremony are (left to right) Dr. George Battit, Dr. Arlan Fuller, Mr. Lawrence Martin, and Ms. Elizabeth Gomes.

Beacon House Gets High Marks from First Occupants

Harry Dent and his wife Gloria recently traveled from Lewiston, New York, outside of Buffalo, to Boston and the MGH. Here, Mr. Dent would be undergoing treatment as an outpatient for about three weeks.

At first, the Dents looked into the possibility of checking into a hotel for their stay here. "But we knew it would be very expensive," said Mr. Dent, "and we weren't sure we could even find a place that close to the hospital for so long a period of time."

Fortunately for the Dents, the MGH was able to offer a solution--the Beacon House.

Formerly called the Beacon Chambers Hotel, the Beacon House is a newly renovated modern apartment house for the elderly. (See October 20, 1983 *HOT LINE*.)

Beginning last month, the MGH began renting 10 of the units in the building as furnished efficiency apartments for patients and/or families of patients who need accommodations in Boston and who can't afford to stay in a hotel.

Reservations for these 10 units are available through the MGH's Department of Social Service, ext. 2601. A key to Beacon House is also available in the Admitting Office for nights, weekends, and holidays in the event someone needs to use the facility when arrangements cannot be made through Social Service.

For the Dents, the Beacon House was an answer to their prayers. "It's been wonderful for us," said Mr. Dent. "I don't know what we would have done if we had to be in a hotel all this time."

"It's really been great," added Mrs. Dent. "It's so close to the hospital, and it's also very convenient for shopping and sightseeing."

Gloria and Harry Dent relaxing in one of the MGH's rooms at Beacon House

Located at the corner of Joy and Myrtle Streets on Beacon Hill, the Beacon House is made up of 145 apartments, including the 10 used by the MGH. The building features a library, dining room, meeting room, atrium lobby, and a roof deck.

The cost of a room per night is $40, but adjustments can be made if a person cannot afford this amount. The hospital has furnished each of its rooms with everything from dishes to a television set. And someone comes in to change the linen and vacuum once a week. "All the comforts of home," remarked Mrs. Dent, who with her husband were the first occupants of one of the MGH rooms. "We can have our meals right here in the room, using all these appliances."

Eventually, a nurse will be available at Beacon House several hours each week through the home health care agency.

"A lot of hospitals back home in New York could learn a lot from what Mass. General has done here," said Mr. Dent. "As far as we're concerned, you have a first-rate hospital, as well as a first-rate place to stay while here."

Katherine Pigott (left) and Nancy Corrigan (seated), both bacteriologists in the Bacteriology Lab, decided to dress up as pilgrims on the day before Thanksgiving. Here, they pose with department director Dr. Lawrence Kunz during a work break.

Nutritional Highlights

by MGH Nutrition Service

The holiday season is here with that familiar combination of excitement and solemnity. We do more planning, shopping, decorating, wrapping, cooking, and eat many special holiday foods: eggnog, fruit cake, shortbread cookies, roast beef, yorkshire pudding, and chestnuts roasting on that open fire.

With all the holiday activity and delicious food, we may not give too much thought to our eating behavior. To help you with your holiday eating, think about what you are doing.

--When you walk into a party, survey the food scene and make appropriate choices.

--Talk to friends away from the food table.

--Alternate a low-calorie beverage between spiked eggnogs.

--Eat slowly.

--A vegetable or fruit plate is great to bring for a party hors d'oeuvre.

--Don't go to a party hungry.

Listed below are some foods with their stated caloric value. Remember, make your choices wisely--Happy Holiday Eating!

CALORIE CONTENT OF HOLIDAY FOODS

1 4-oz. glass eggnog (homemade)	335 (15 g alcohol)
(commercial)	123 (no alcohol)
1 8-oz. highball (and most other mixed drinks)	165 (24 g alcohol)
1 5-oz. glass white or red wine	85 (11 g alcohol)
1 jigger gin, rum, or 80 proof whiskey	105 (15 g alcohol)
8 ozs. gingerale	85
8 ozs. club soda, seltzer	0
Cookies	40-80 each depending on type
Crackers	15 each
1 oz. candy	90-150 depending on type
1 oz. cheese	100-130 depending on type
1 Tb. sour cream	32
1 Tb. cream cheese	50
1 slice fruitcake 3 x 3 x ½-inch	154
10 pieces potato chips, 2-inch diameter	115

On behalf of the Greater Boston United Way Fund, I would like to personally thank our MGH employees for their fine contributions to this year's campaign. Over 1,500 employees contributed cash and pledges in excess of $82,000. The time and effort of the many people who assisted as well as those who contributed is very much appreciated.

Thomas W. Kelly
MGH '83 United Way Chairman

Teri Flynn of the Infectious Disease Unit shows how easy it is to use the can redemption machine, located in the basement of the Gray Building.

Change in Pension Options

Recent federal tax legislation places new restrictions on pension options that can be made available to members of the MGH's pension plan. The hospital's plan now allows retiring employees to receive a pension in one of several forms.

--Single-life pension--a regular pension payable only during the retired employee's lifetime.

--Joint & Survivor pension--a reduced amount payable for life with 50%, 75%, or 100% continued to a beneficiary if the retired employee is the first to die.

--Single-life with certain period--a reduced pension amount paid for life, but with payments guaranteed to be paid for at least 10, 15, or 20 years chosen by the retiring employee.

Beginning October 1, 1984, the MGH plan must restrict optional forms of payments which involve non-spouse beneficiaries. In general the plan will not offer Joint & Survivor options with a beneficiary other than the employee's spouse. And certain options will not be allowed to exceed the life expectancy of the employee (or of the employee and his/her spouse).

Single employees (and married employees who wish to name a beneficiary other than a spouse) will have fewer choices available to them, but elections can be made now under the present rules.

The tax legislation that forces us to make this change in our plan allows us to honor elections which are made before January 1, 1984--even if the pension is to commence sometime after October 1, 1984. Valid elections made before January 1, which designate the form of payment and name a beneficiary, will be accepted. You need not specify a retirement date. This election will be a revocable election--that is, you can later change the election. But any new elections made after January 1, 1984 will have to satisfy the new IRS rules. If you have already made an election, you need not do so again.

If you are reasonably sure that you will want to share your pension with someone other than your spouse, then you may wish to make an election now. If elections are not made before January 1, then the plan may be prevented from offering you the option that you want when you do retire. Your election will also be in effect for plan death benefits that are paid upon the death of a vested employee. You need not be vested in your plan benefits to make an election now.

The Benefits Office has forms for making elections and will attempt to answer any questions which you may have.

More to Warren Library Than Meets the Eye

by Nancy Roosa

(Second of a two-part series)

Despite its casual front, the Warren Library has a venerable history. It is the country's oldest general library in a hospital. The original funds came from an anonymous gift in 1823, meant to provide religious tracts to patients leaving the hospital.

Over the years, a variety of other funds has been given to the library, often by grateful former patients. A sea captain named Martell, after surgery for an endocrine disease, left money for seafaring books. Around the turn of the century, Mrs. John Chapman Gray established a fund for foreign language books. Later her family donated a bas-relief of Mrs. Gray, done by Augustus St. Gaudens, which is now one of the more important pieces of art in the hospital.

In the 20s and 30s, the Warren Library's popularity was at a peak, circulating 60,000 items to patients. However, as the hospital grew, and TV and paperbacks became available, fewer patients found the small room in the basement. Today volunteers circulate magazines and books to patients while the library is used mostly by staff.

In 1975, librarian Nancy Kessner began another patient service--circulating tape players and tapes. Now the library has over 700 tapes of all kinds: ethnic, rock, and classical. "This is really important therapy, probably as important as books," she said. "Music keeps patients company during long nights. Some of them say it helps them ignore pain. In the case of teenagers and ethnic groups, it is something for them to relate to in a strange and frightening place."

Library volunteers also provide a form of therapy, for they have the time to listen and talk to patients as they circulate entertainment. The library currently has 13 volunteers. They help with the clerical work; sorting books, keeping records, and helping at the circulation desk.

Mrs. Kessner and her assistant Ann Marie Speicher use hospital funds to buy 1,000 hardbacks a year, which they get at substantial discounts from local bookstores. Donations from patients, staff, volunteers, and even companies such as Eastern Airlines, help fill up the shelves.

In fact those shelves are so full, it's hard to imagine where next year's books will go. Mrs. Kessner agrees, "Up till now, it's been like the loaves and the fishes; I always manage to fit another shelf in somewhere. But I don't think there are many places left."

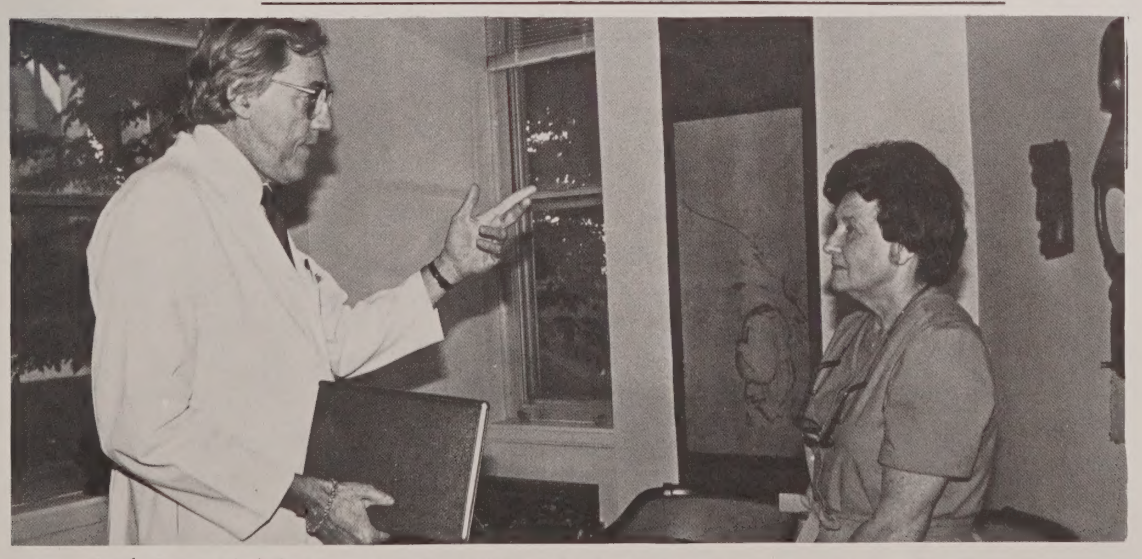
She'll weed out books for the annual spring book sale, trying to save the best quality and most popular ones. And while plans are still tenuous, she hopes that patient services will become incorporated in a multipurpose entertainment center.

But no matter what happens to patient services, the Warren Library isn't moving. "If it were larger, or more centrally located, it would lose its atmosphere," said Mrs. Kessner. "And we couldn't join up with other libraries--they can't have us in Treadwell talking and eating potato chips."

So Warren Library will stay as is. "A lot of people come in here," said Mrs. Kessner, "and they all have different reasons...Hey Bill," she asked a man reading a paper in a nearby armchair, "Why do you come here?"

"Just to see you, Nancy," he replied grinning.

The Warren Library is a good place to catch up on the events of the day.



Mrs. Saul Hertz (right) presenting MGH General Director Dr. J. Robert Buchanan with a book she compiled of her late husband's work. Together with M.I.T., Dr. Hertz used radioactive iodine in thyroid studies in 1937, helping to open the era of nuclear medicine.

Ganz (continued from page 1)

does reproduce the home visit emotional overtones....I am grateful to all of my patients, little and big, who have put up with the indignities of countless injections, blood counts, nasty throat cultures and throat sticks, and have not only forgiven me but have brought their own children and their children's children 'back to the nest.'"

Season's Greetings

What's Your Resolution for the New Year?

If all the Christmas cooking, shopping, wrapping, and running around is beginning to get to you, just think, it's almost over.

And once Christmas has gone, you can begin to think about New Year's. The end of the year is also a time when many of us think about resolutions. So we interviewed some MGH employees, and here is what they said:

Deborah Griffin--Nursing--*"Not to use my charge card so much."*

Mike Botte--Electric Shop--*"To smarten up and to think more. Not to do stupid things."*

Richard Gasior--Plumbing Shop--*"To quit smoking for good."*

Sean DeBardelaben--Emergency Ward--*"To get along better with my fellow workers."*

Debbie Lacortiglia--Medical Records--*"To live my life for me, not for anyone else."*

John DiMeglio--Electric Shop--*"No more betting, especially on football. I've lost too much money."*

Ron Bonpane--General Construction--*"Not to change anything I'm doing now."*

Ellen Kinnealey--White Recovery Room--*"Learn how to drive a standard car so I can drive my husband's."*

Mary Ellen Polio--White 6--*"Not to make any resolutions because I know I'll just break them."*

Frank Casaletto--Plumbing Shop--*"My resolution is to treat my wife better than I do."*

Peggy Lospennato--Medical Records--*"To be healthy. I want to quit smoking, run, and exercise."*

Stanley Bennett--Photography Lab--*"Not to wait until the end of the year to make them. Resolutions can be made every day of the year."*

Gertrude Webb--Dietetics--*"I want to try to show more love to others."*

Eileen Jones--NICU--*"To quit smoking."*

Ben Hester--Post Office--*"To be a better person in the coming year."*

Jack Bonpane--Refrigeration Shop--*"To try to do more of the things that I want to do. To go for it."*

Susan Goodrich--Nursing--*"To take navigation courses for sailing."*

Carrie Coplin--Dietetics--*"To show more appreciation. To say thank-you more."*

Tony Hawkins--Post Office--*"To make 1984 better than 1983."*

Tim Coburn--Electric Shop--*"I have no vices. Therefore, I have no resolutions to make."*